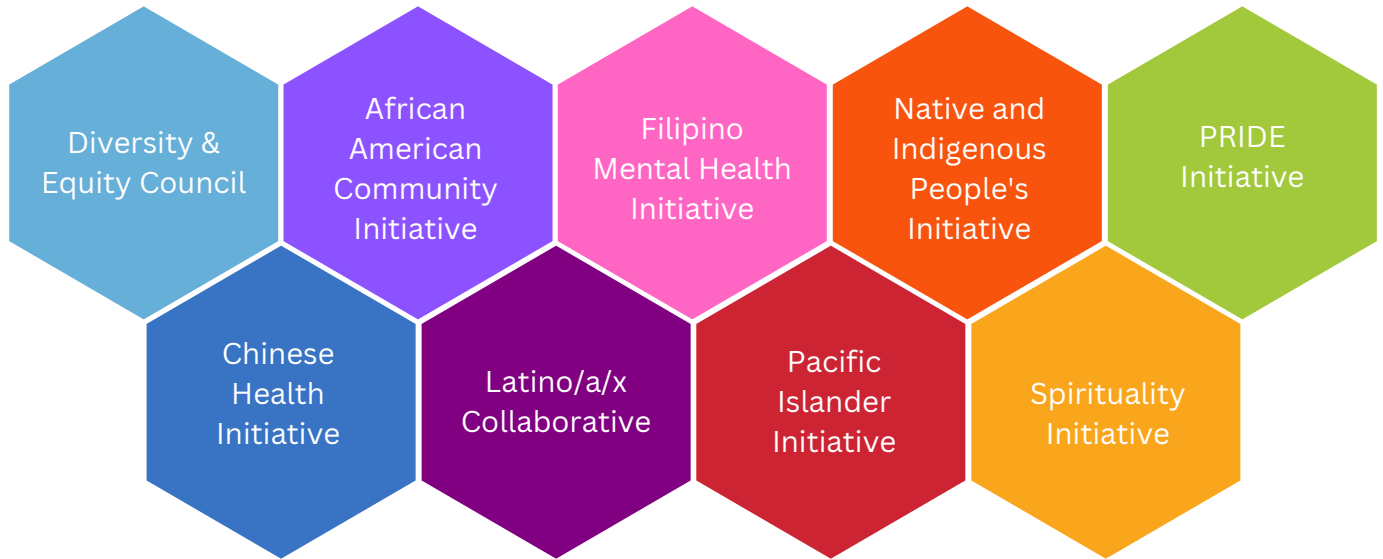


# San Mateo County Health Equity Initiatives

Join us! Support wellness in your community.

ALL ARE WELCOME!



"The greatness of a community is most accurately measured by the compassionate actions of its members."

Coretta Scott King

## Reasons to Join a Health Equity Initiative



**Educate** your community about available resources, Behavioral Health & Recovery services, trainings and events to support wellness and decrease stigma



**Celebrate** wellness with your community by planning an annual event



**Advocate** for your community by identifying and prioritizing community needs

**Health Equity Initiatives (HEIs)** consist of community leaders, community members, clients, family members, and Behavioral Health and Recovery Services workforce. Each Initiative meets monthly to implement support, share resources and identify ways to reduce stigma and increase access to services.

## Past Quarter Accomplishments

- Led a Be Sensitive Be Brave Mental Health & Suicide Prevention Workshop for Chinese Mandarin-speaking communities
- Hosted 10-Year Pride Celebration with over 3,000 attendees
- Participated in Filipinx Kwentuhan: Equity through Art Webinar
- Hosted the 9th Annual Sana Sana Community Event
- Created a medicinal garden at the Phoenix Garden site

Learn More



# Health Equity Initiative Meeting Details 2022-2023

All meetings are currently virtual.  
Please contact co-chairs for most up-to-date information.

Initiative	Day	Time	Zoom Meeting ID	Co-Chairs
<b>African American Community Initiative</b>	2nd Tues	10:30am-12:00pm	Meeting ID: 865 8813 7242 Contact Co-Chair for passcode.	<b>Lee Harrison</b> LeHarrison@smcgov.org (650) 372-6118 <b>Delicia 'Dee' Pennix</b> dpennix@smcgov.org
<b>Chinese Health Initiative</b>	1st Fri	1:30-3:00pm	Meeting ID: 875 3738 2721 Contact Co-Chair for passcode.	<b>Jessie Ren</b> jren@smcgov.org <b>Alyson Suzuki</b> CHI@smcgov.org
<b>Diversity and Equity Council</b>	1st Fri	11:00-12:30pm	Meeting ID: 840 4489 5737 Contact Co-Chair for passcode.	<b>Frances Lobos</b> flobos@smcgov.org (650) 372-3272 <b>Brenda Nunez</b> brenda.nunez@star-vista.org (650) 579-0359 ext. 25
<b>Filipino Mental Health Initiative</b>	3rd Thurs	5:00-6:30pm	Meeting ID: 958 2509 7637 Contact Co-Chair for passcode & dial-in #	<b>Stephanie Balon</b> fmhismc@gmail.com (650) 387-7142 <b>Christi Morales-Kumasawa</b> fmhismc@gmail.com (650) 489-5046
<b>Latino/a/x Collaborative</b>	4th Tues	3:30-5:00pm	Meeting ID: 873 7184 8345 Contact Co-Chair for passcode	<b>Gloria Cahuich Gonzalez</b> gcgonzalez@smcgov.org (650) 573-3665 <b>Pati Ramirez</b> pati@alasdreams.com
<b>Native and Indigenous Peoples Initiative</b>	3rd Thurs	8:30-10:00am	Meeting ID: 829 2122 8310 Contact Co-Chair for passcode	<b>Gloria Gutierrez</b> ggutierrez@smcgov.org (650) 573-2076 <b>Silvia Salcedo</b> SiSalcedo@smcgov.org (650) 464-8966
<b>Pacific Islander Initiative</b>	1st Tues	11:00am-1:00pm	Meeting ID: 867 9968 6355 Contact Co-Chair for passcode	<b>Brittany Tonga</b> bafu@pcrcweb.org <b>Luci Latu</b> LLatu@smcgov.org (650) 573-3702
<b>Pride Initiative</b>	2nd Wed	4:30-6:00pm	Meeting ID: 815 1084 4451 Contact Co-Chair for passcode	<b>Scott Gruendl</b> sgruendl@smcgov.org <b>Dana Johnson</b> theractivist@gmail.com
<b>Spirituality Initiative</b>	2nd Tues	12:30-2:00pm	Meeting ID: 843 6258 7538 Contact Co-Chair for passcode	<b>Isaac Frederick</b> ifrederick@smcgov.org (650) 802-3351 <b>Pam Ward</b> wpam3238@gmail.com