



華裔家庭互助小組

Chinese Family Support Group

宗旨：每月一次的互助小組會議將以廣東話和國語提供心理衛教，社會福利，社區各種資源以及其他活動的訊息。

Purpose: This monthly support group provides psychoeducation, community resources, and others community information in Cantonese and Mandarin.

參加對象：心理健康患者的家庭成員

Target Audience: Family members of mental health clients

免費參加，會議將用廣東話和國語，提供點心

FREE participation. The group will be conducted in Cantonese and Mandarin. Refreshments will be provided.

日期/時間 DATE/TIME

日期/時間：每月最後的星期五，下午二點半至四點

Last Friday of the Month
2:30 - 4:00 pm

地點 Location

1950 Alameda de las Pulgas
San Mateo, CA 94403

聯絡人 Facilitators

Alice Tong (LCSW) (650) 573-3571
Maureen Lin (LMFT) (650) 261-3704



COUNTY OF SAN MATEO
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BEHAVIORAL HEALTH
& RECOVERY SERVICES