

APPENDIX 2  
SAN MATEO COUNTY YOUTH COMMISSION  
NEEDS ASSESSMENT SURVEY 2006

## Youth Commission Report Table of Contents

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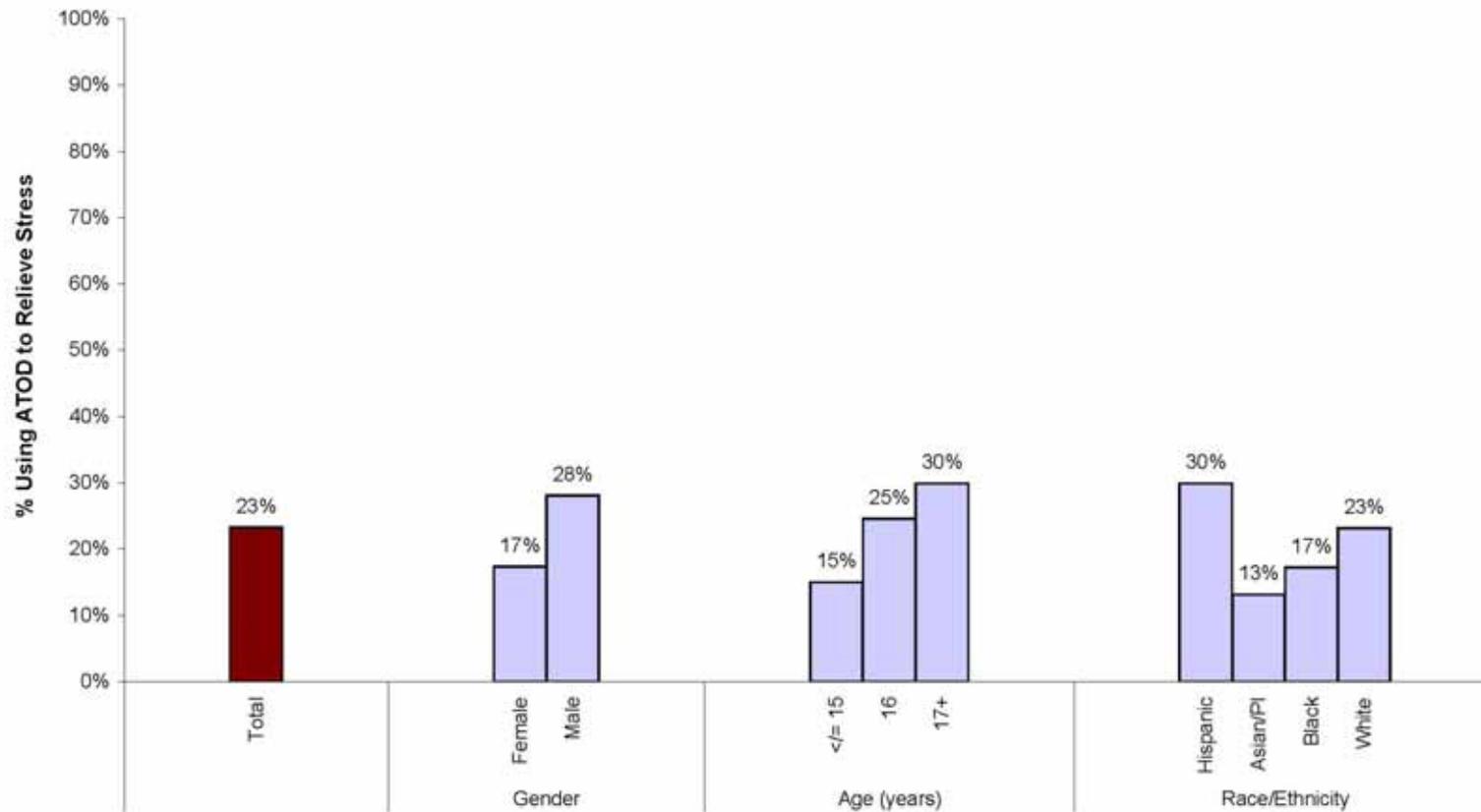
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# Mental Health

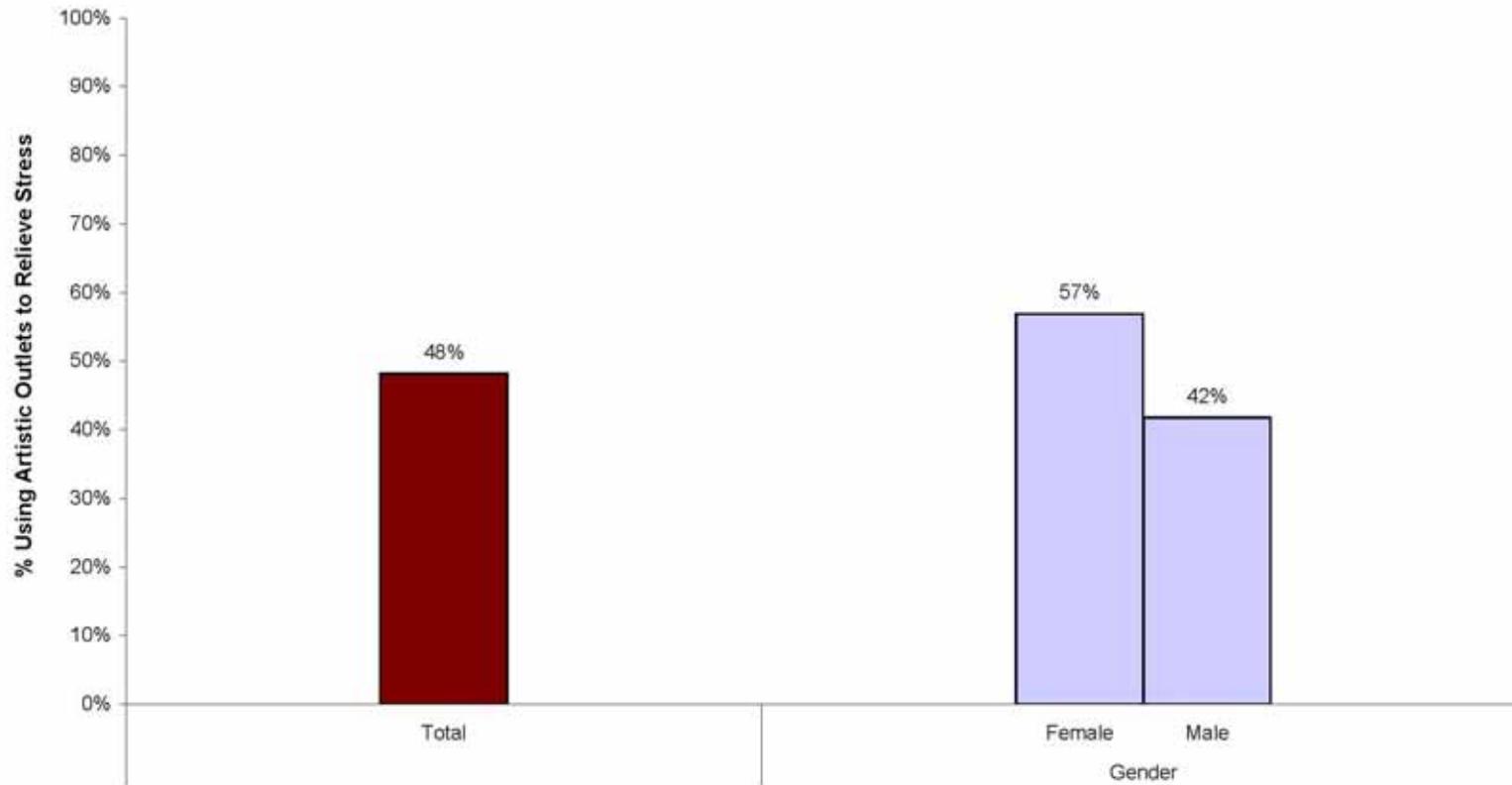
Questions 1 through 17

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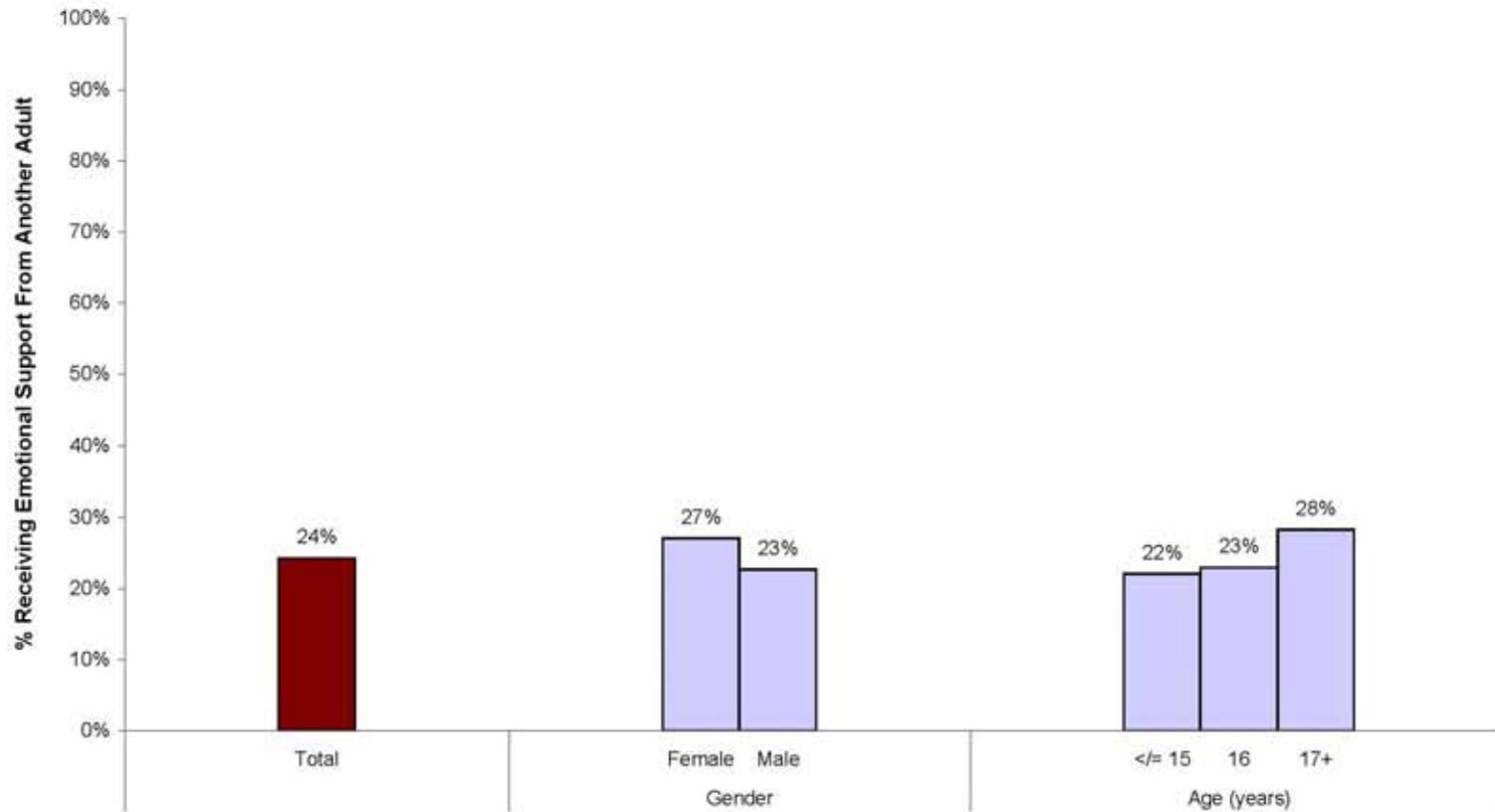
**#1\_3: Which of the following ways do you relieve stress:  
Alcohol, tobacco or other drugs**



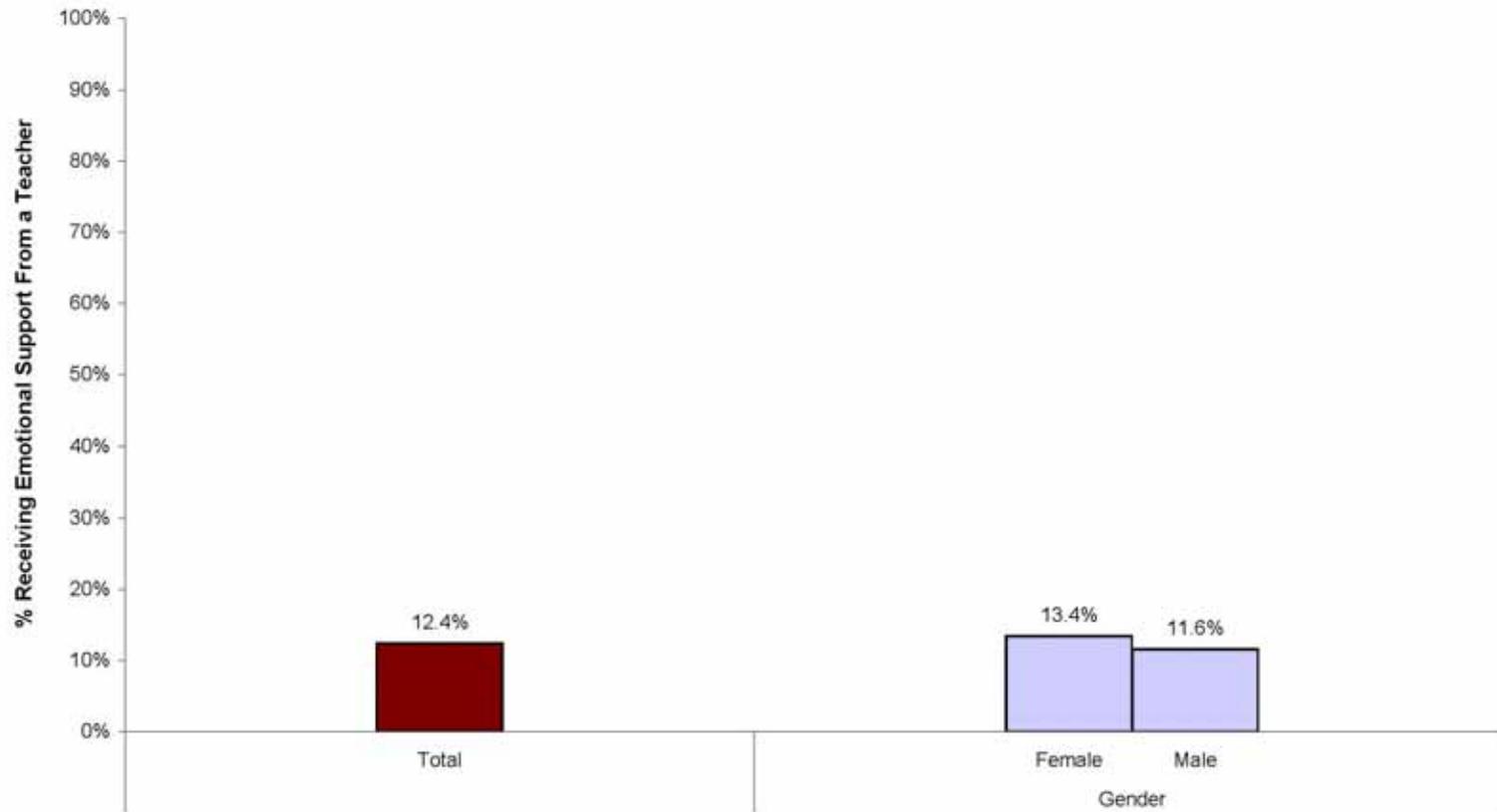
**#1\_7: Which of the following ways do you relieve stress:  
Artistic outlet such as music, drama, poetry, etc.**



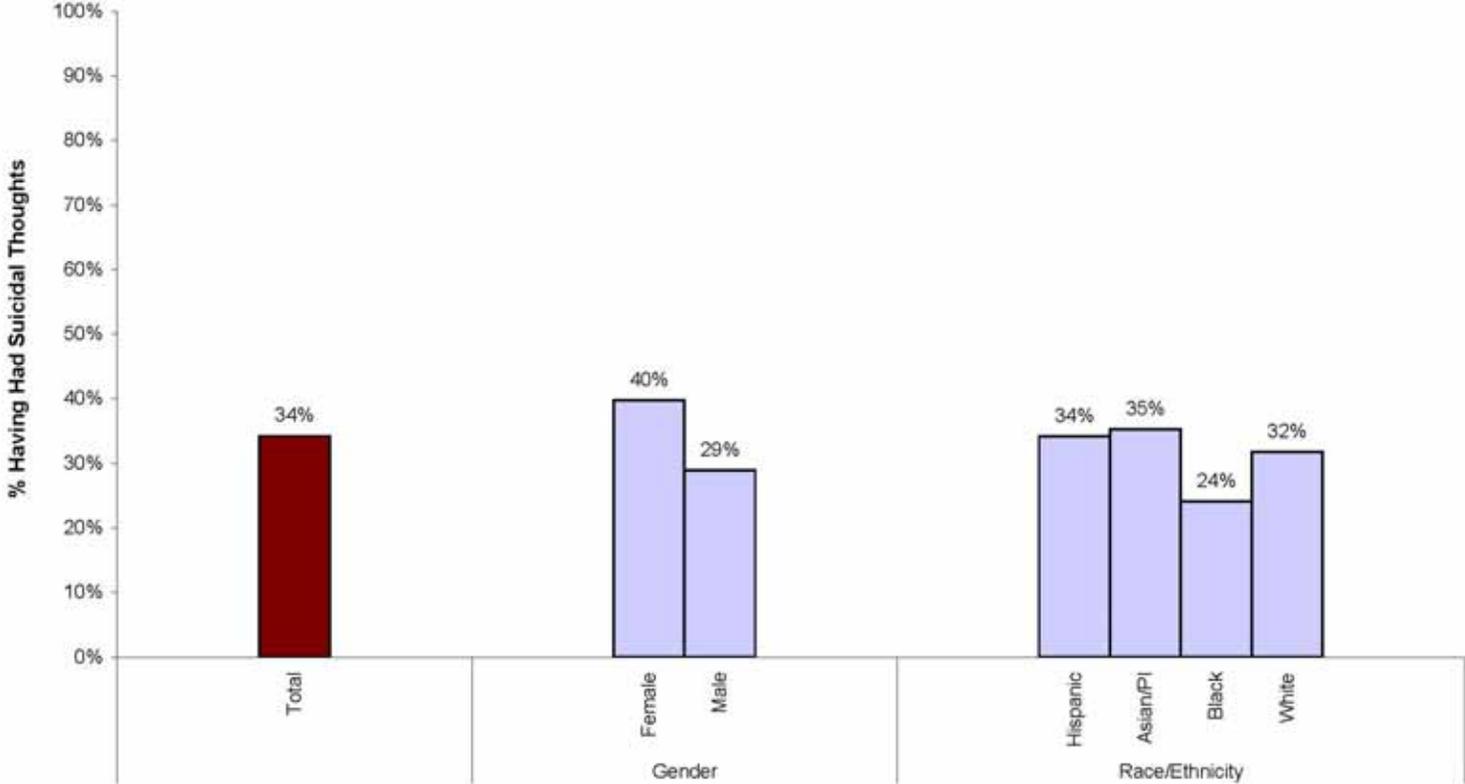
### #3\_4: Where do you get emotional support: Another adult



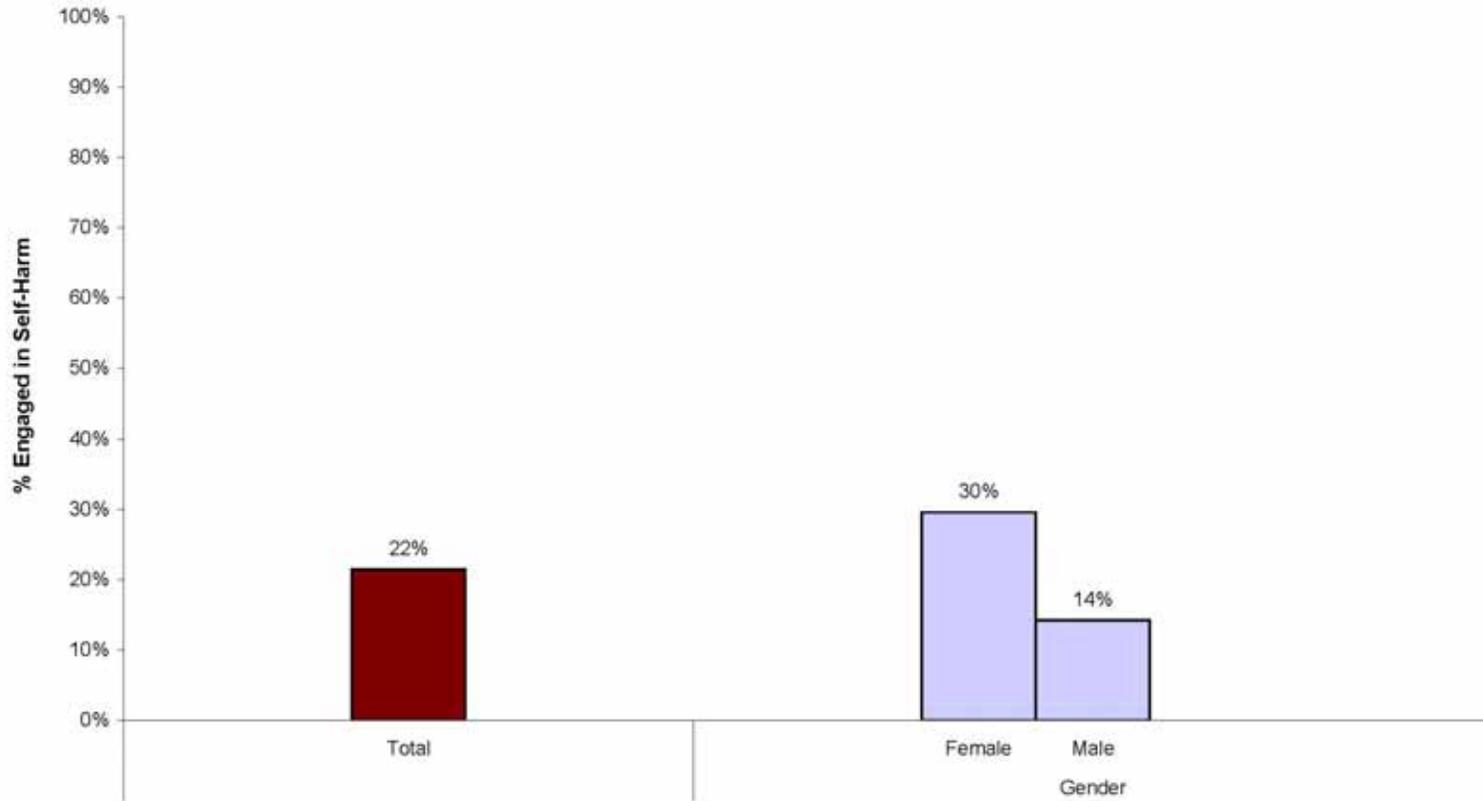
### #3\_8: Where do you get emotional support: Teacher



#5: Have you had suicidal thoughts?

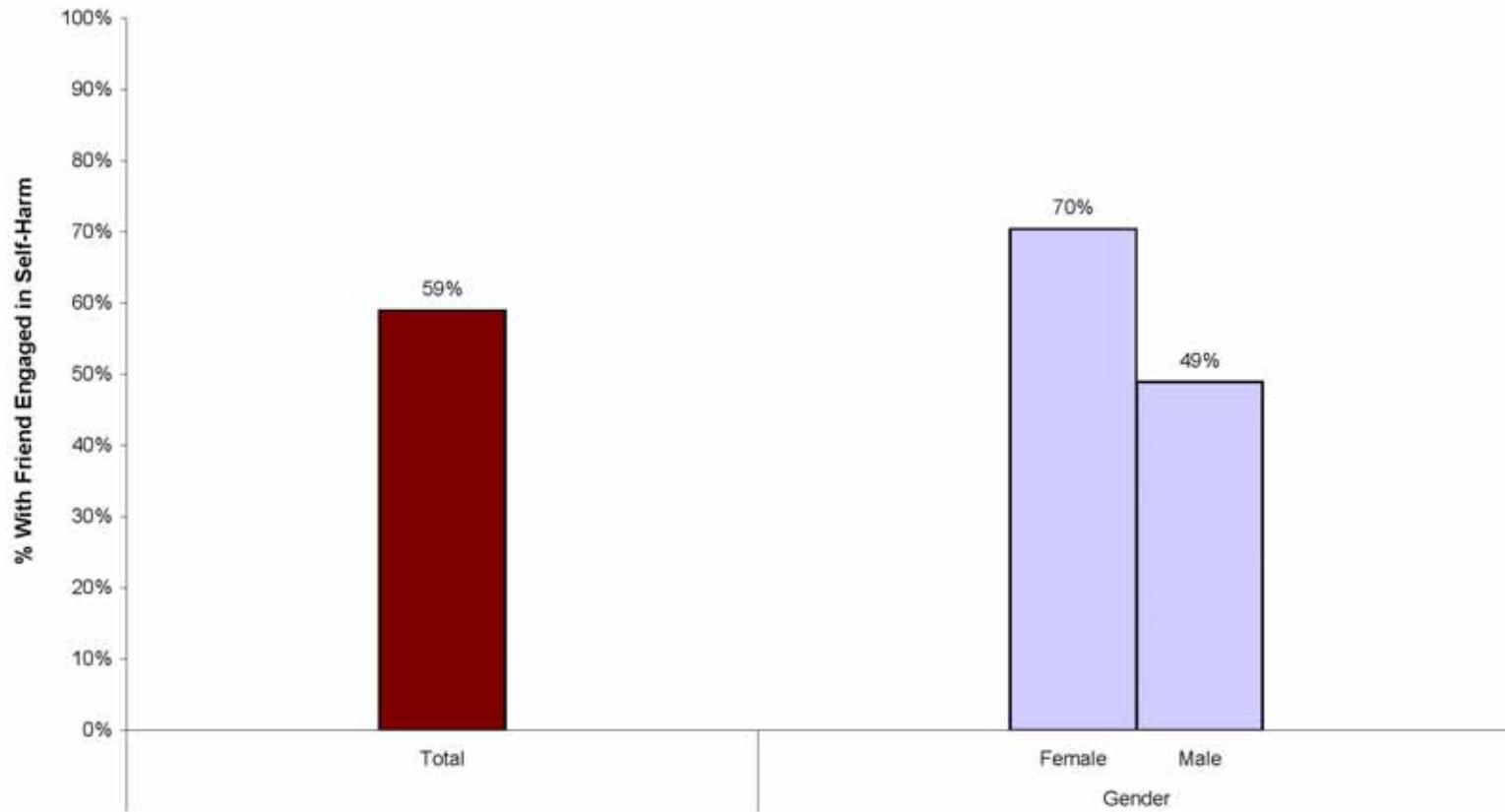


**#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?**

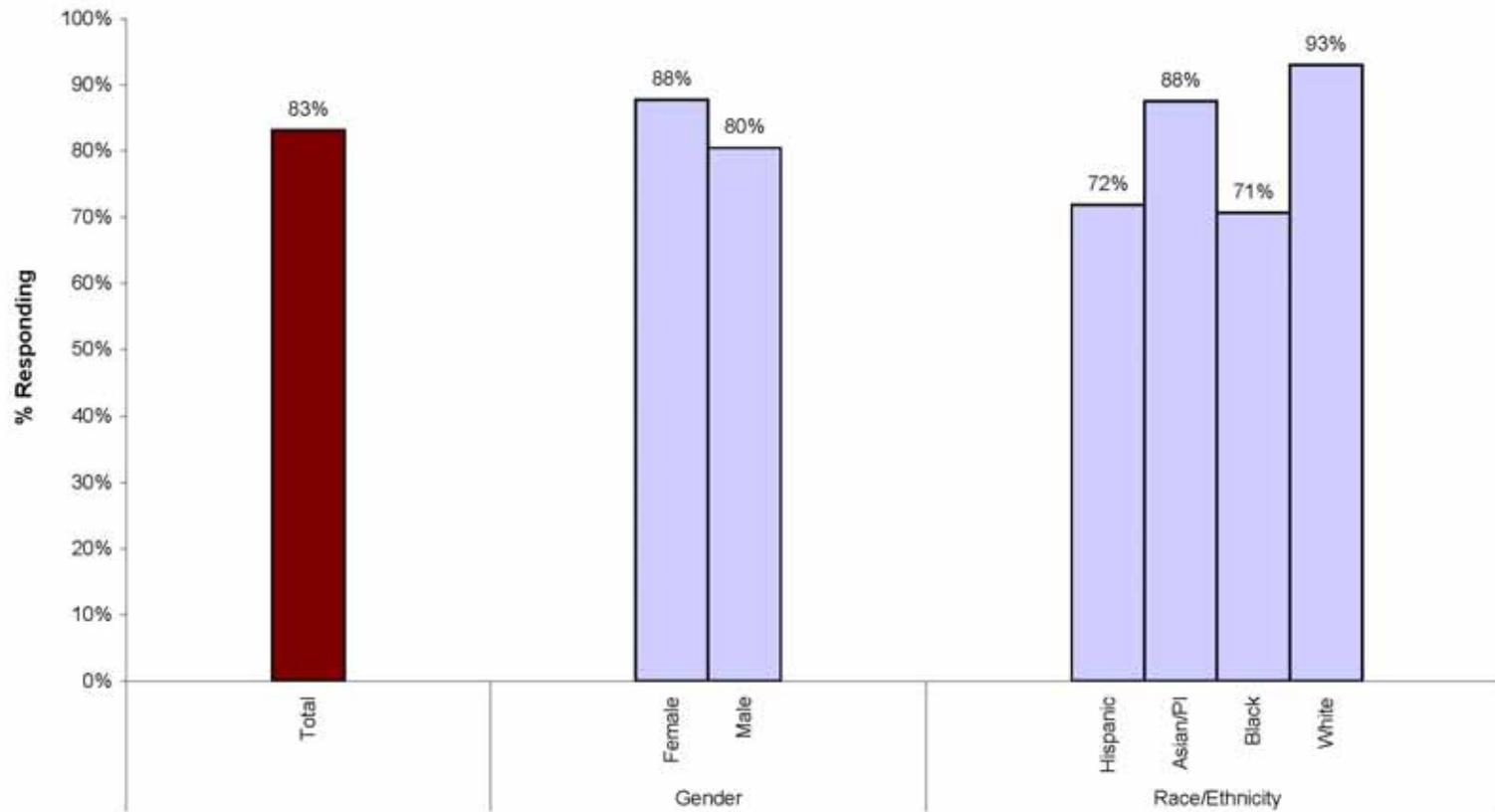


San Mateo County Youth Commission, Needs Assessment Survey 2006

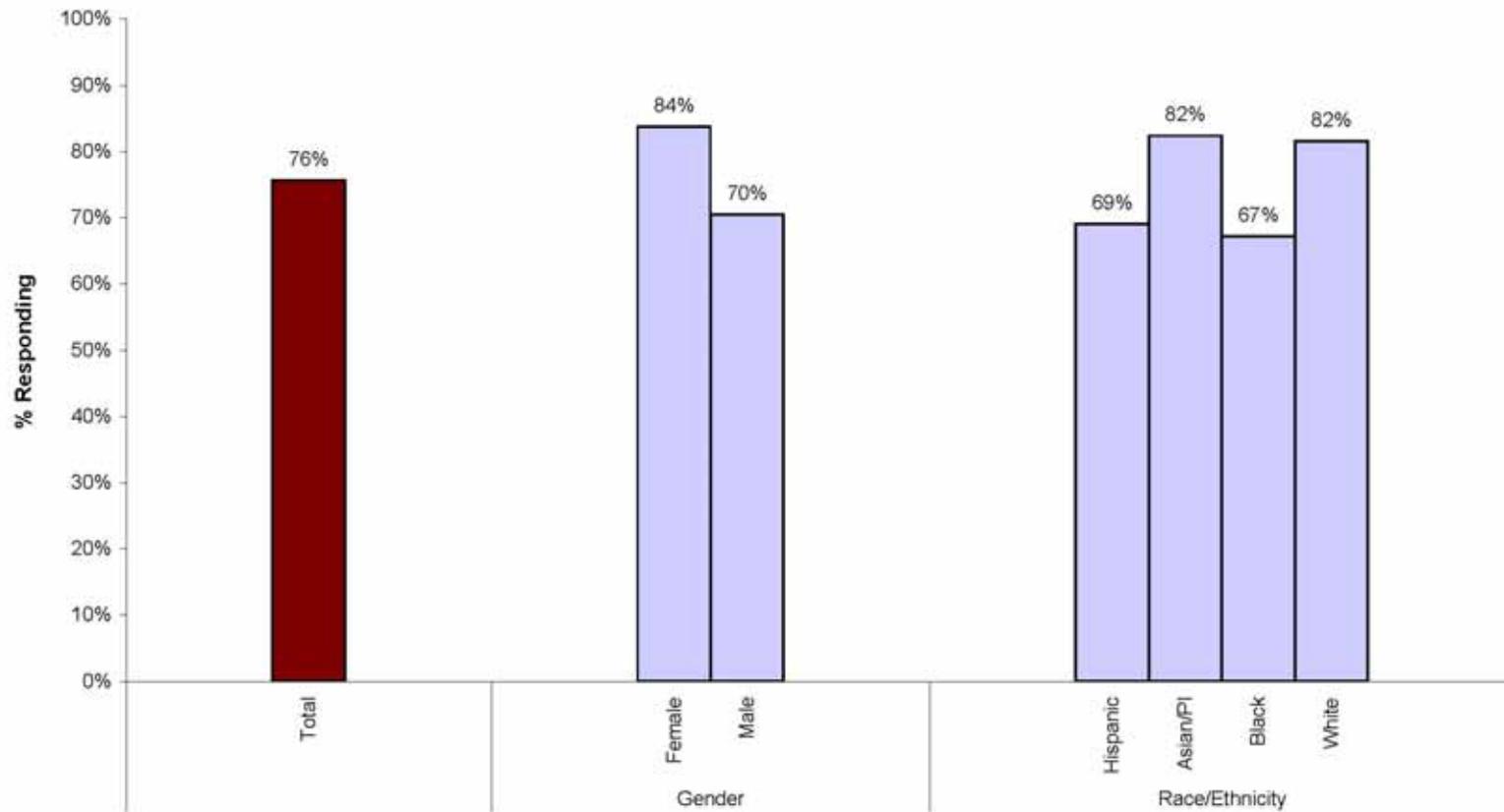
**#9: Do you have a friend who has had engaged in self-harm (cutting burning, anorexia, bulimia, etc.)?**



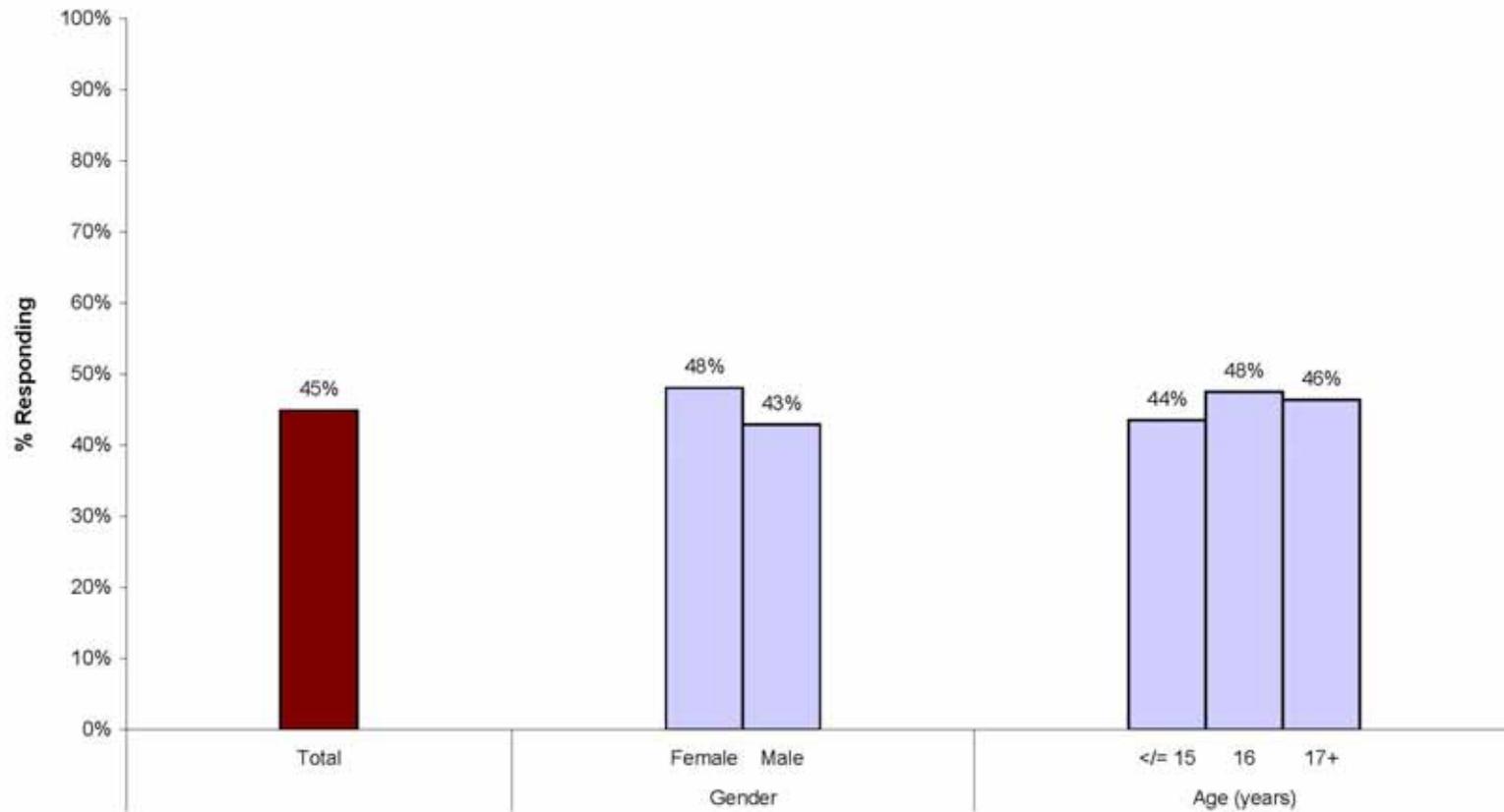
**#11: I live in a caring environment.**



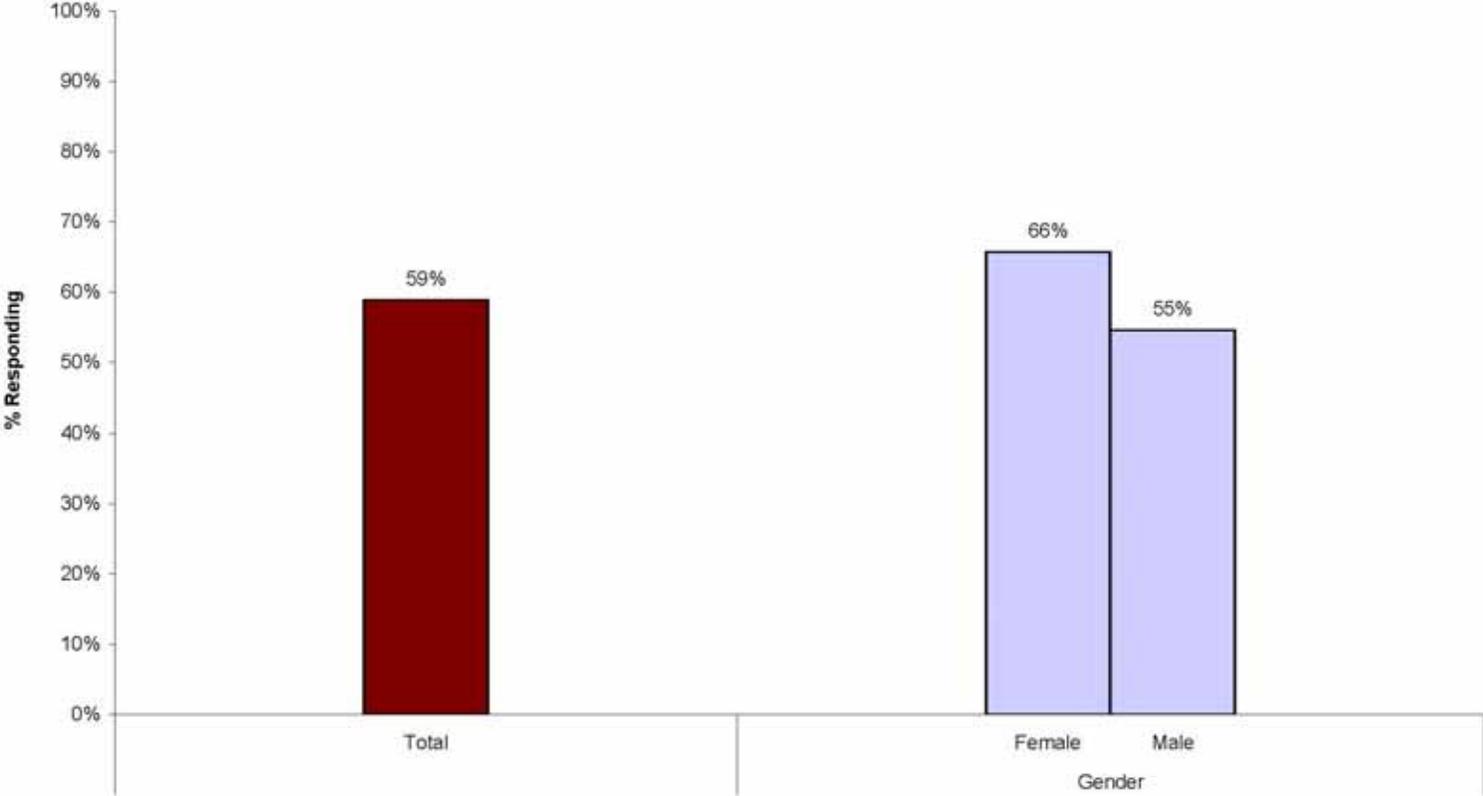
**#12: My school provides a caring environment.**



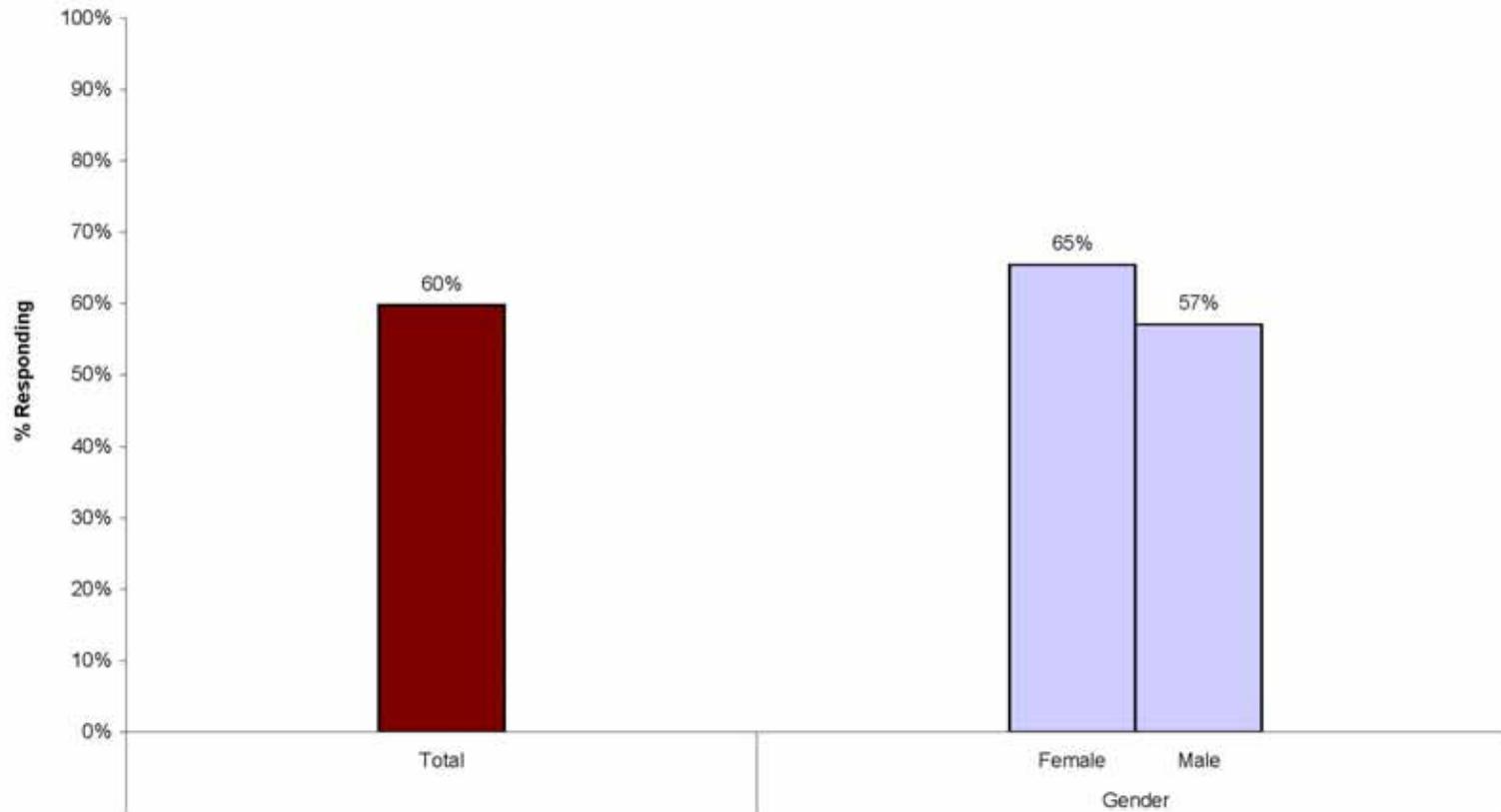
**#15: My school provides suicide prevention services.**



#16: My school should provide more mental health services for teens.

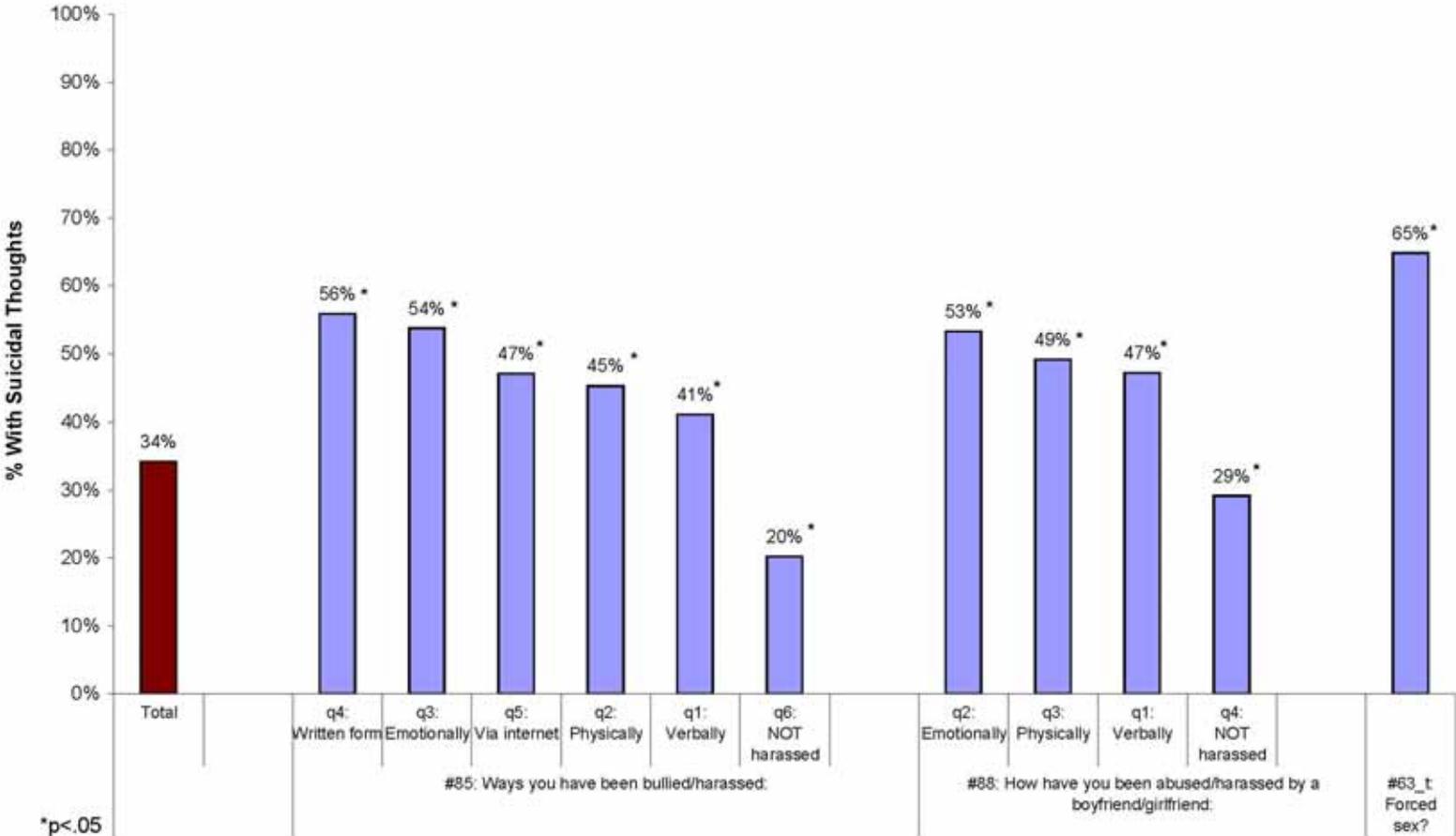


**#17: My school should provide more suicide prevention services for teens.**



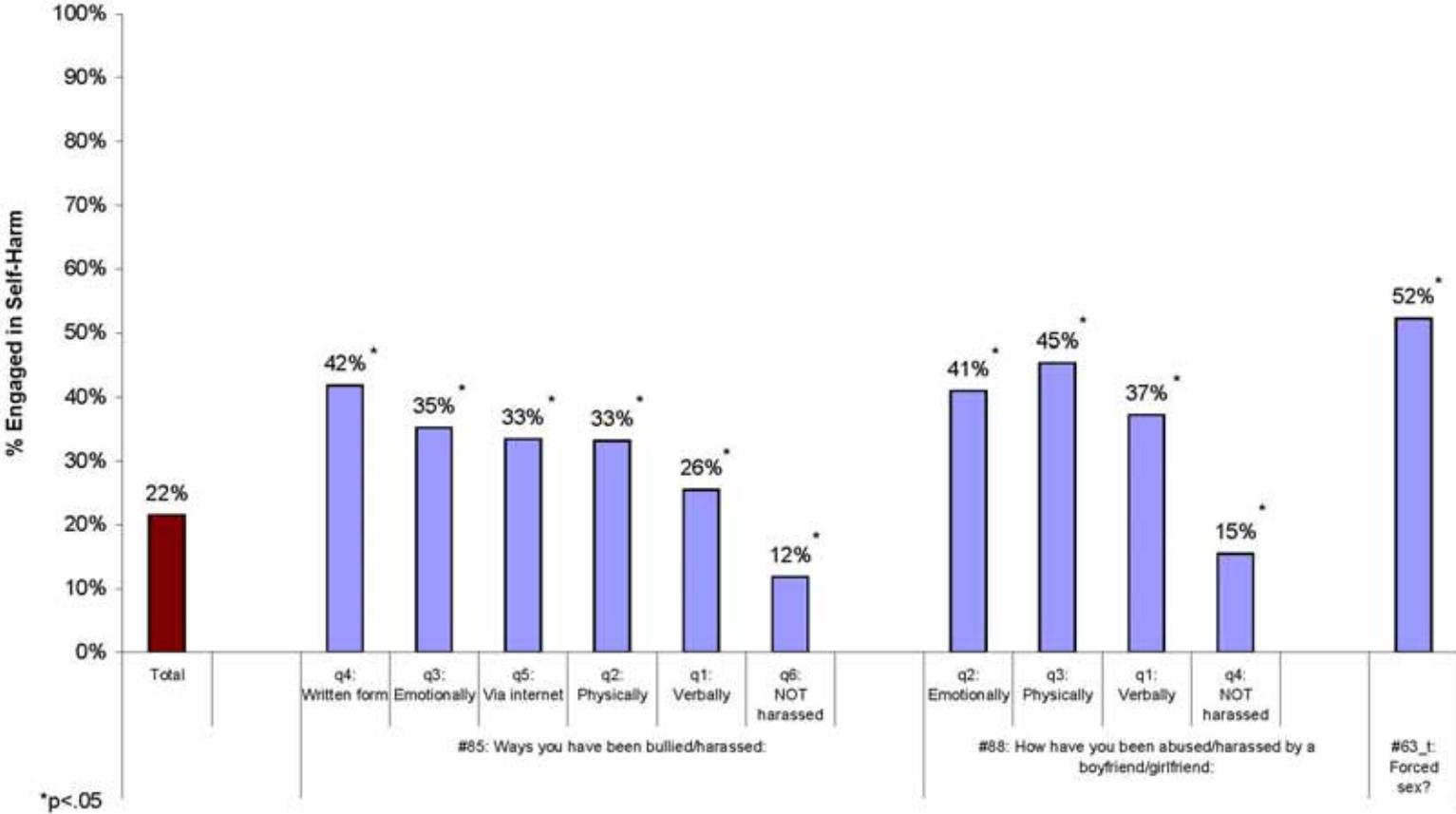
**#5: Have you had suicidal thoughts?**

Hypothesis 1: Youth who have been abused or raped are more likely to harm (or think about harming) themselves than those not abused.



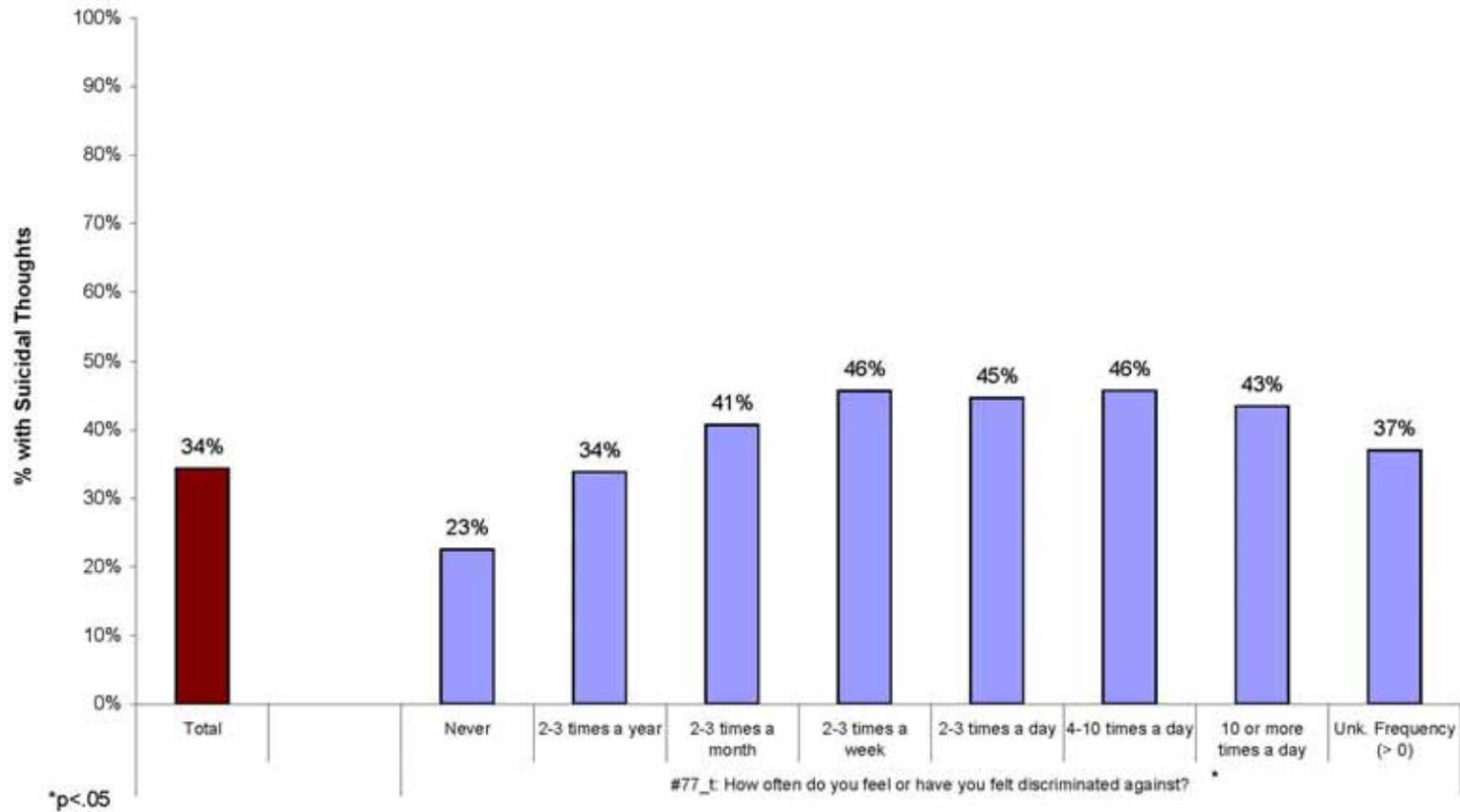
**#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia, etc.)?**

Hypothesis 1: Youth who have been abused/raped are more likely to harm (or think about harming) themselves than those not abused.

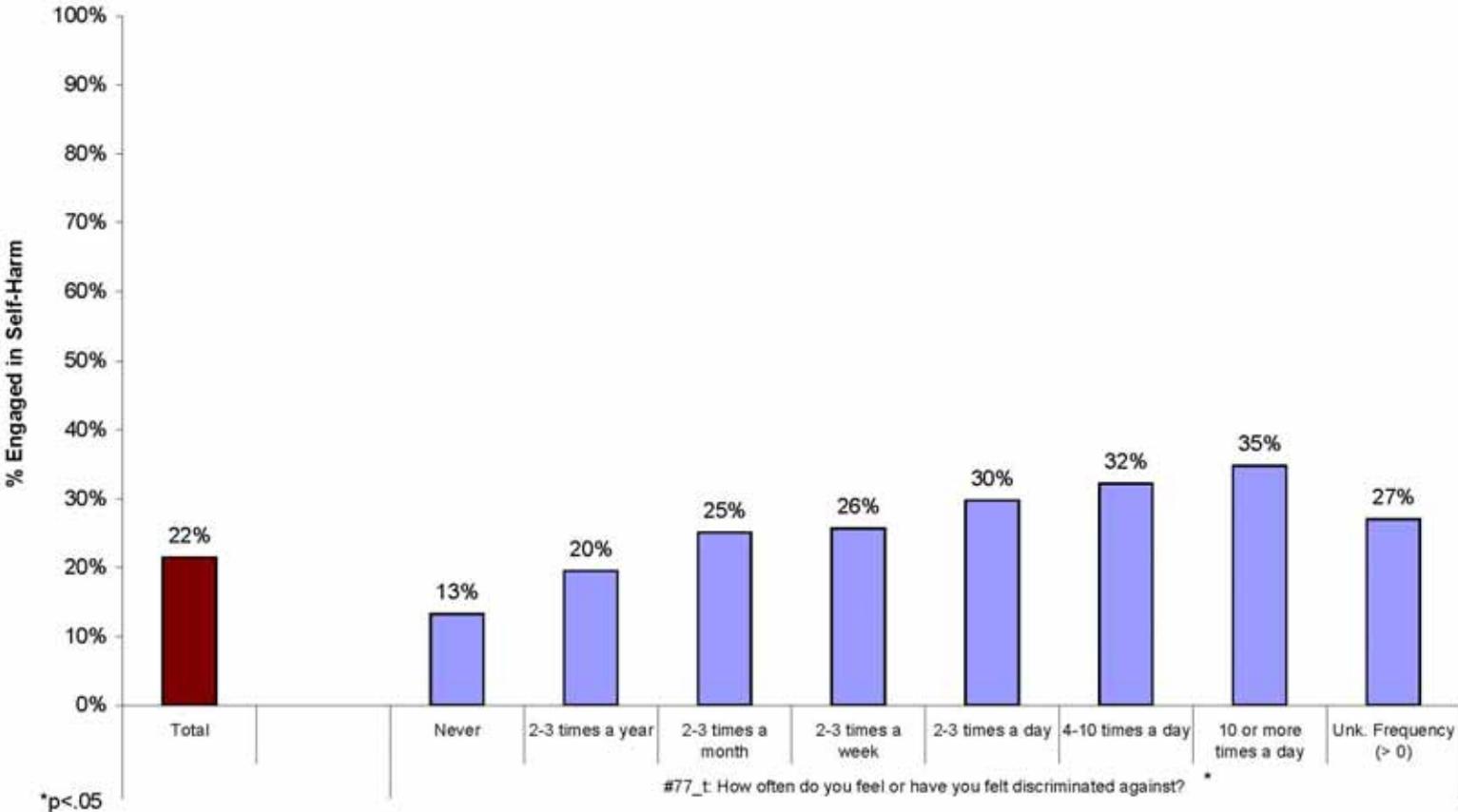


**#5: Have you had suicidal thoughts?**

Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.

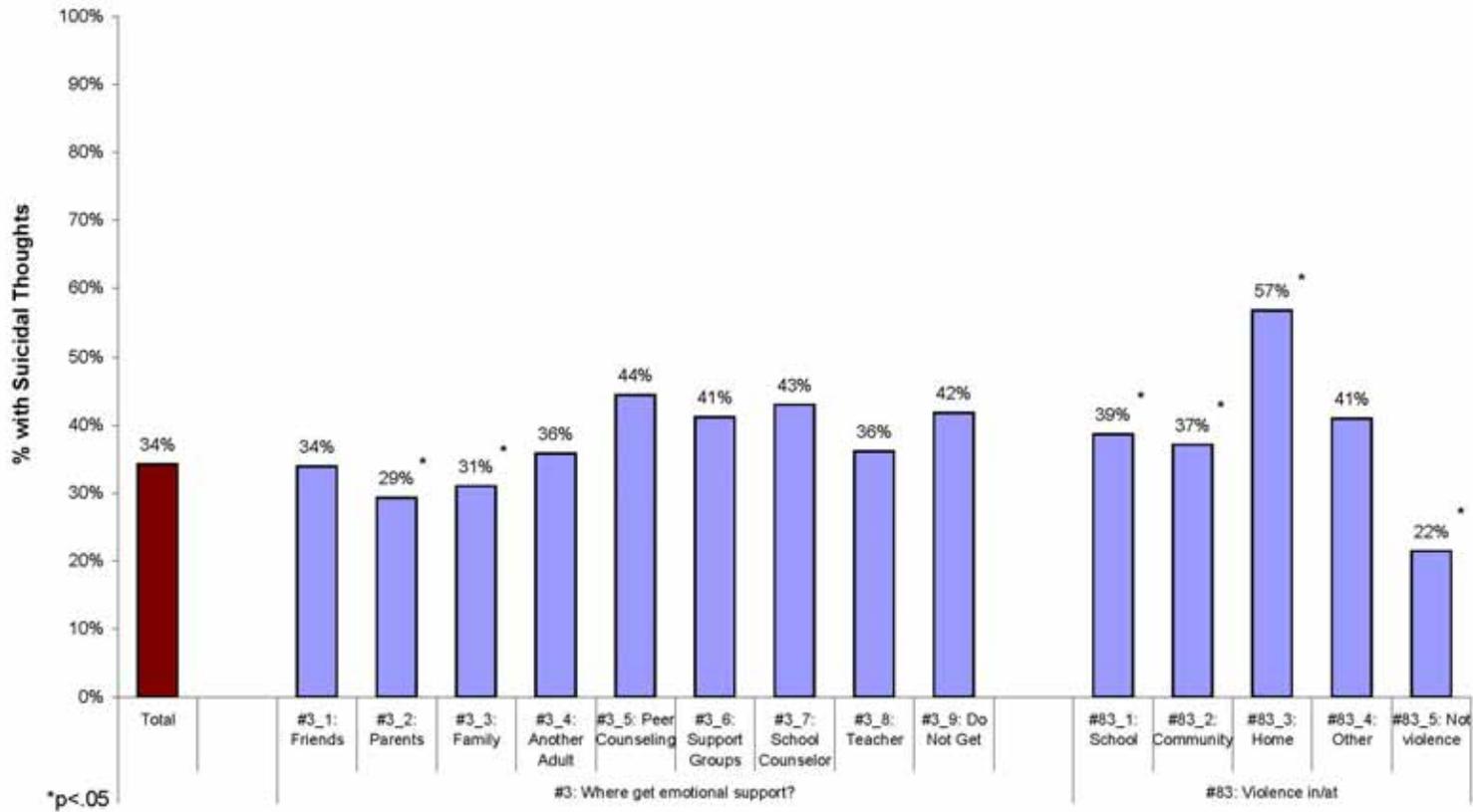


**#7: Have you engaged in self-harm (cutting, burning, anorexia, bulimia)?**  
Hypothesis 2: Youth who have been a target of discrimination are more likely to harm themselves or think about harming themselves than those experiencing discrimination.



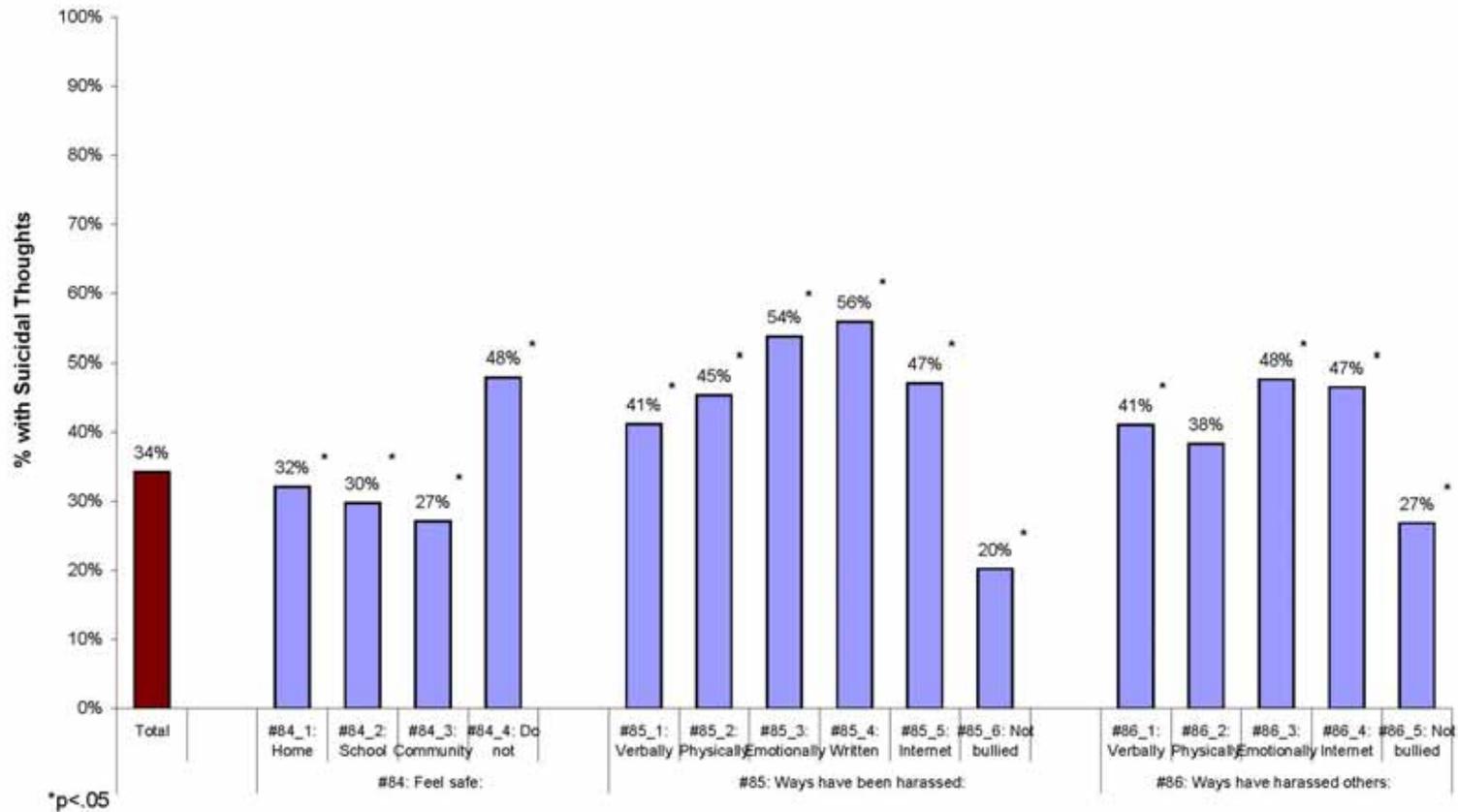
**#5: Have you had suicidal thoughts ?**

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.



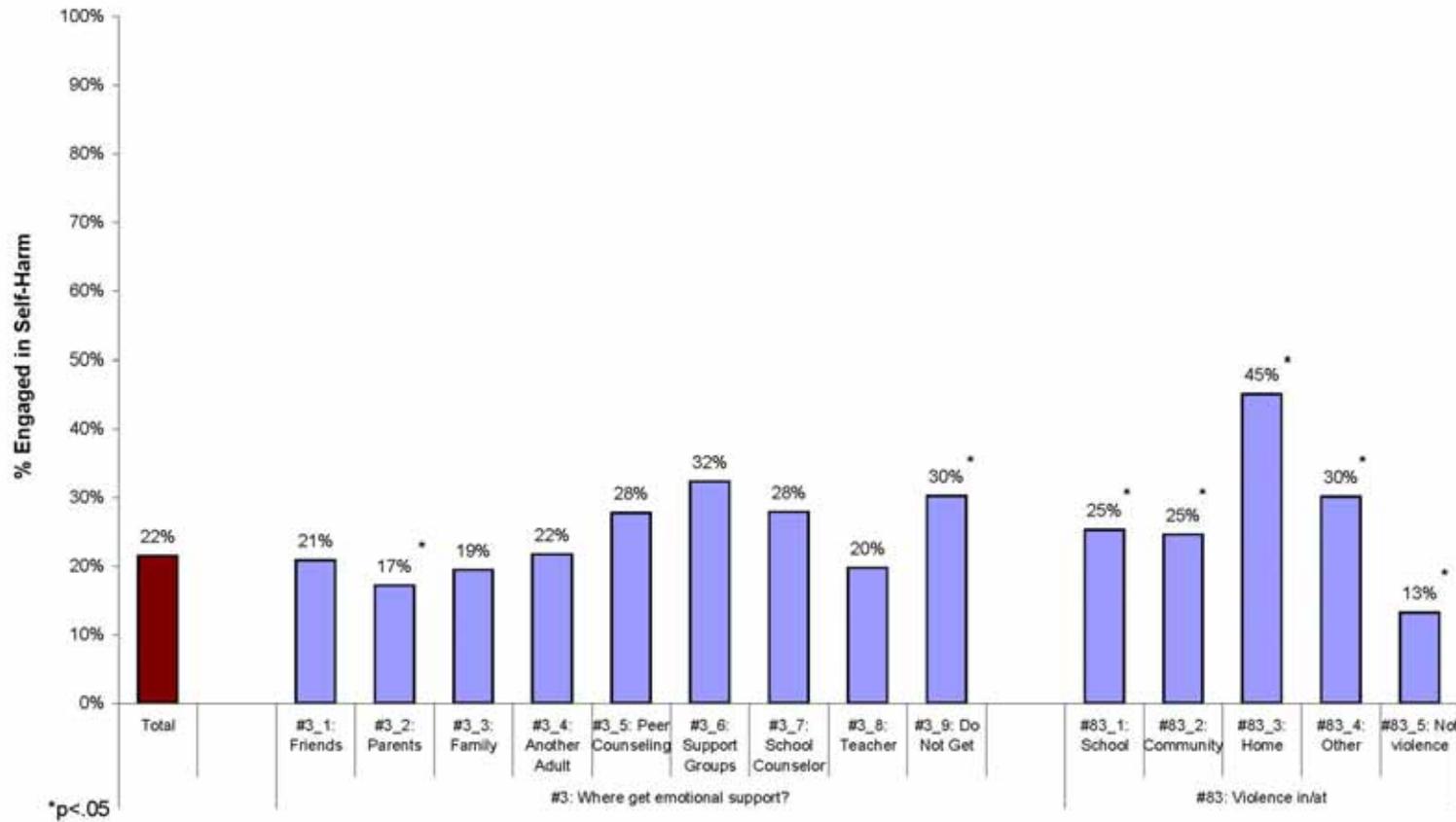
### #5: Have you had suicidal thoughts ?

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen & experienced violence than those who do not harm themselves.



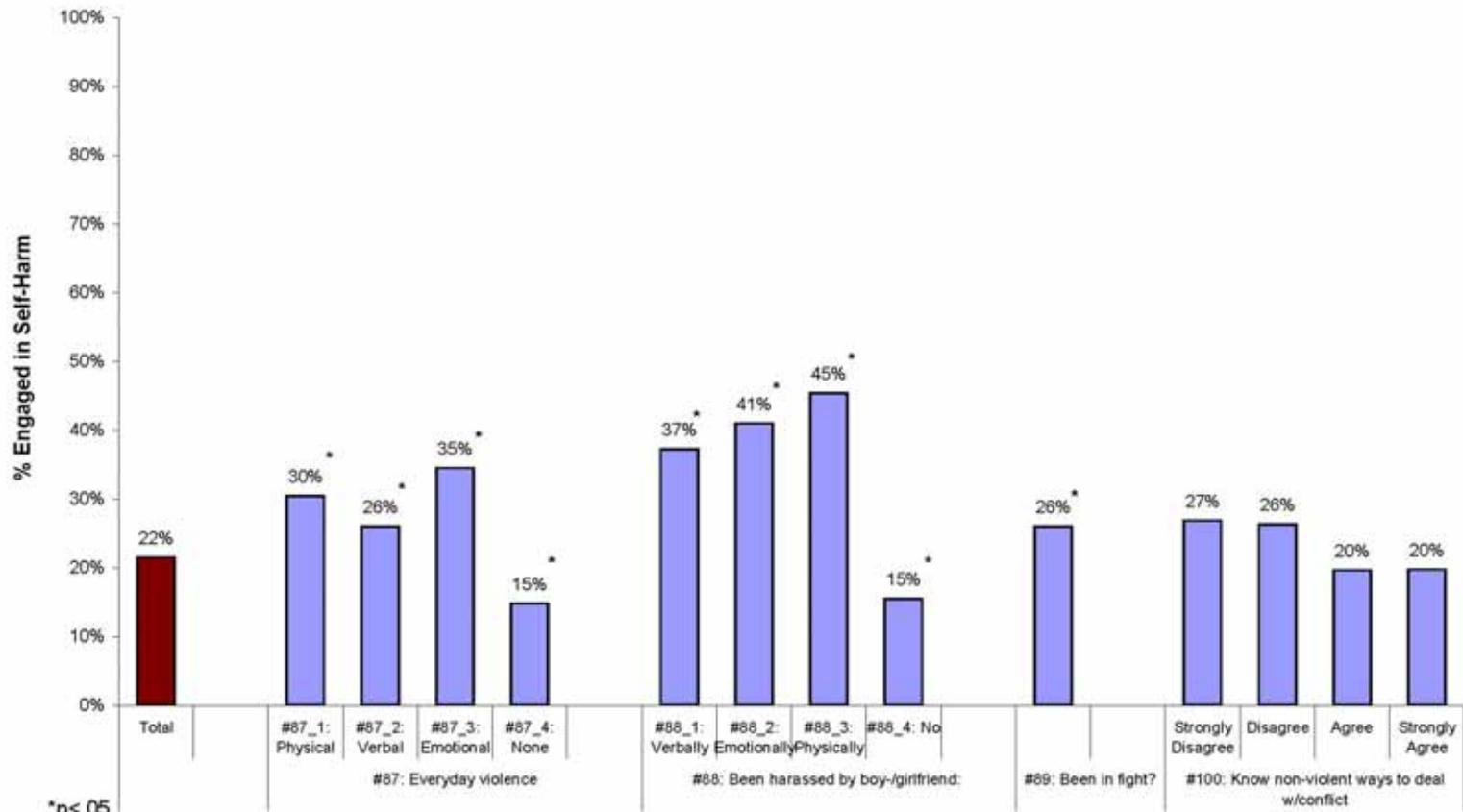
**#7: Have you engaged in self-harm?**

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.



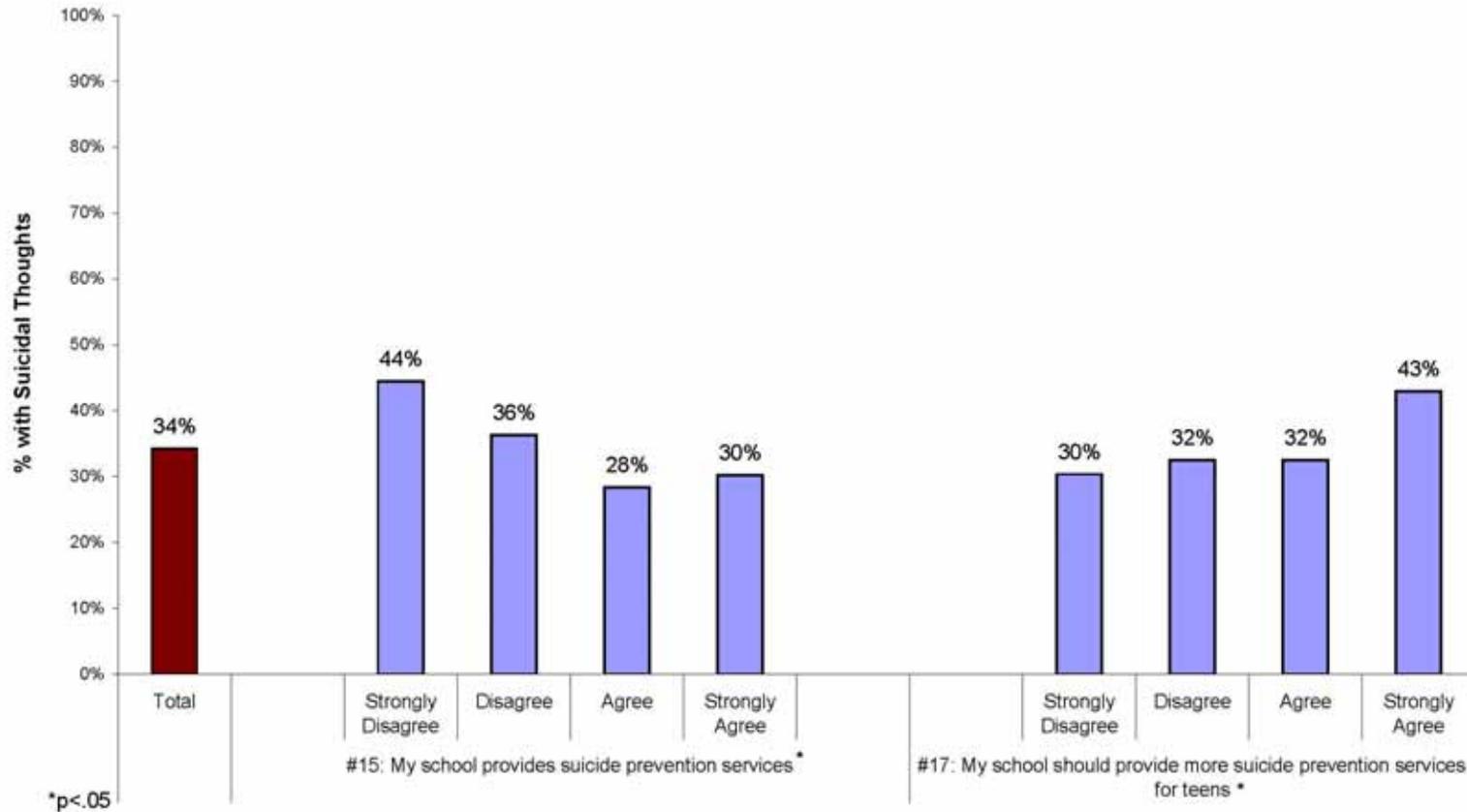
**#7: Have you engaged in self-harm?**

Hypothesis 3: Youth who harm themselves are less likely to have emotional support & non-violent ways to deal with conflict, & are more likely to have seen/experienced violence than those who do not harm themselves.



**#5: Have you had suicidal thoughts?**

Hypothesis 6: Youth who know of suicide prevention programs are less likely to harm themselves than those who do not know about these programs.



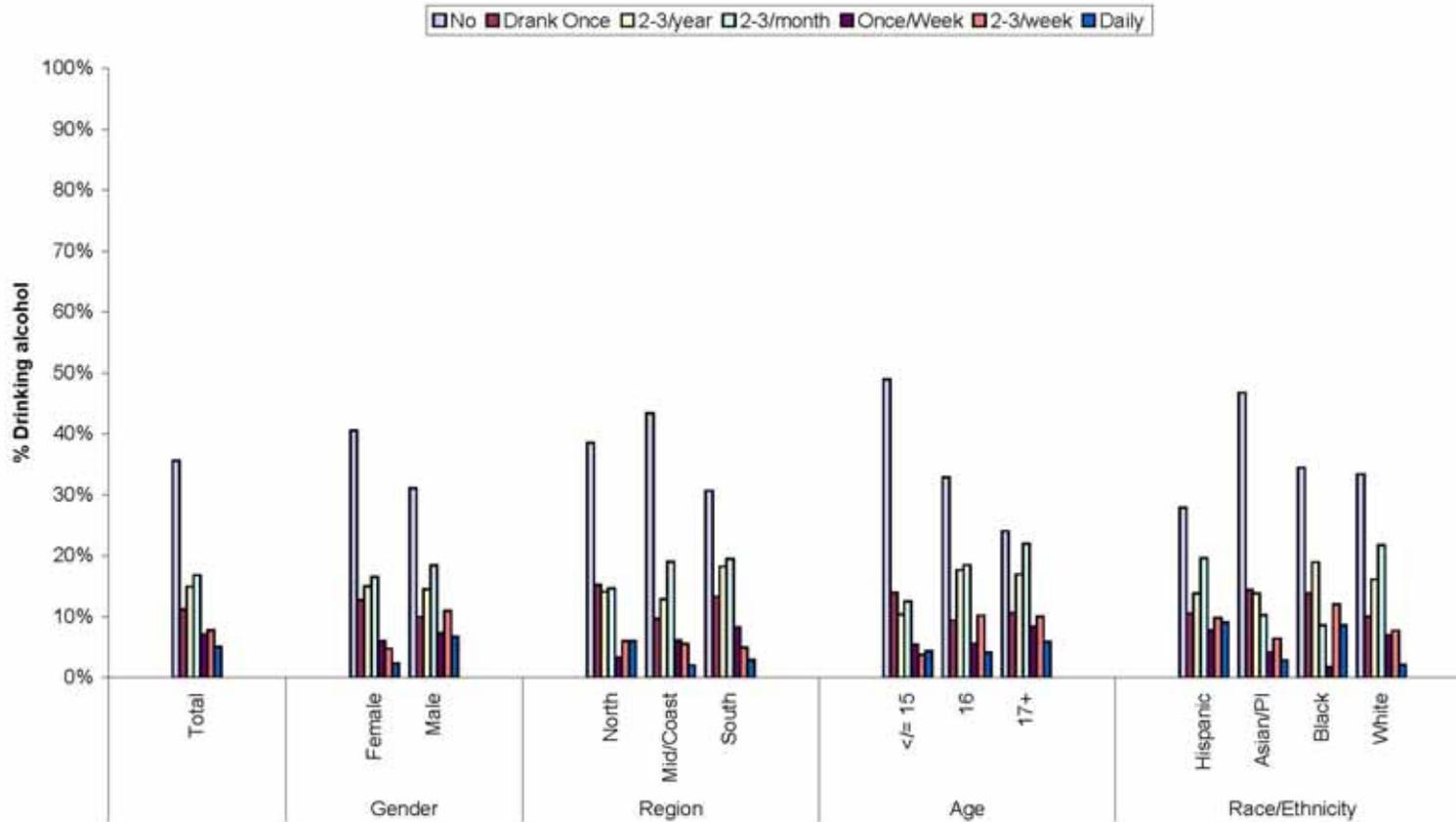
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# **Alcohol, Tobacco, and Other Drugs**

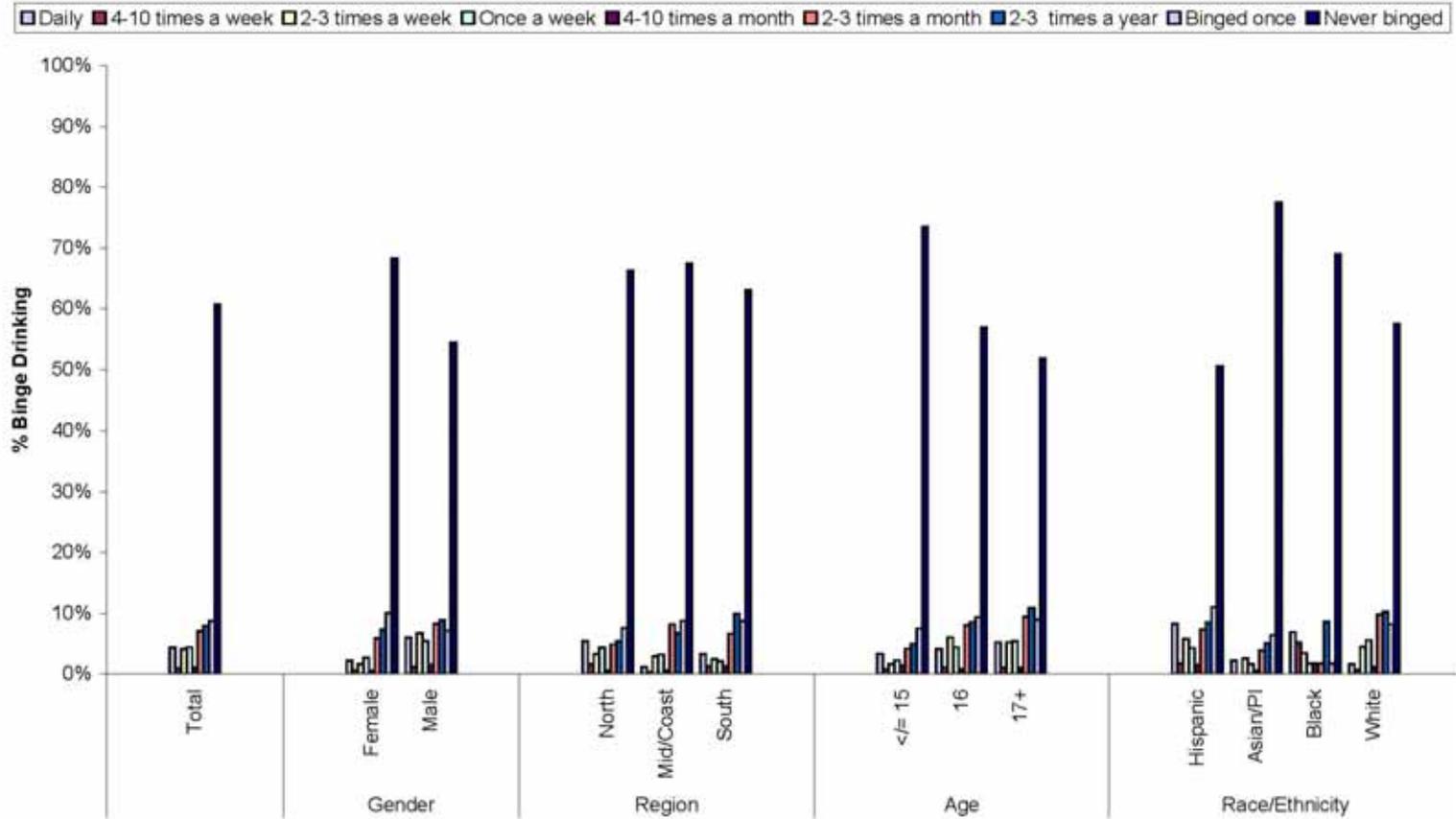
Questions 18 through 43

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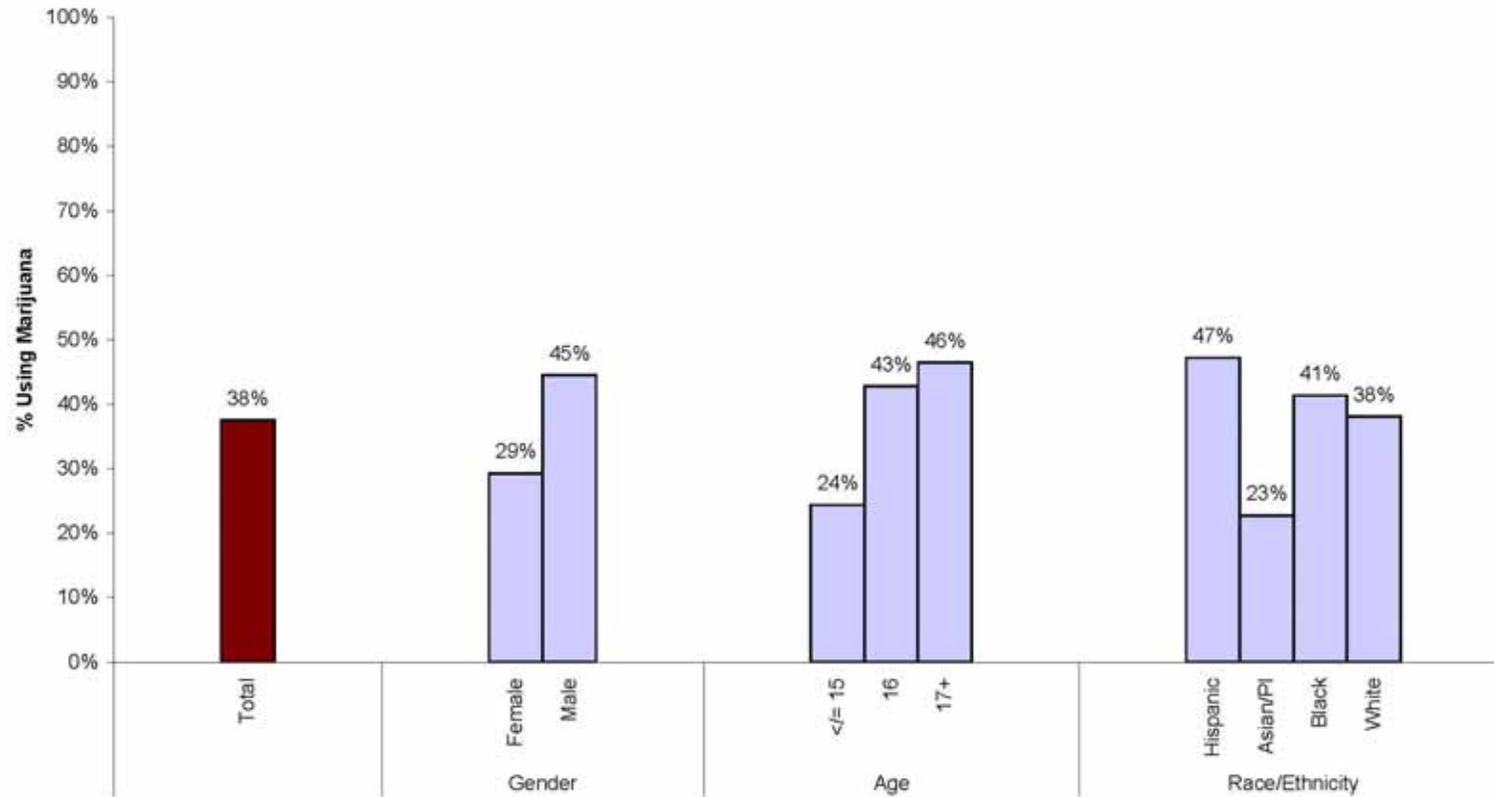
#18: Do you drink alcohol? If yes, how often?



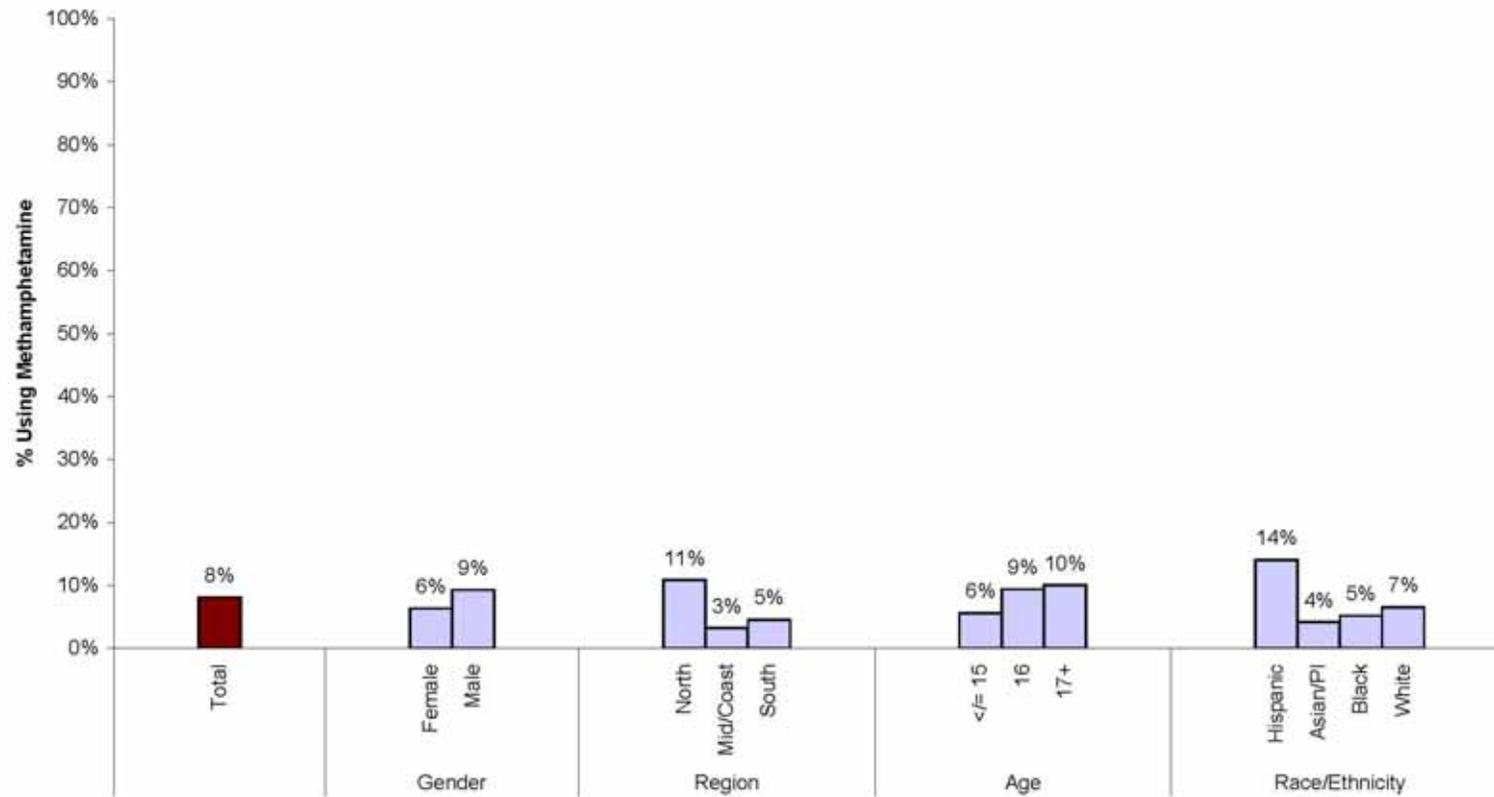
### #19: Do you binge drink? If yes, how often?



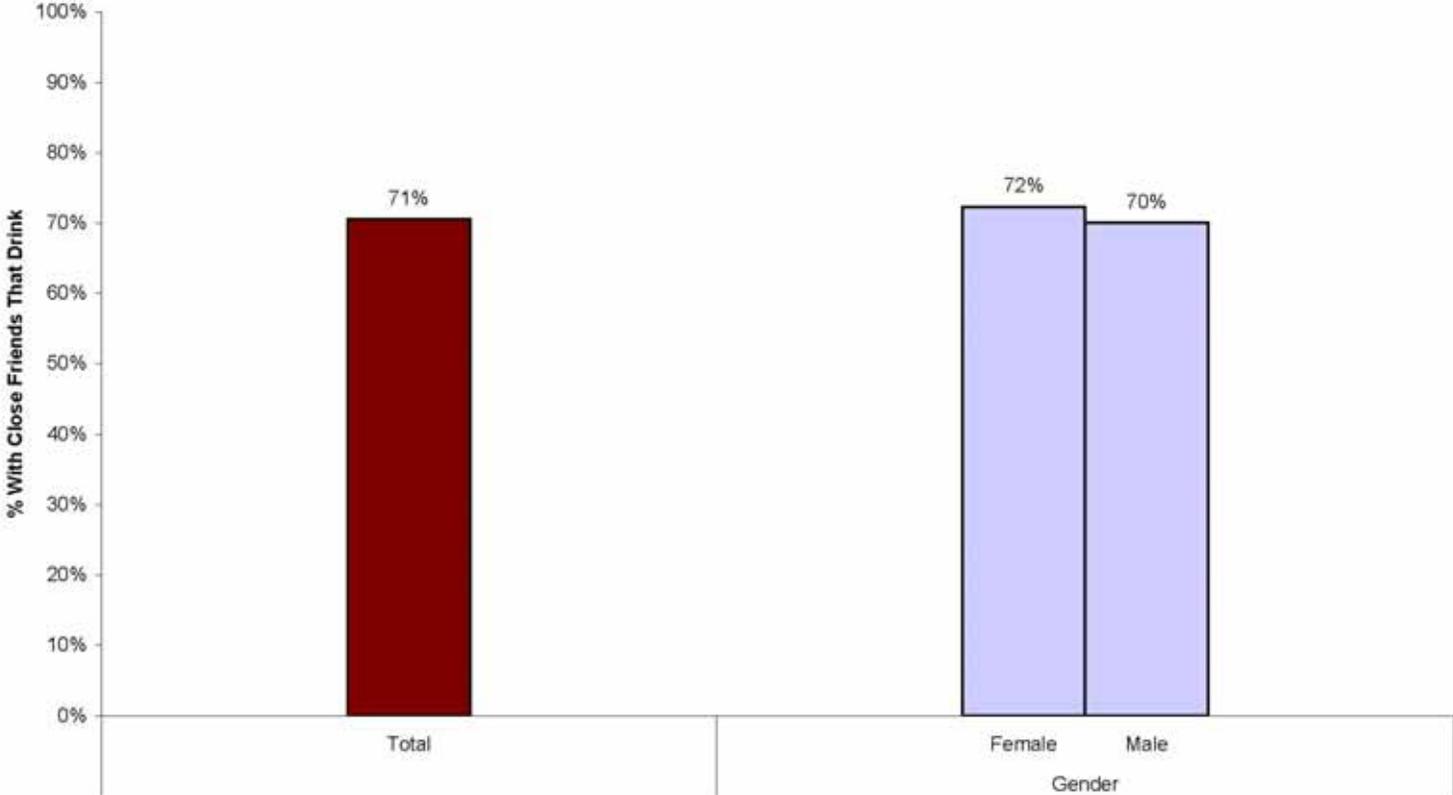
**#22\_01: What other drugs have you used or do you currently use:  
Marijuana**



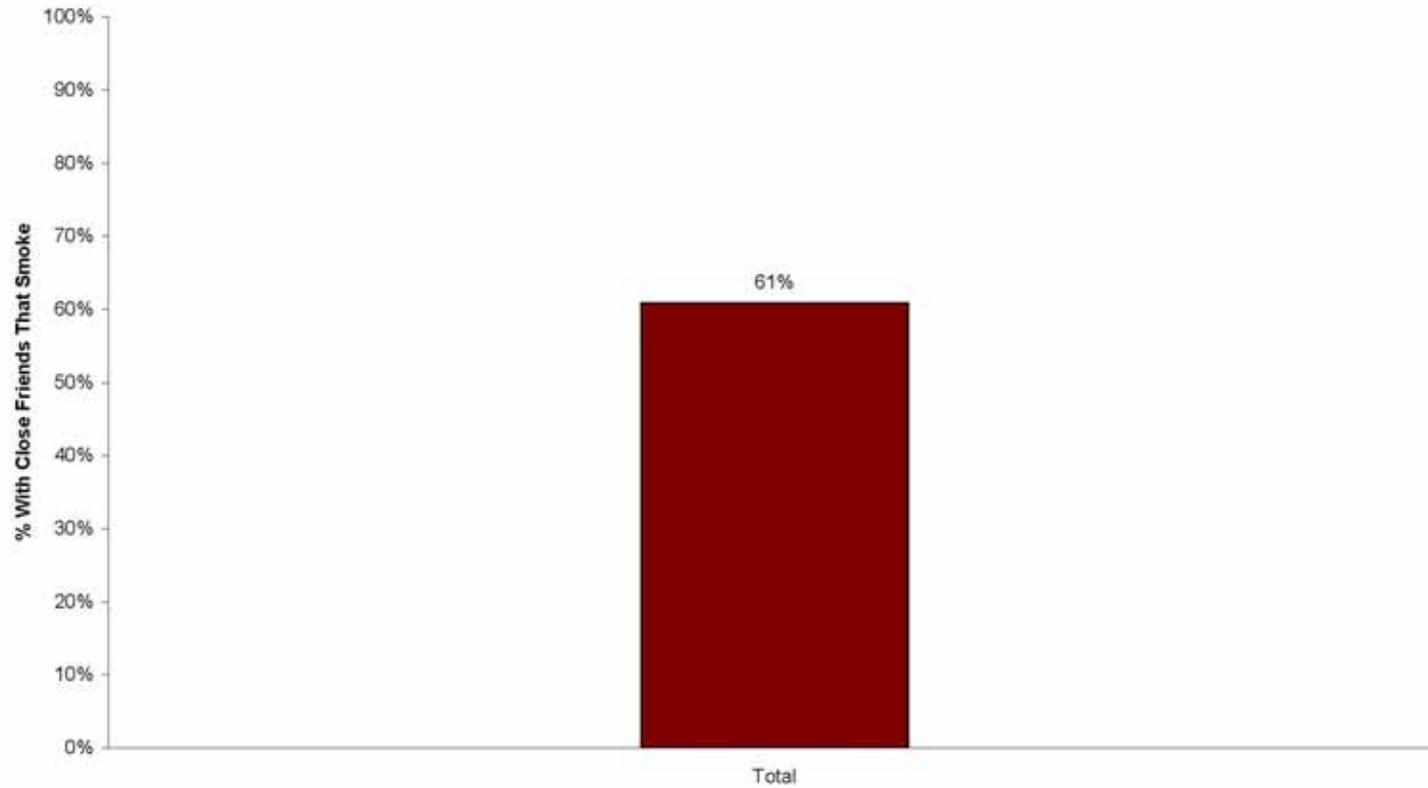
**#22\_06: What other drugs have you used or do you currently use:  
Methamphetamine**



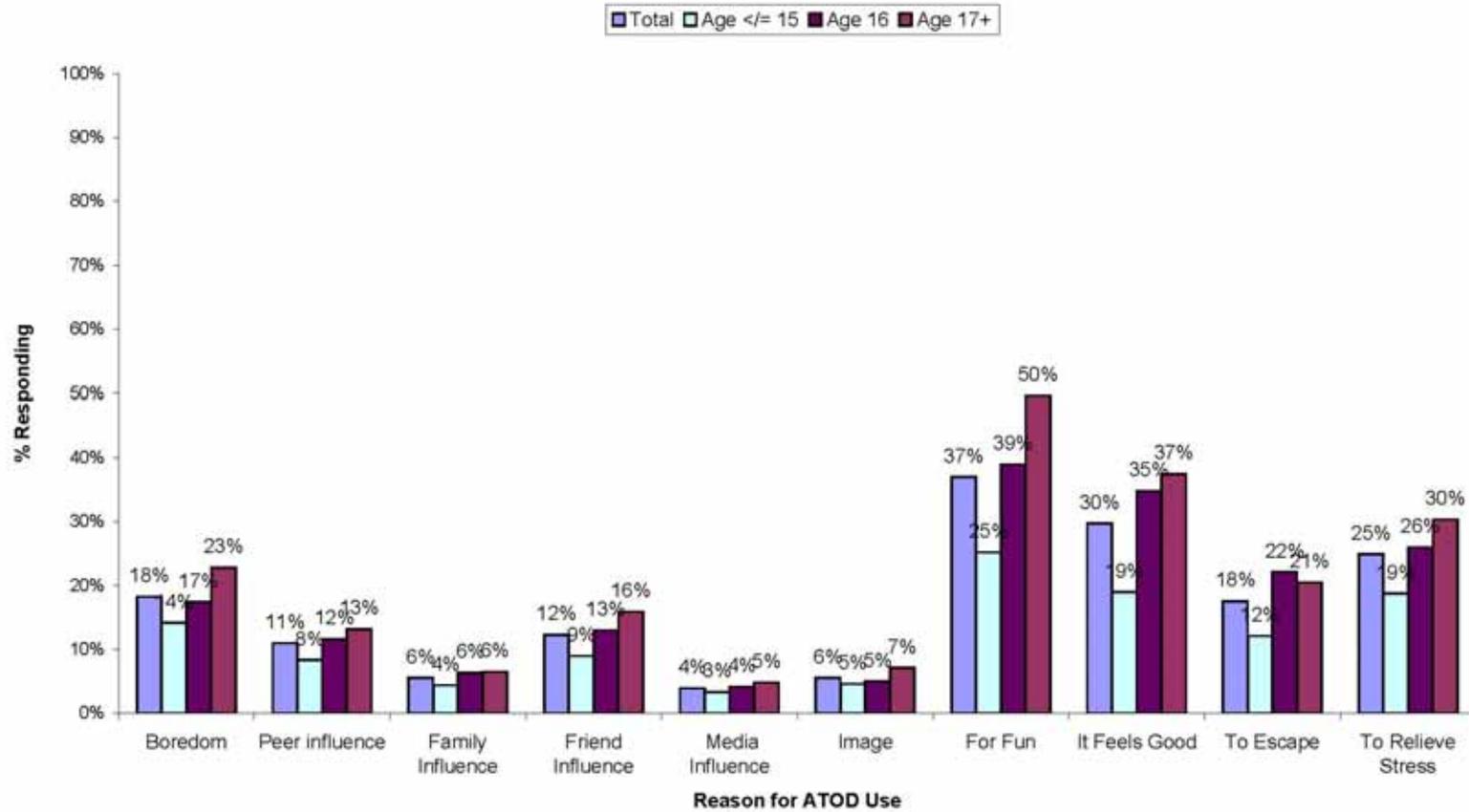
#23\_1: Do your close friends drink?



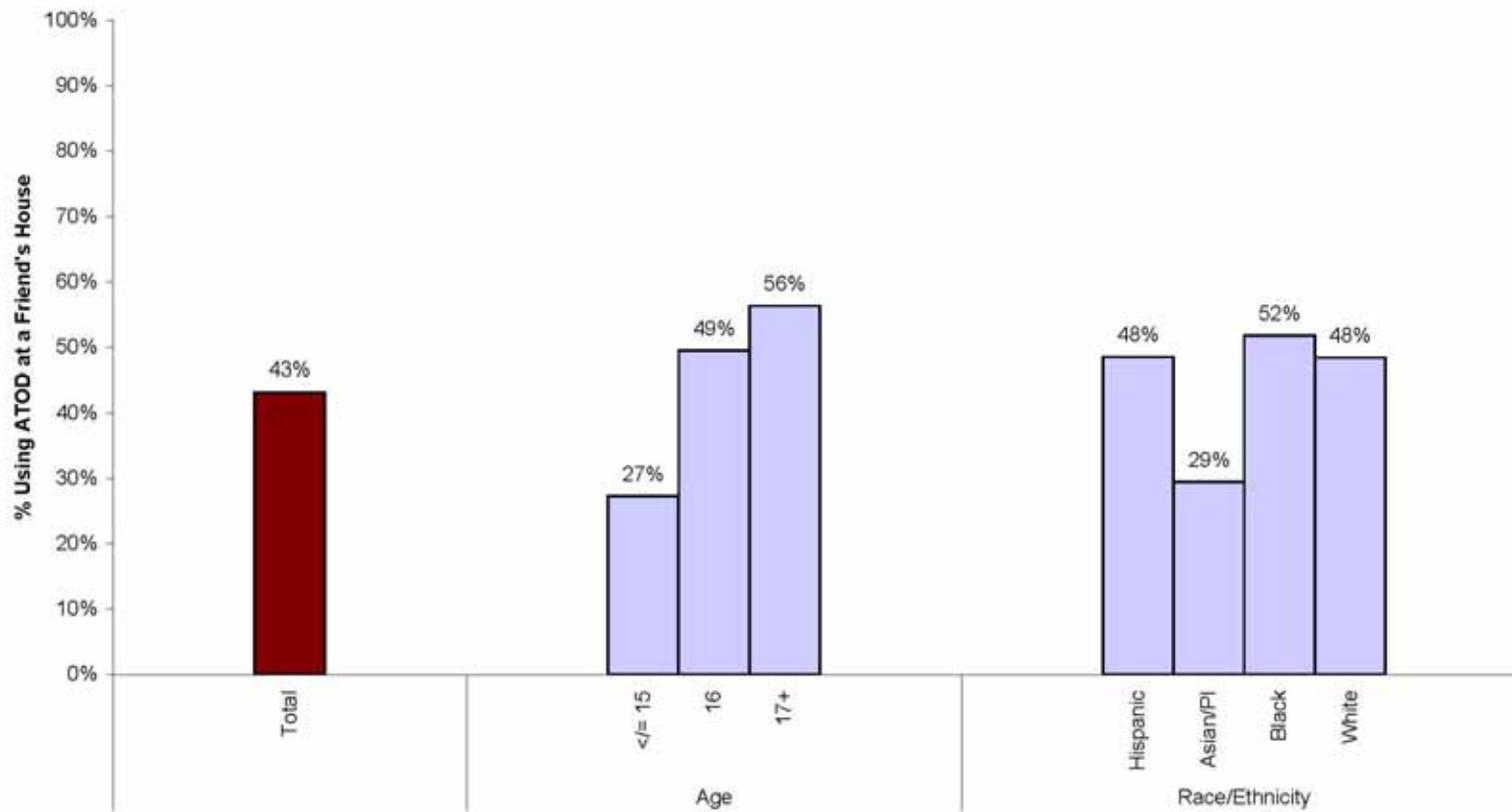
**#23\_2: Do your close friends smoke?**



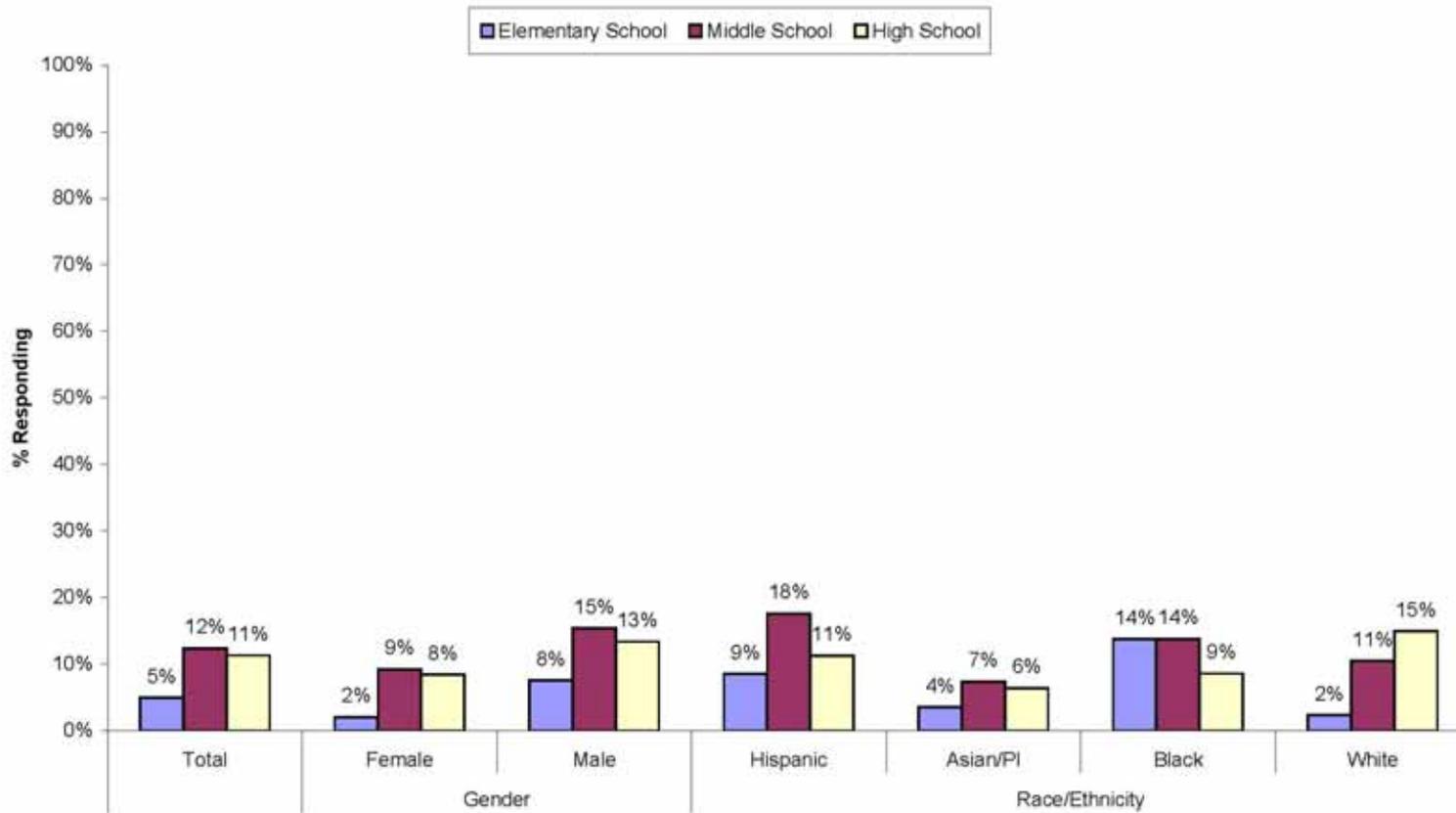
#24: Why do you use alcohol, tobacco or other drugs?



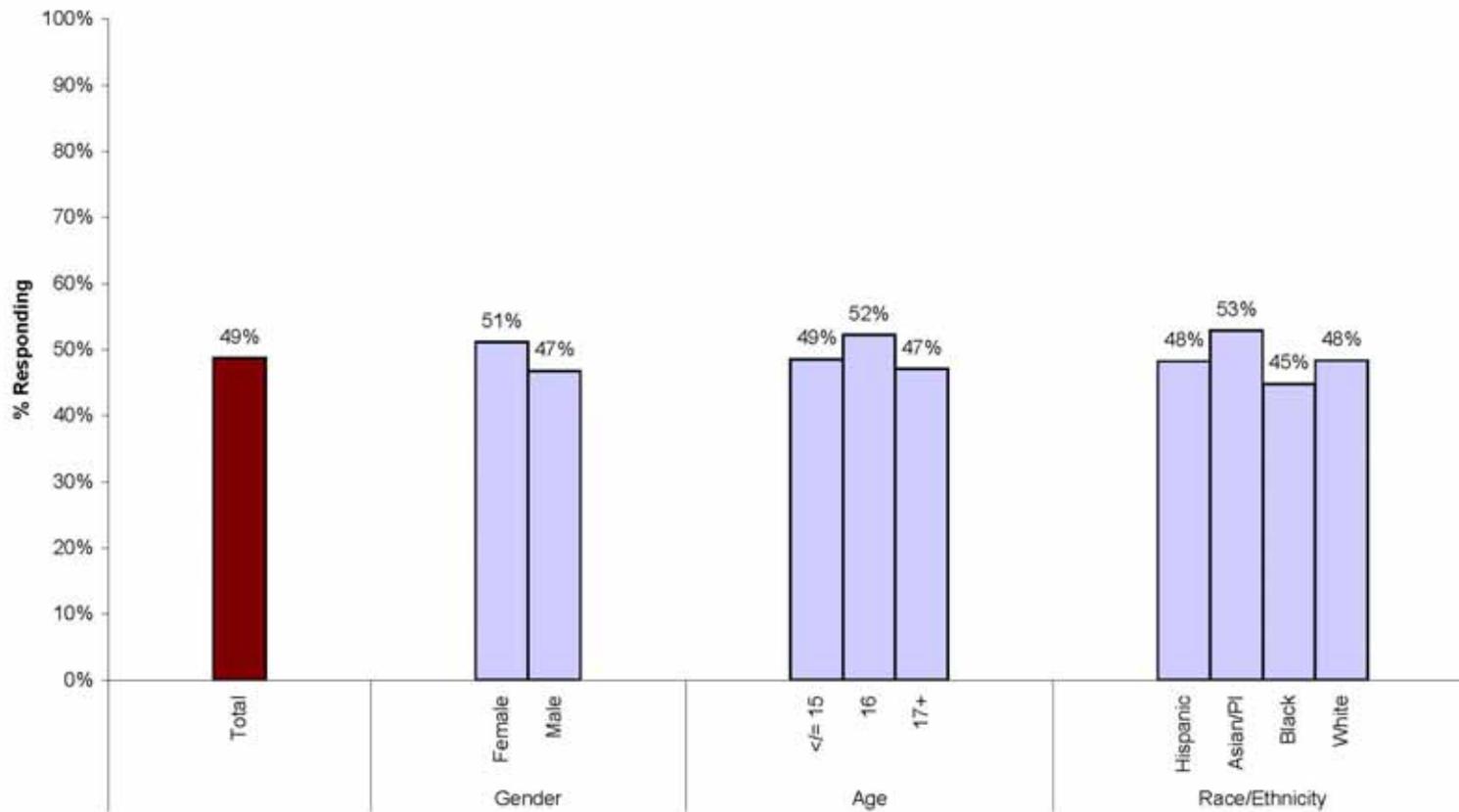
**#26\_2: Where do you use alcohol, tobacco or other drugs:  
A friend's house**



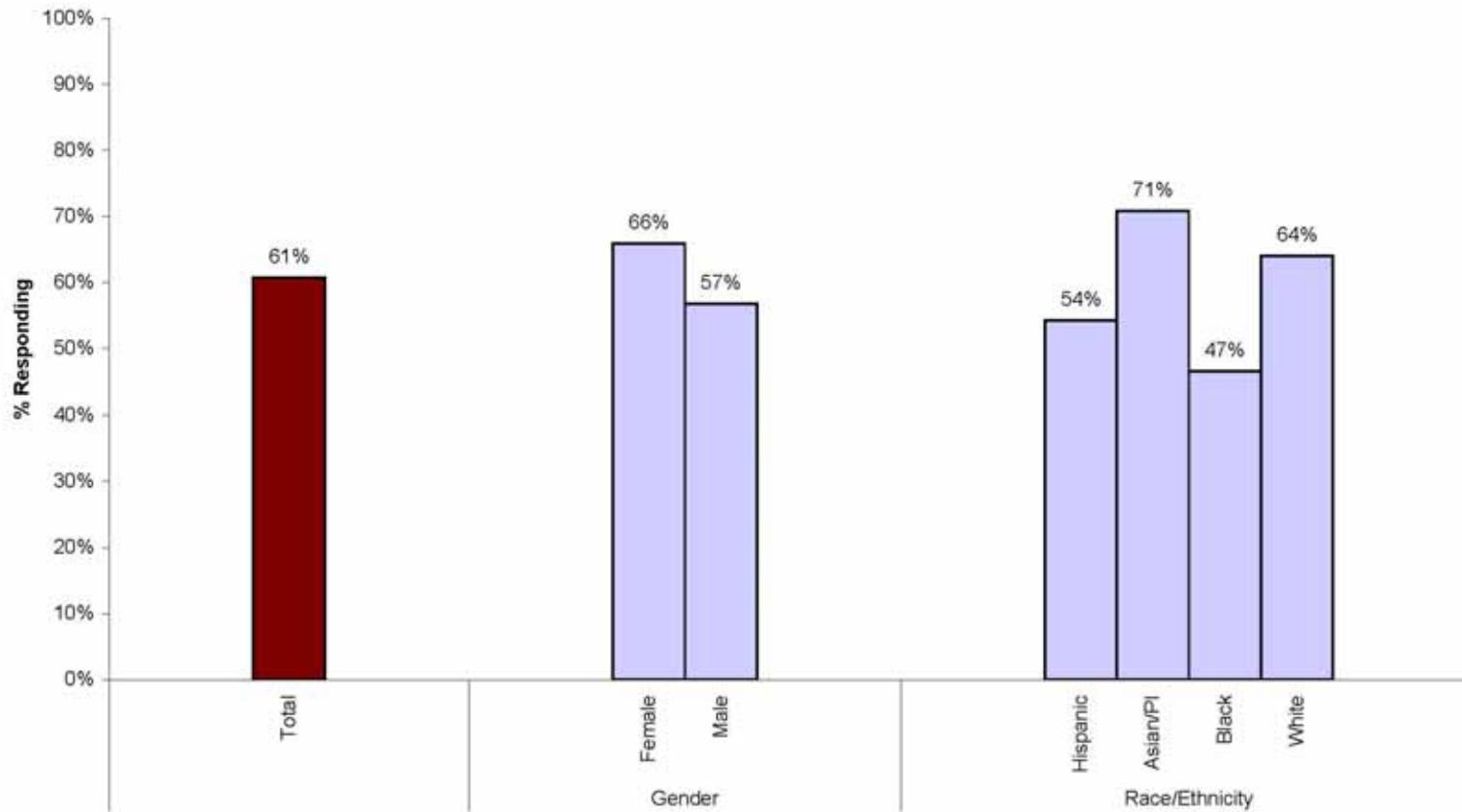
**#33: When was the first time you bought drugs?**



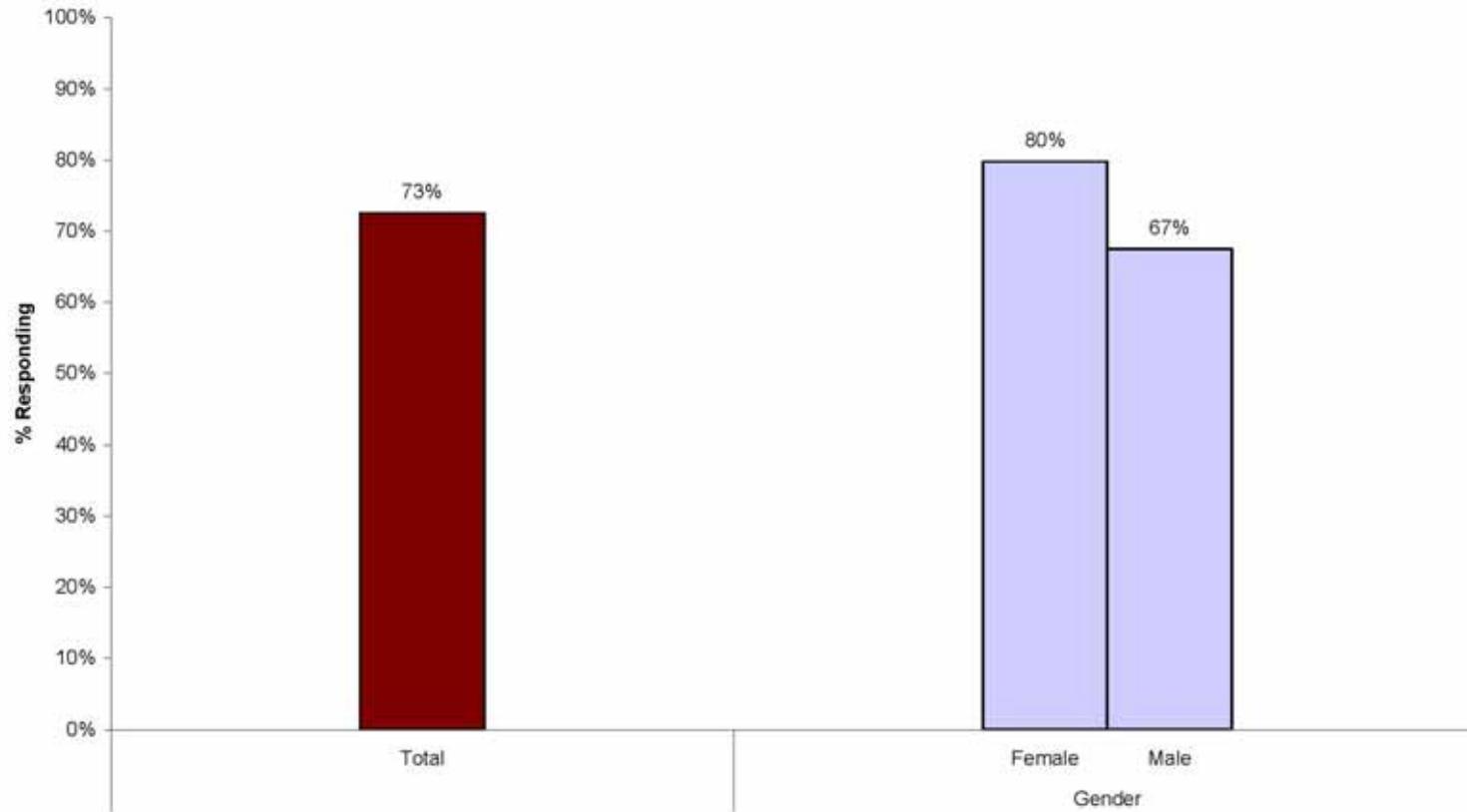
**#40: My school provides effective drug and alcohol prevention services.**



**#41: There are enough activities and events in my community for youth that are drug and alcohol free.**

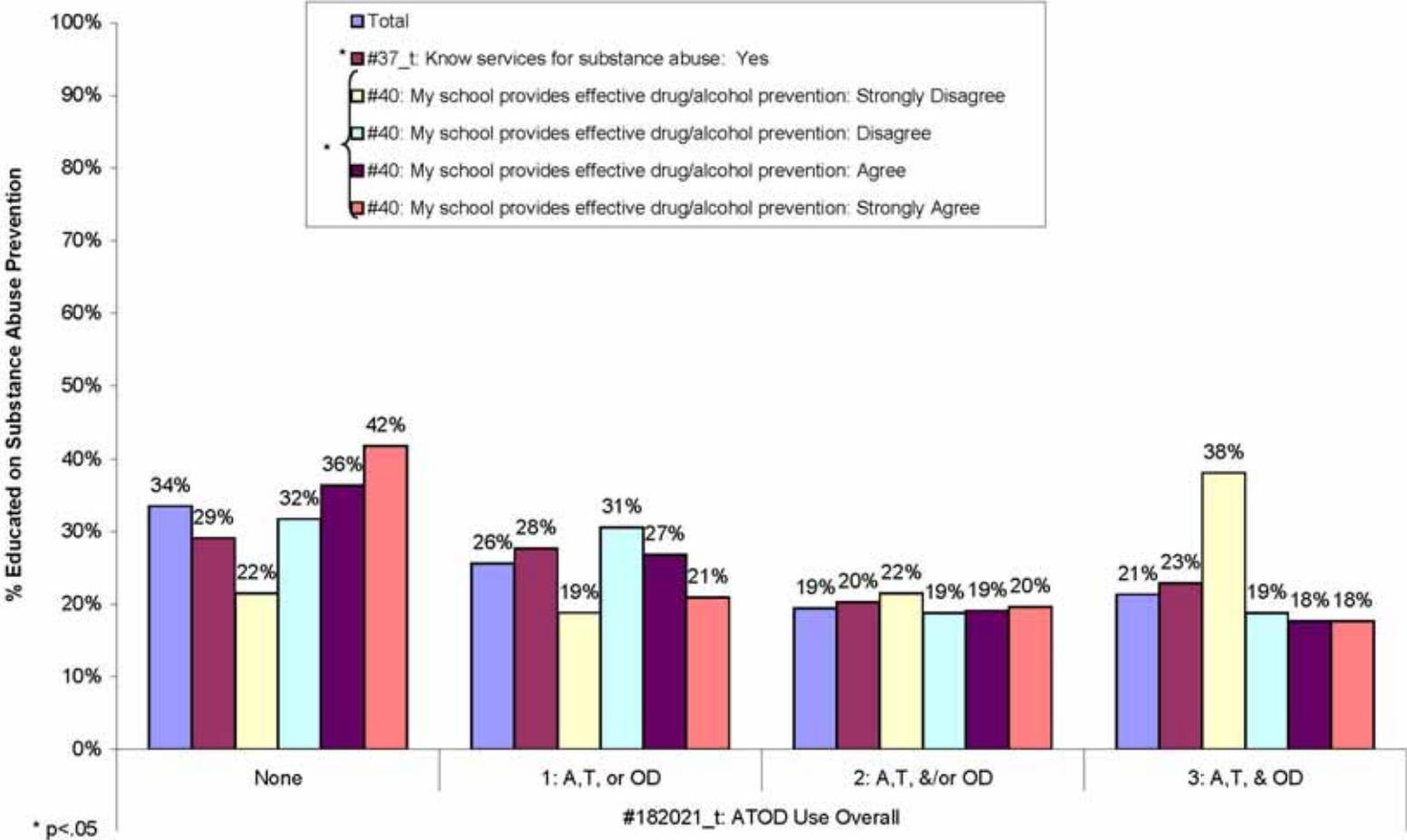


**#42: Youth need a place to go for entertainment or recreation that is drug and alcohol free.**



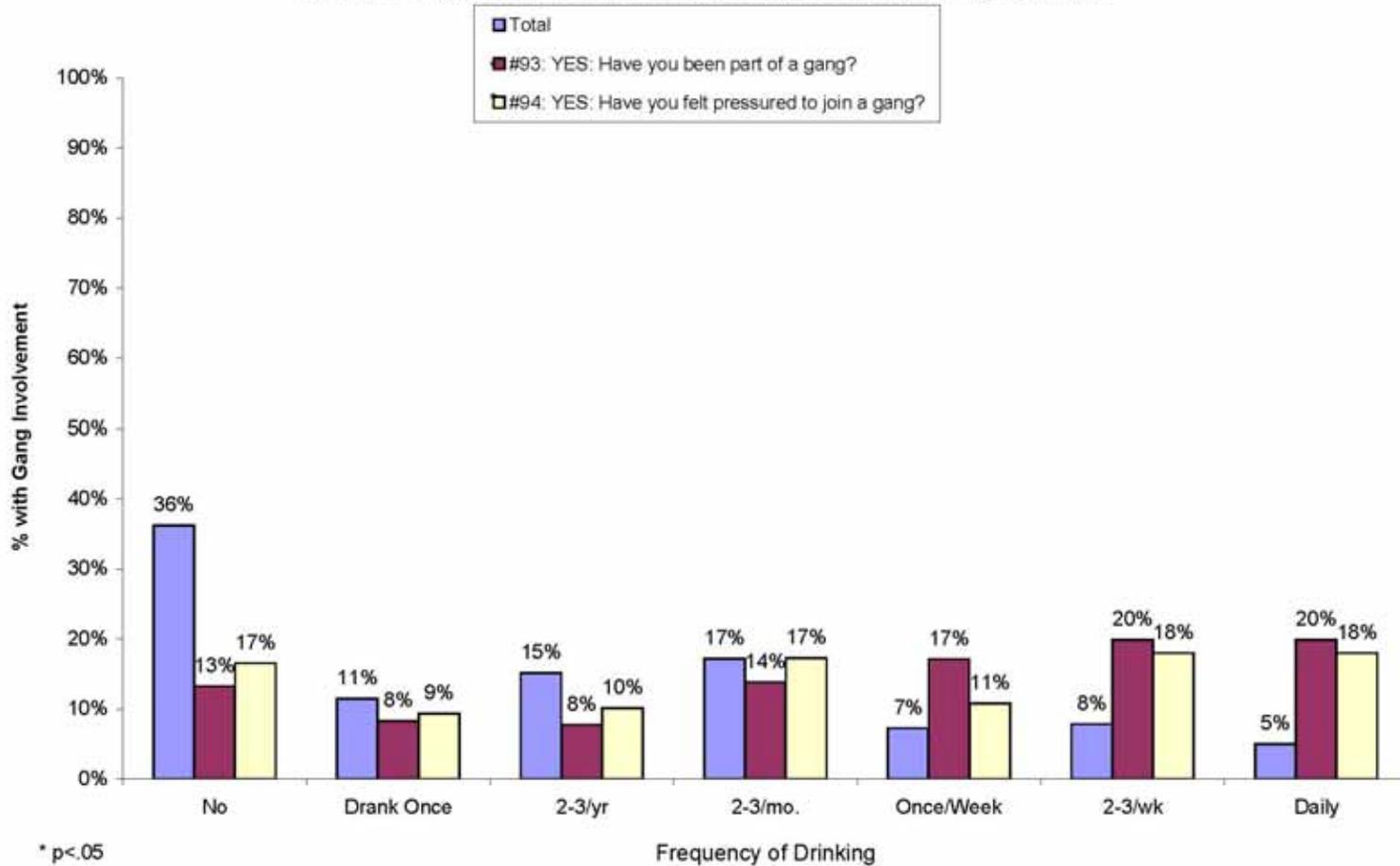
#182021\_t: ATOD Use Overall

Hypothesis 2: Youth who are uninformed about substance abuse issues are more likely to abuse drugs than those who have received such information.



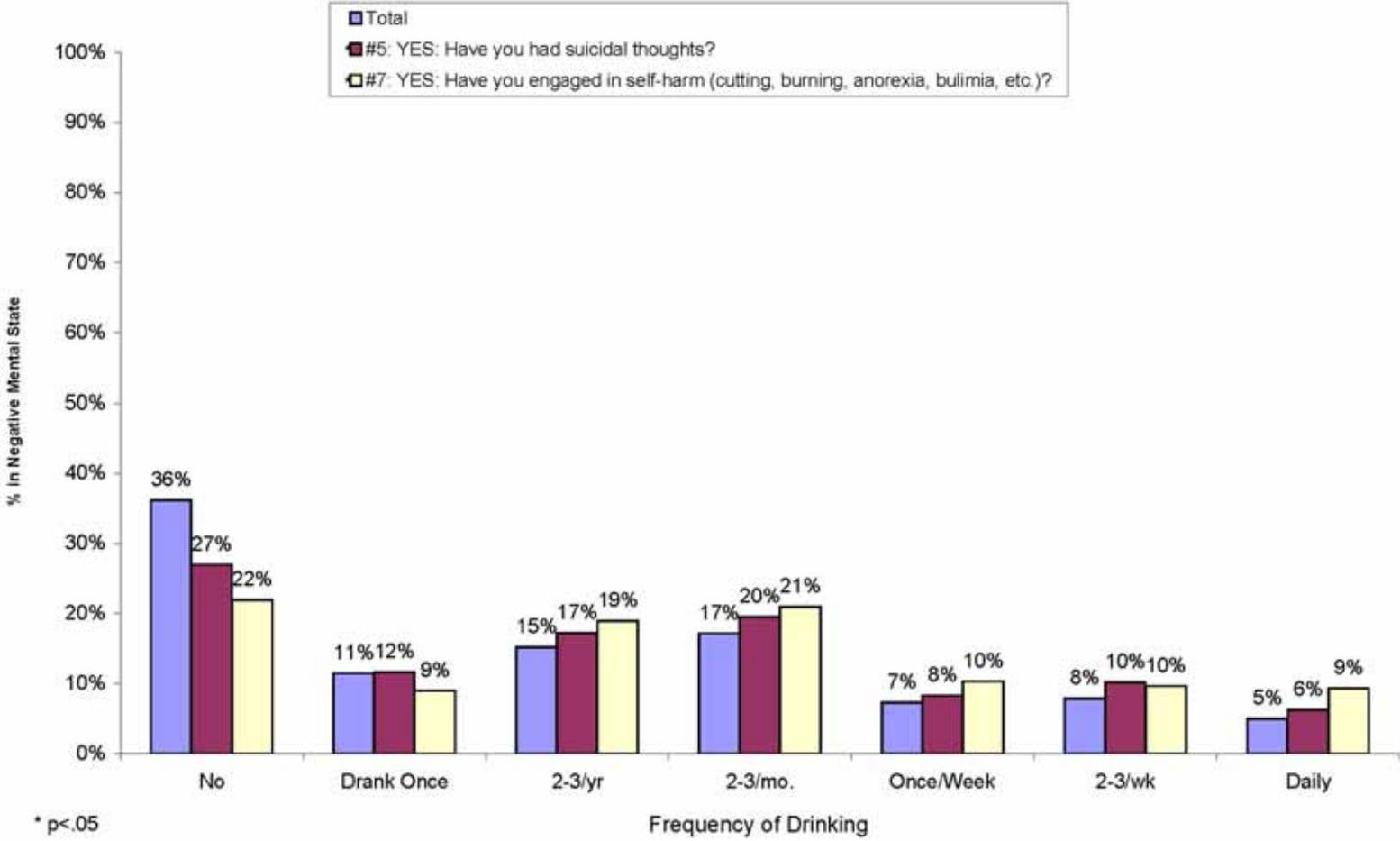
**#18\_t: Do you drink?**

Hypothesis 3: Gang members are more likely to abuse drugs and alcohol than non-gang members.



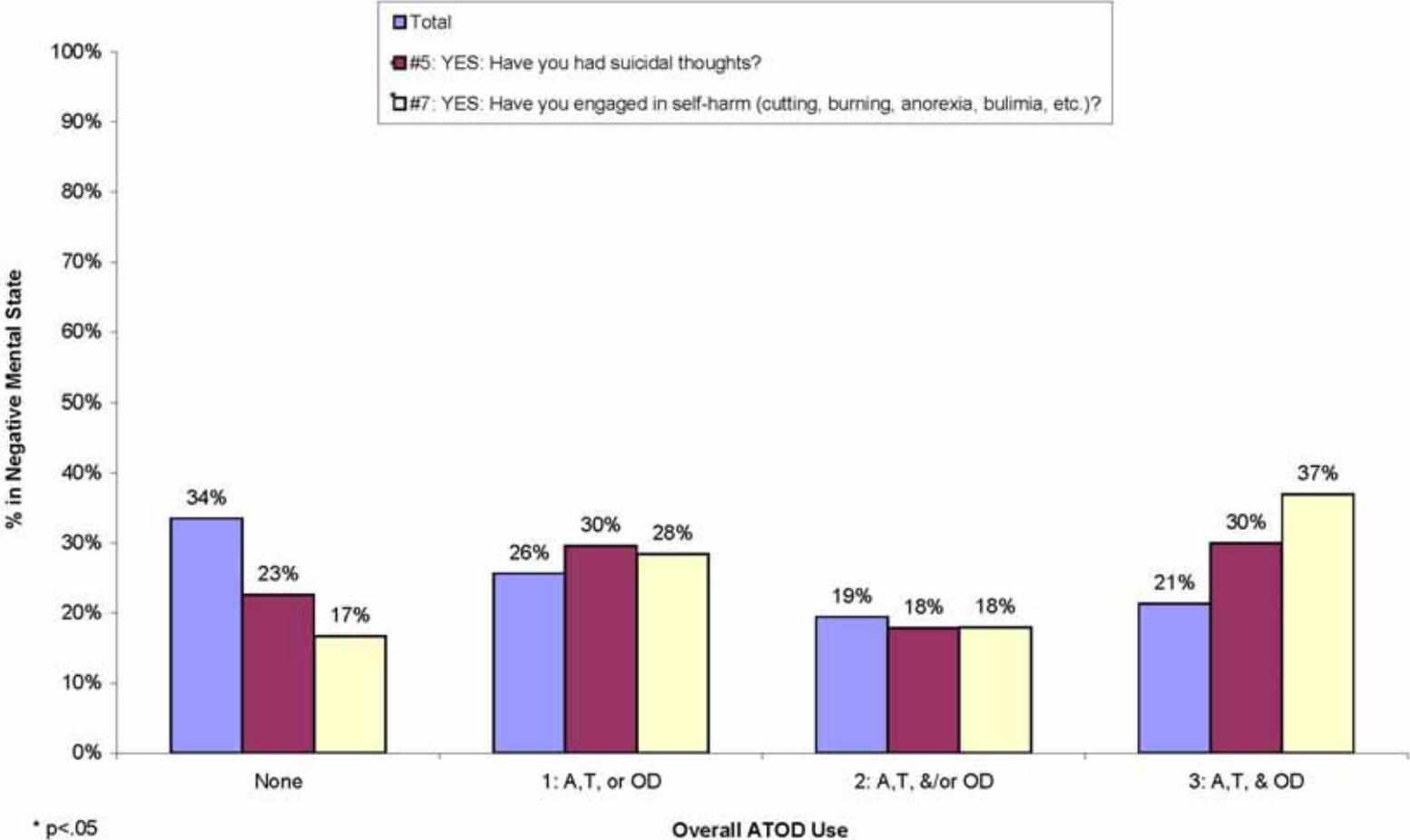
### #18\_t: Do you drink?

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.



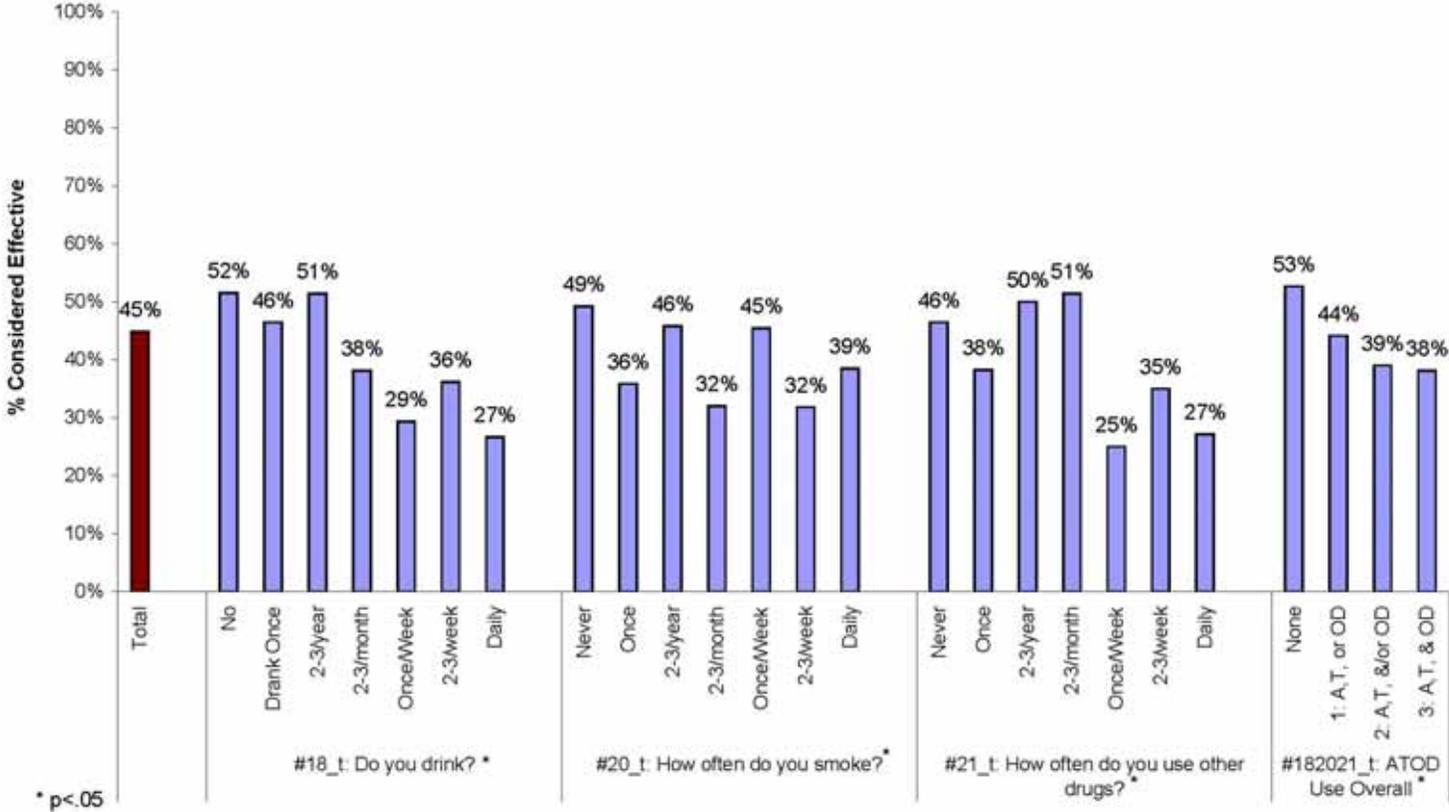
#182021\_t: ATOD Use Overall

Hypothesis 4: Youth in a bad mental state (i.e., those who have thought about and/or attempted suicide or self harm) are more likely to abuse drugs than those not in a bad mental state.



**#43\_6: Effective Substance Abuse Prevention: ATOD Free Recreation**

Hypothesis 5: Youth who use ATOD will have different thoughts about what is effective substance abuse prevention than those who do not use ATOD.



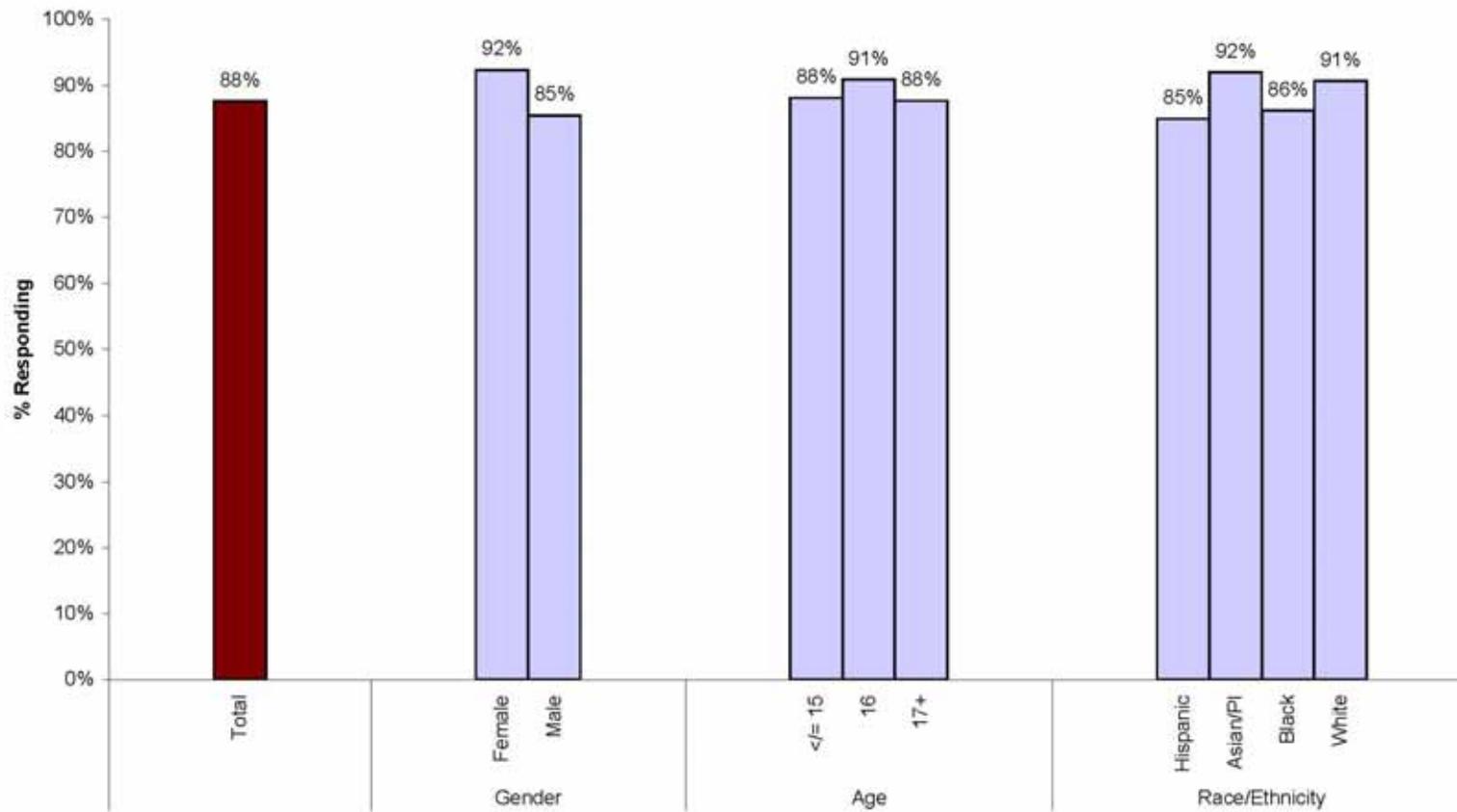
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# Sex and Sexuality

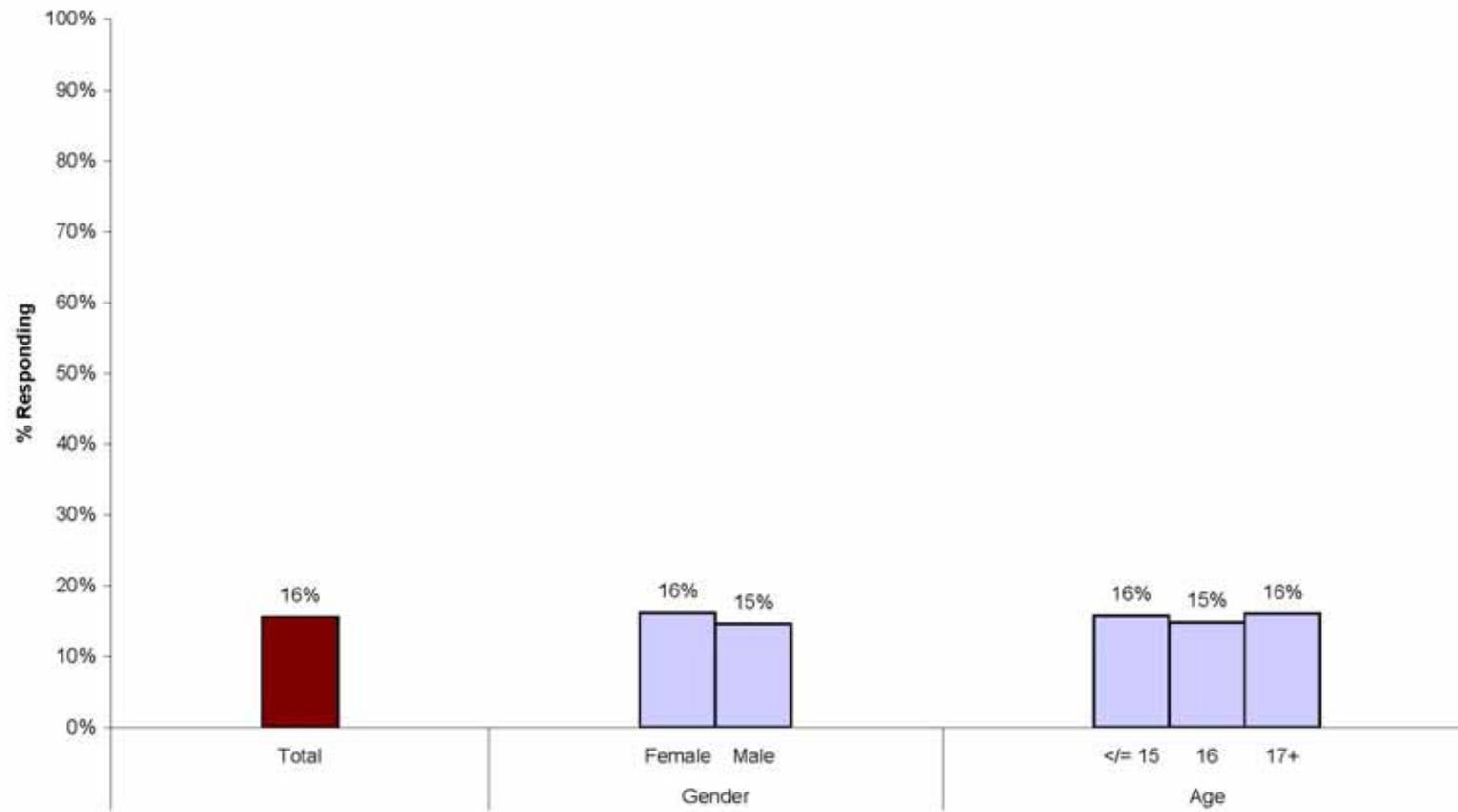
Questions 44 through 73

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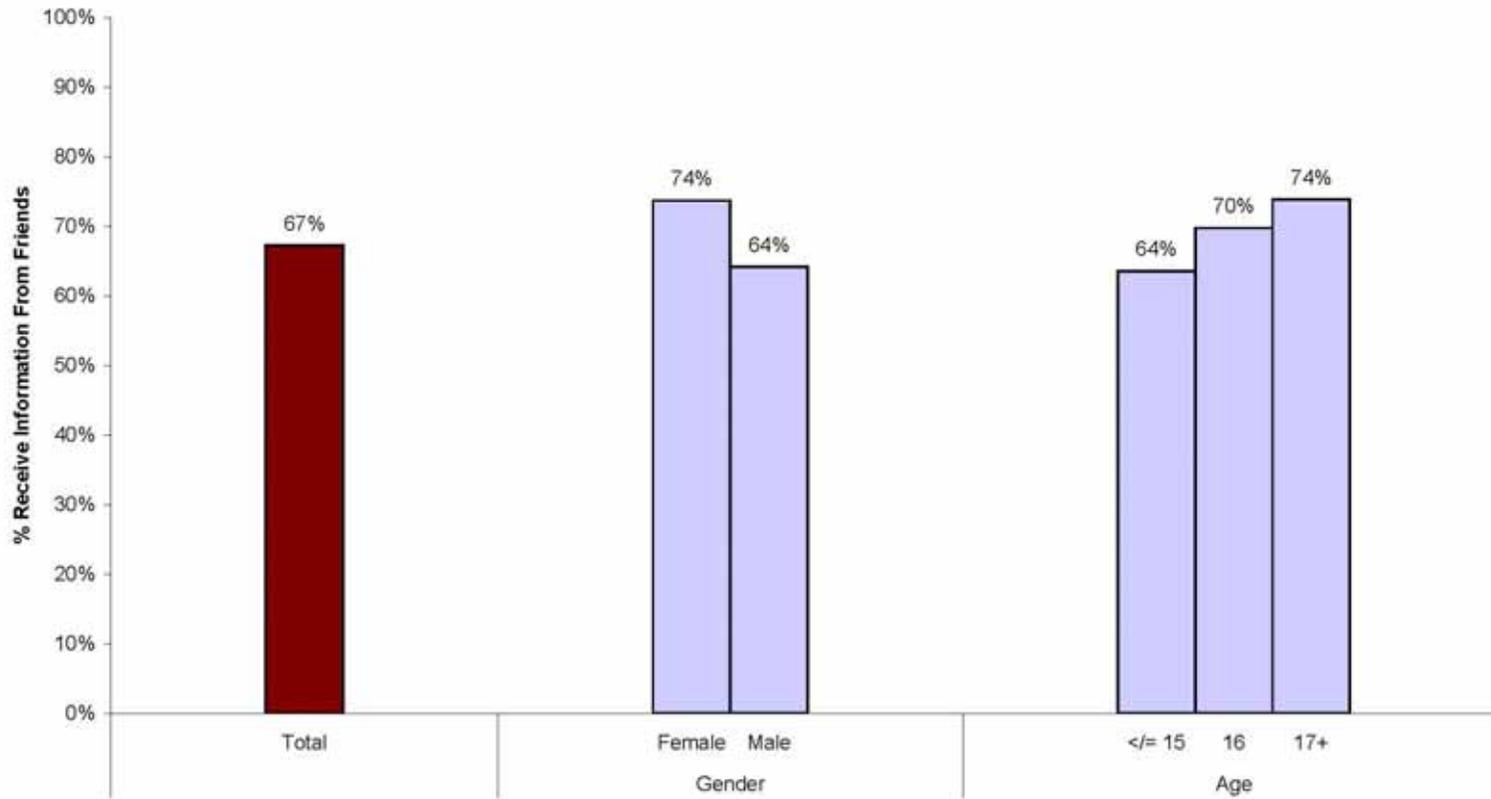
**#44: Schools should provide education about sex and sexuality.**



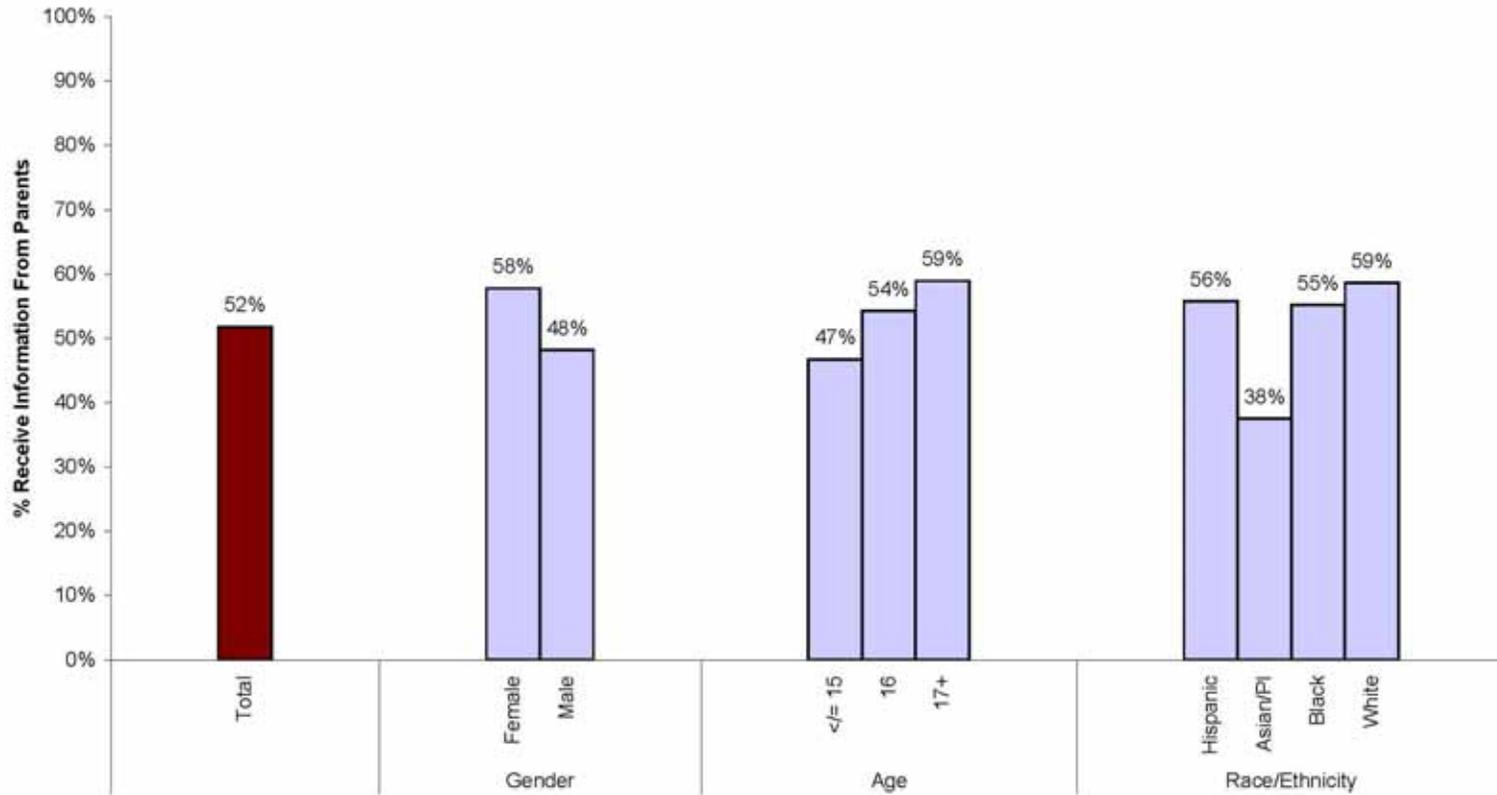
**#45: Schools should only teach about abstinence.**



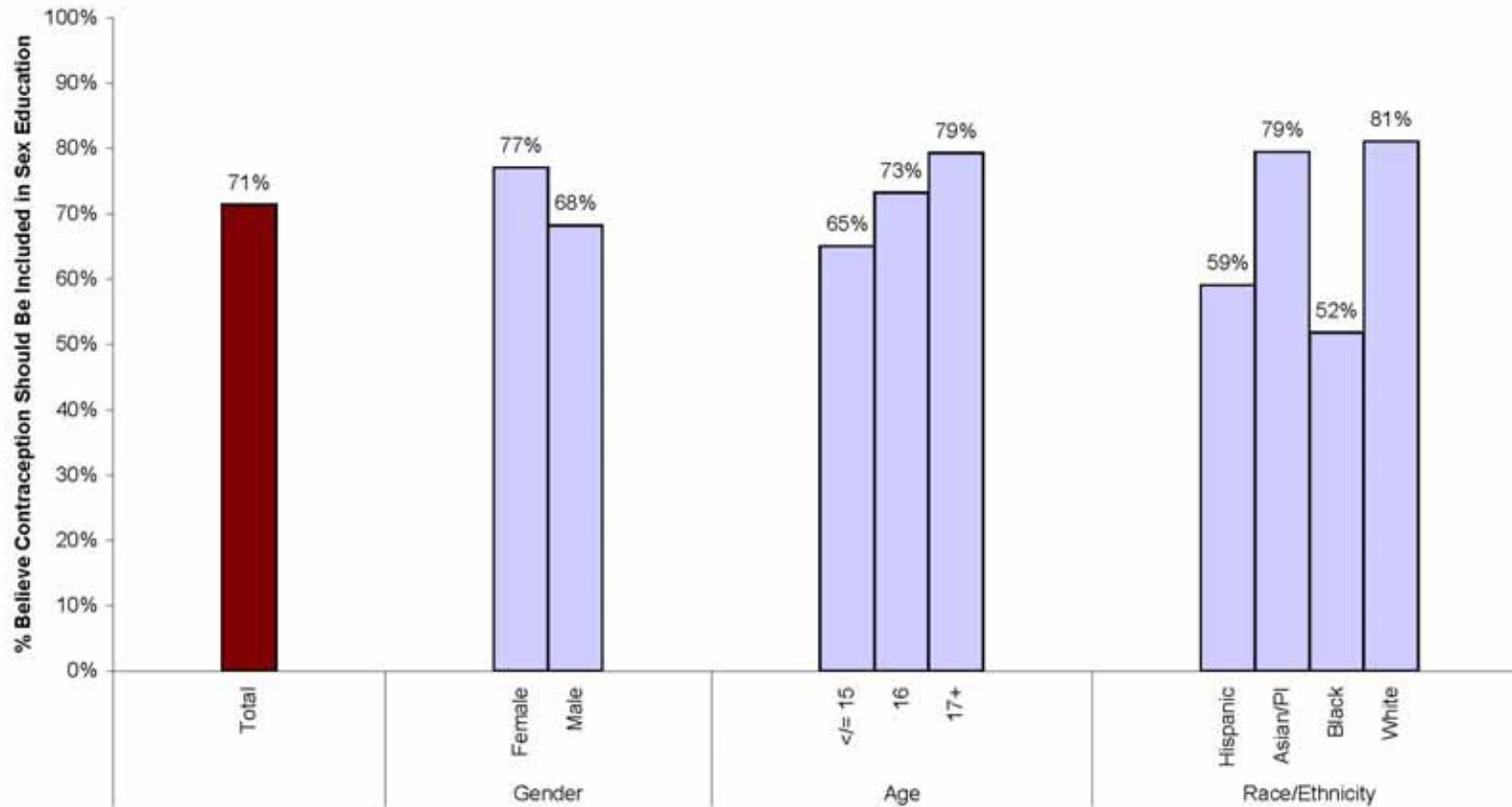
**#48\_05: Where do you receive information about sex and sexuality:  
Friends**



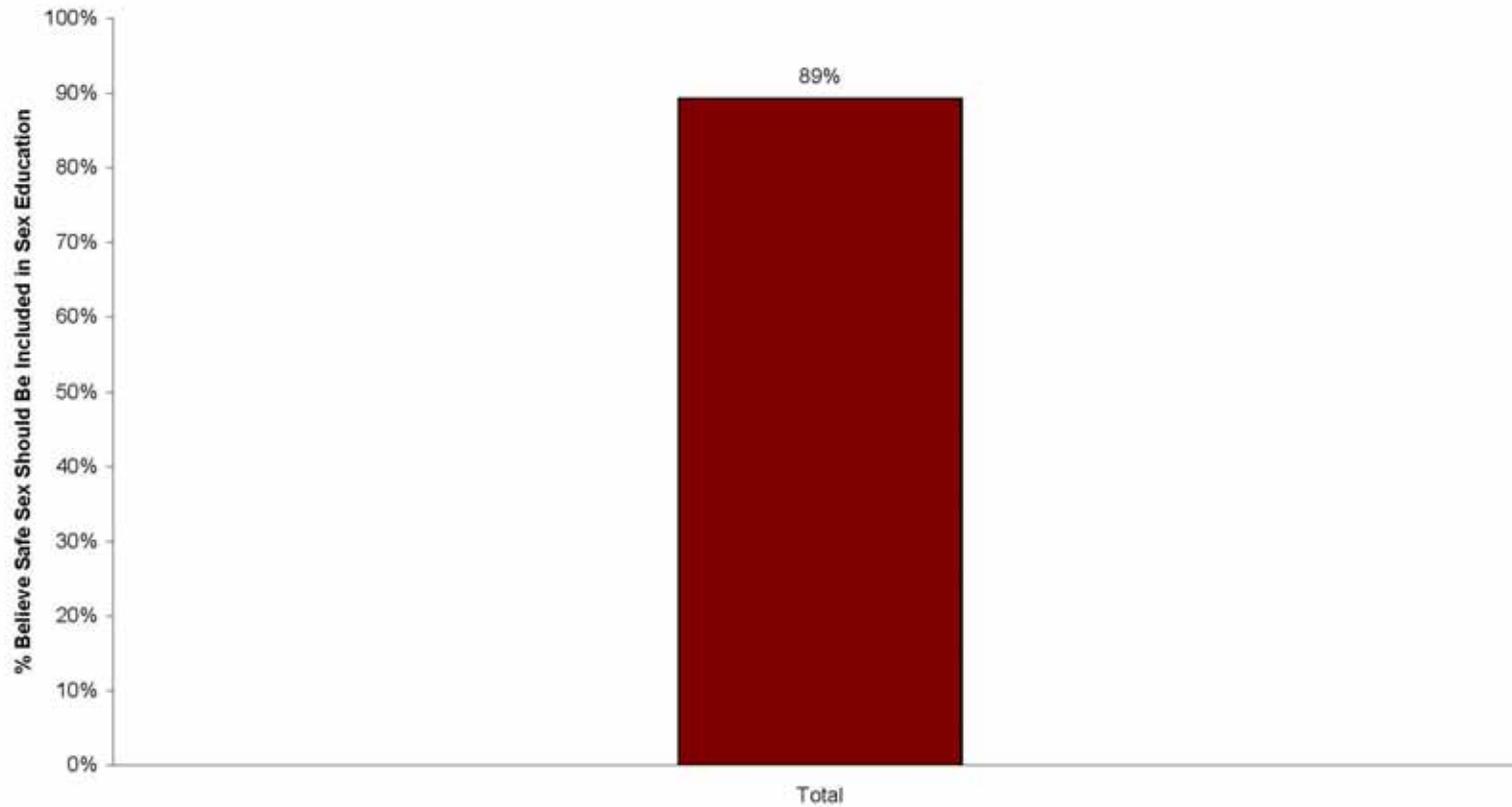
**#48\_06: Where do you receive information about sex and sexuality:  
Parents**



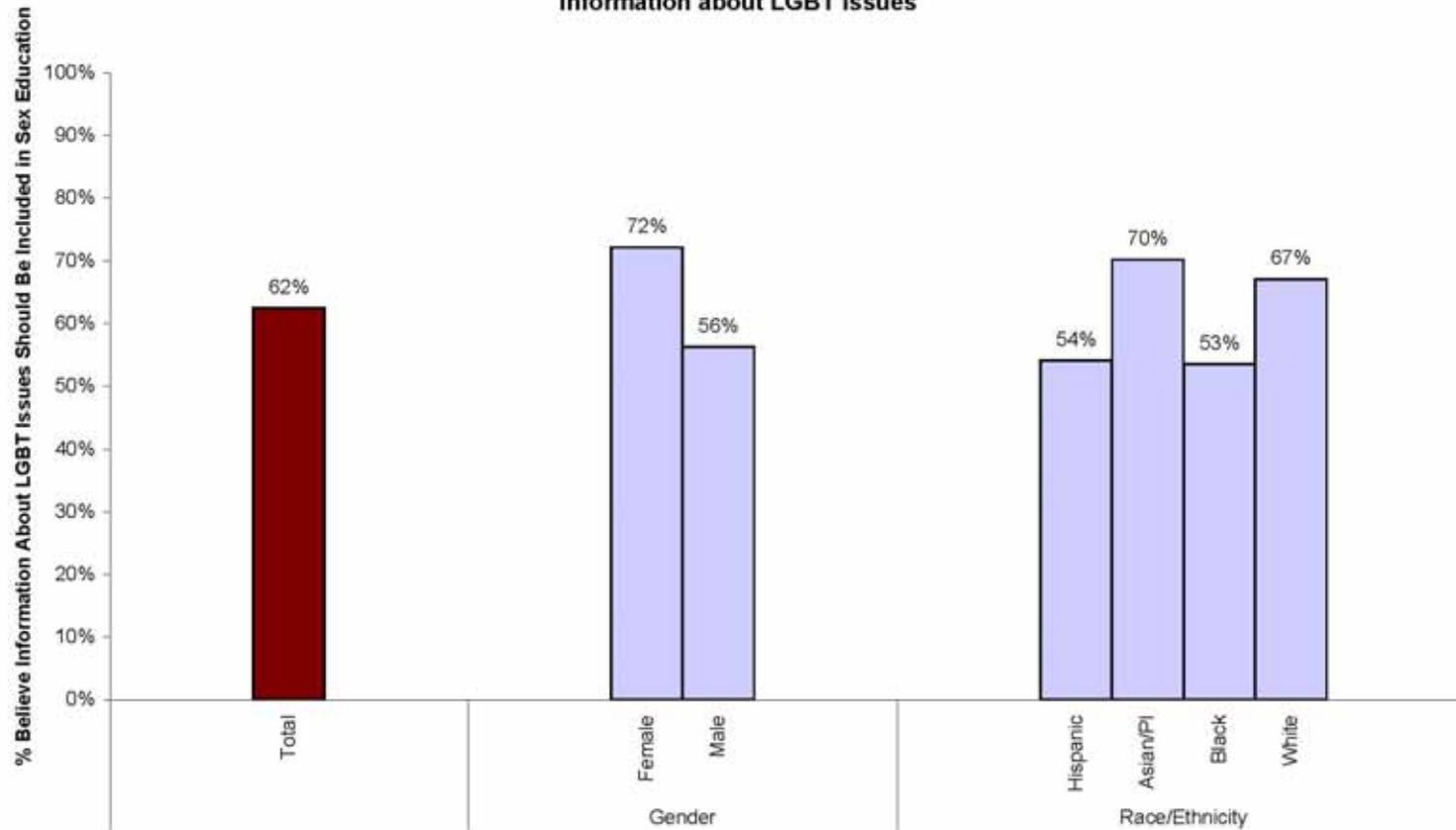
**#50\_1: Which of the following topics should be included in sex education:  
Contraception**



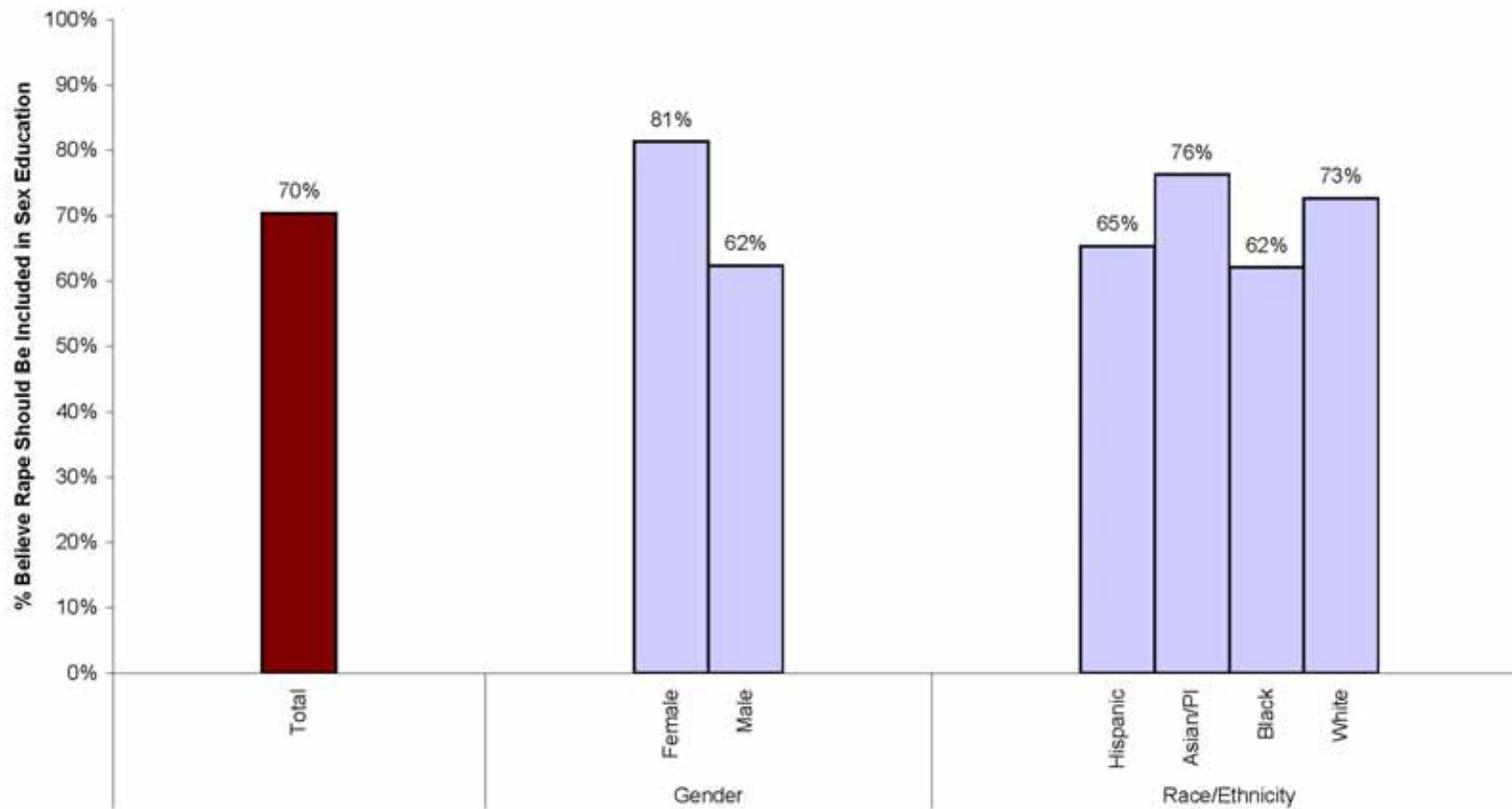
**#50\_2: Which of the following topics should be included in sex education:  
Safe sex**



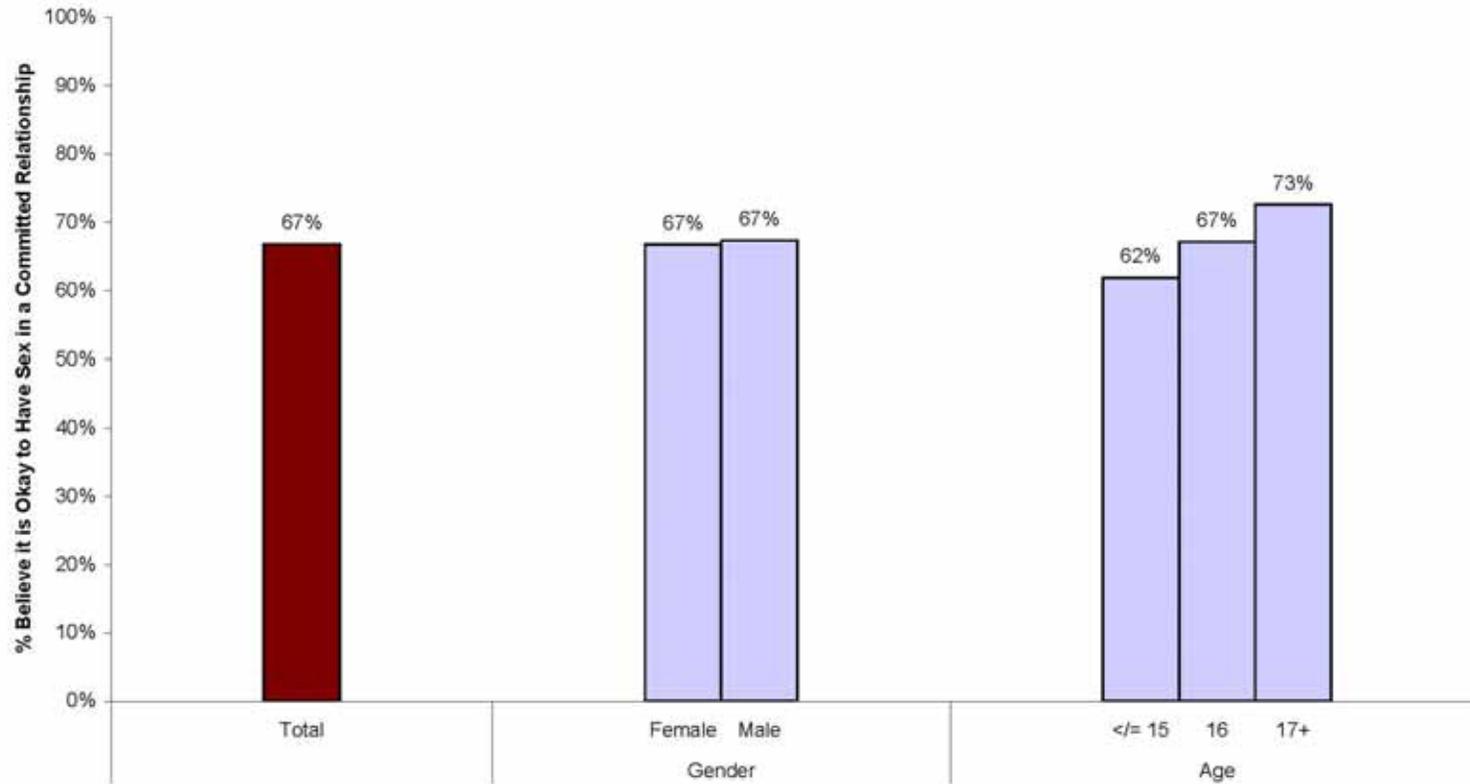
**#50\_4: Which of the following topics should be included in sex education:  
Information about LGBT issues**



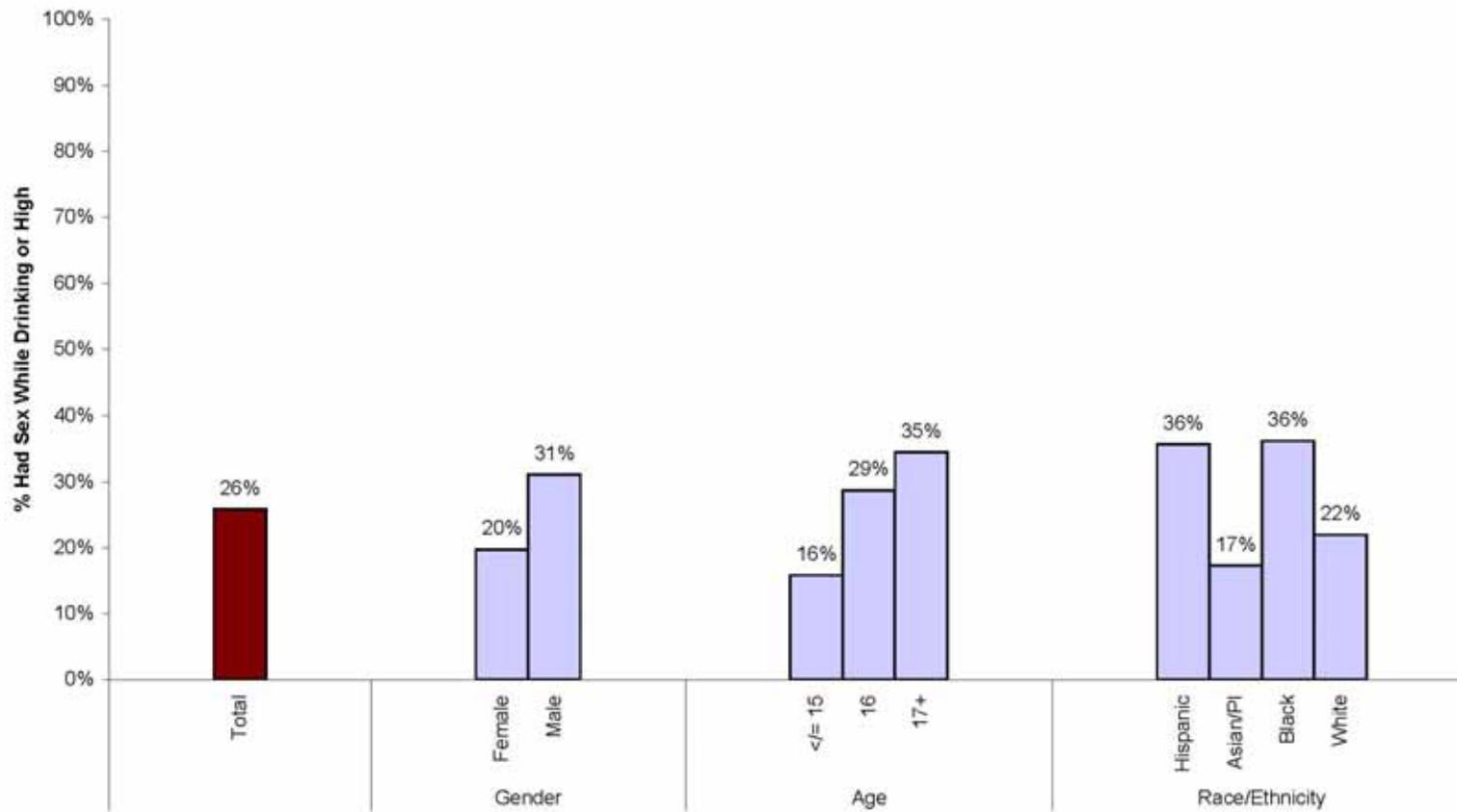
**#50\_6: Which of the following topics should be included in sex education:  
Rape**



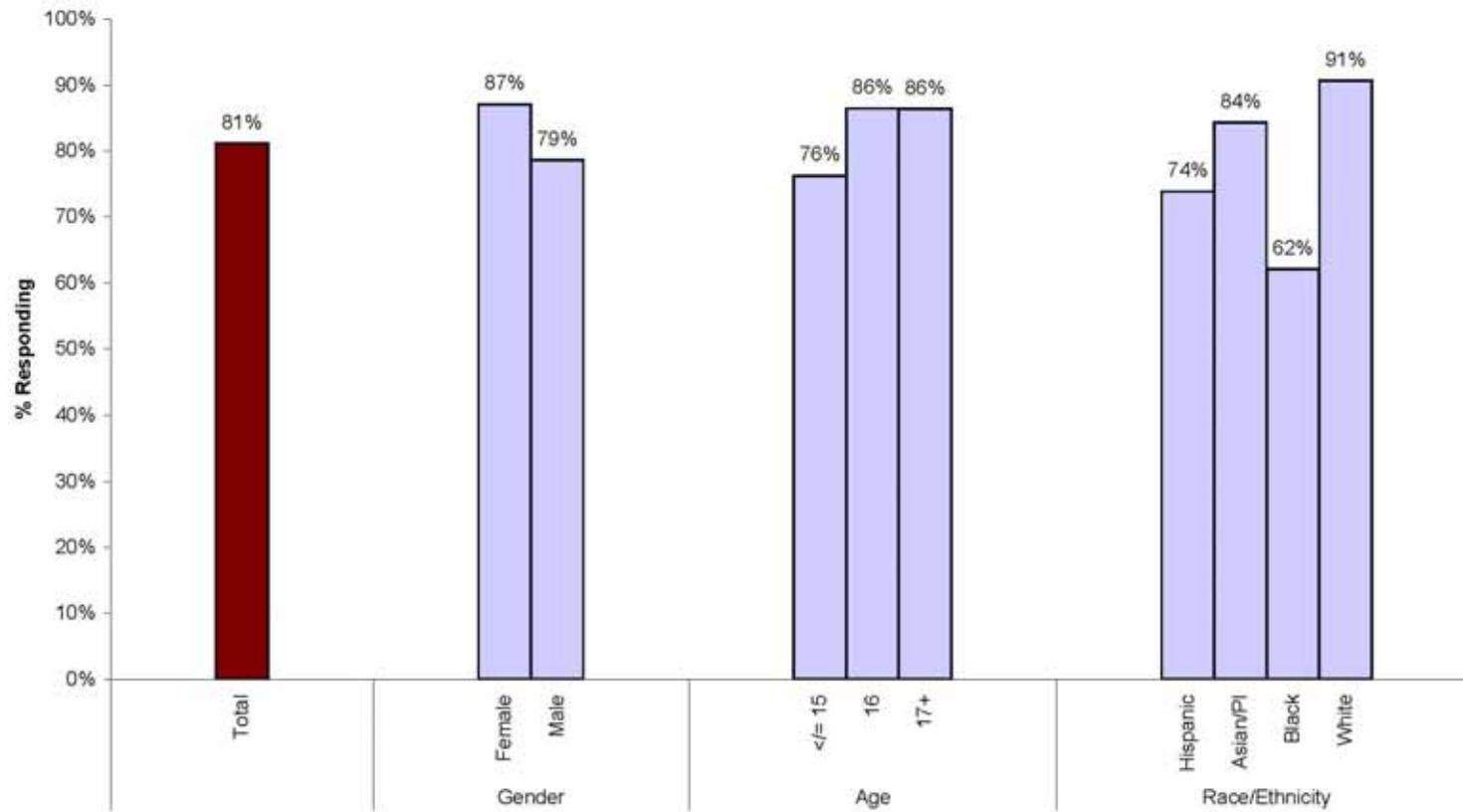
**#52\_1: Which of the following is closest to your beliefs:  
It is okay to have sex if you are in a committed relationship**



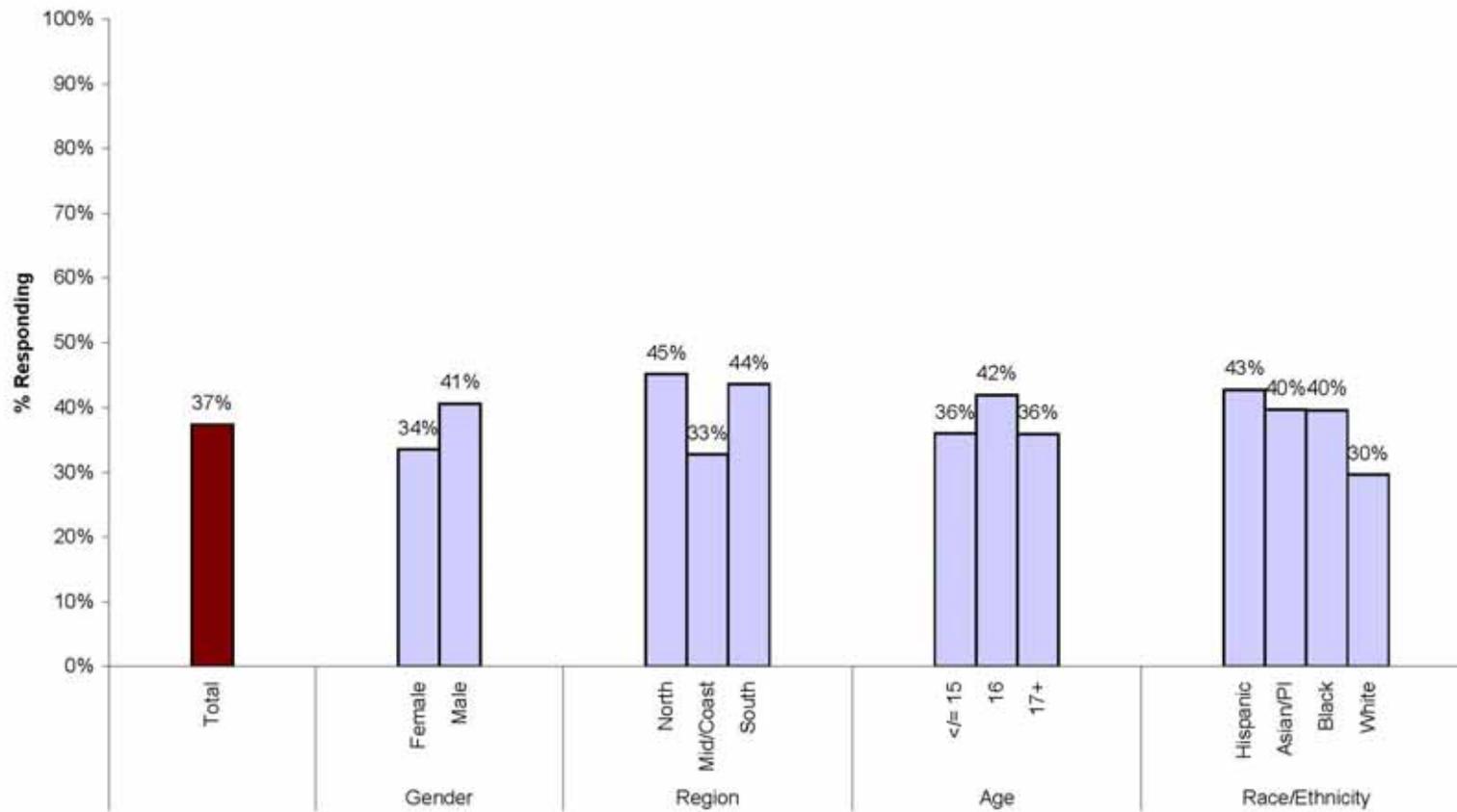
#62: Have you ever had sex while drinking or high?



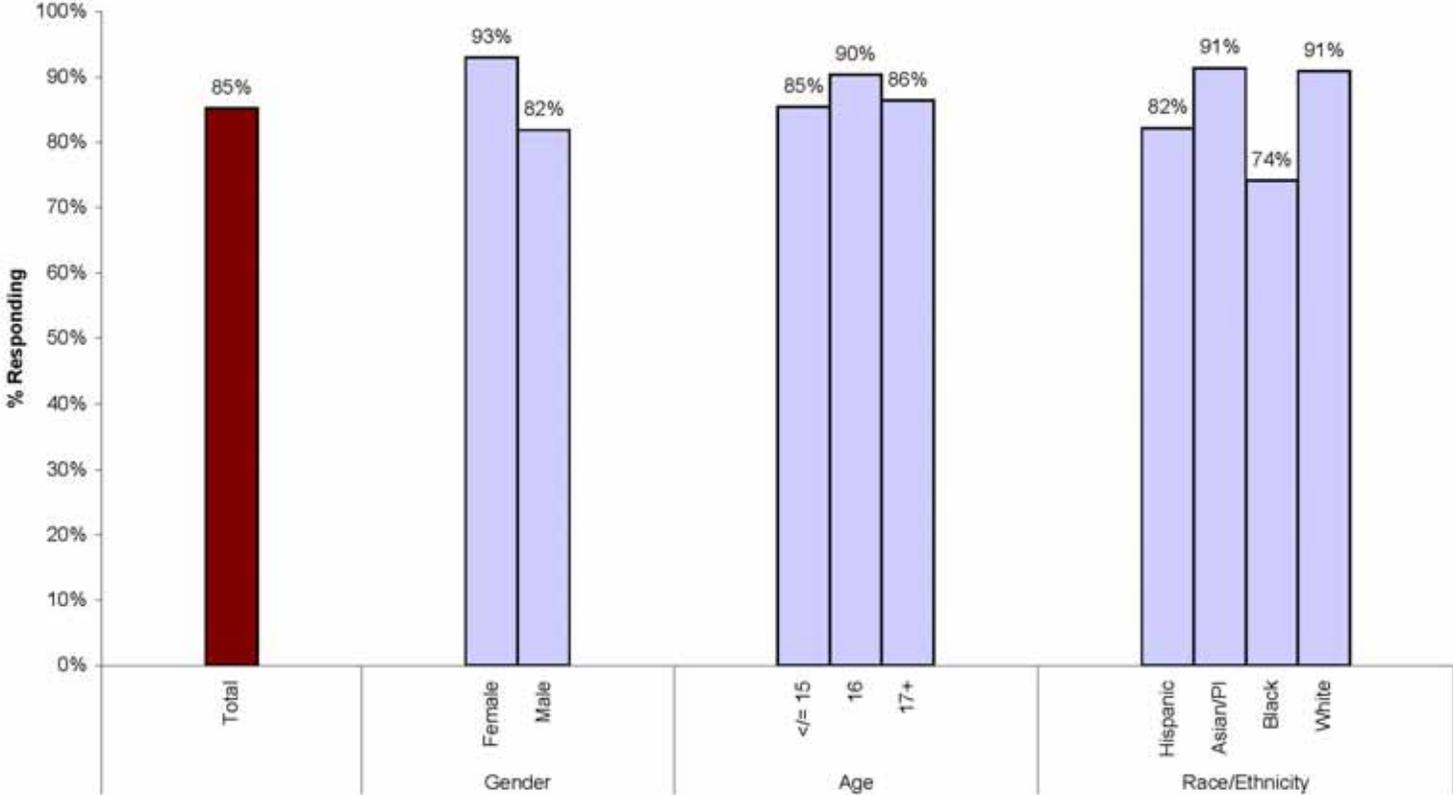
**#69: I am making informed personal decisions about sex and sexuality.**



**#71: Parents should be able to excuse their son/daughter from sex/sexuality education.**



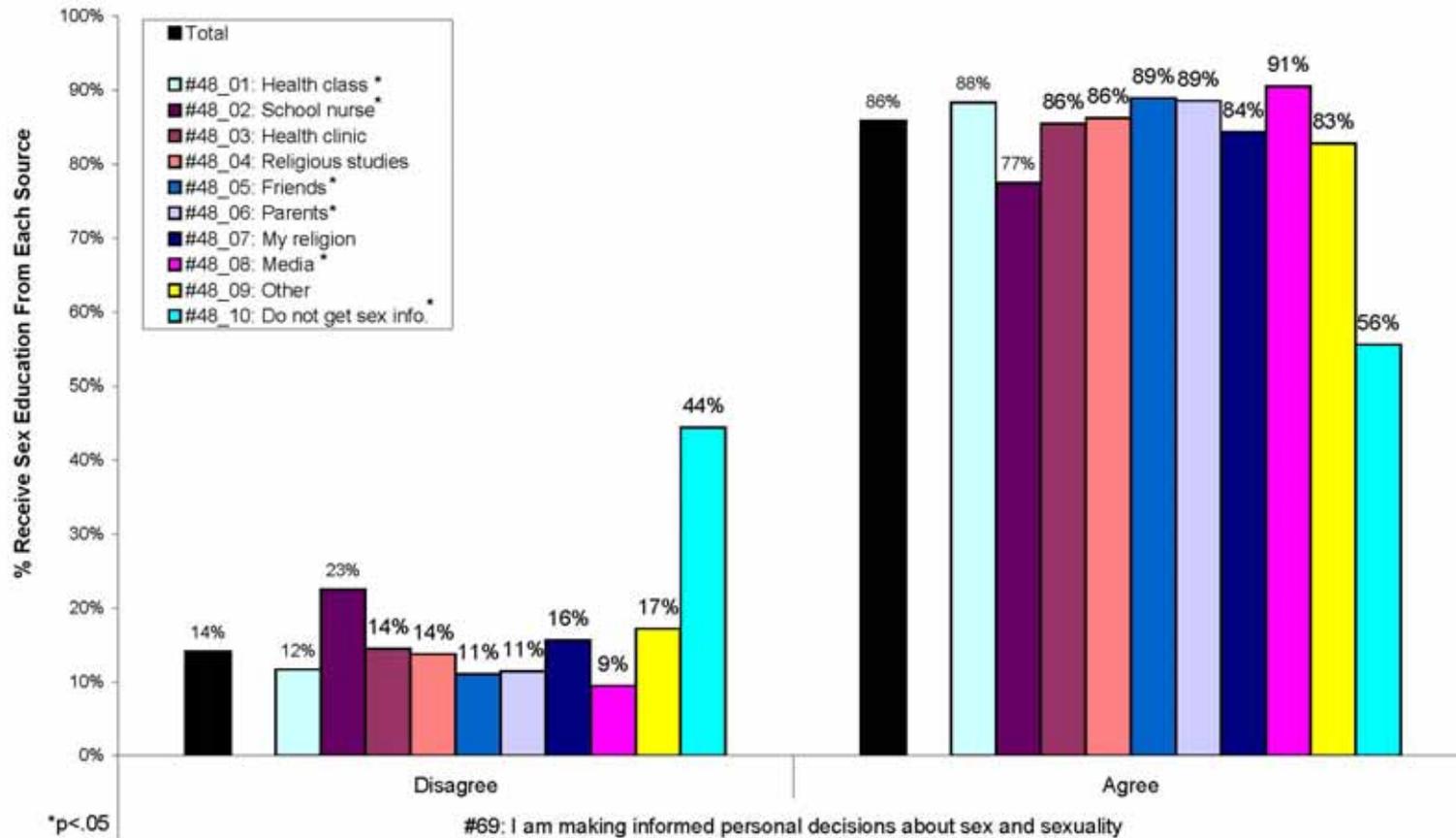
#72: Sexually active youth should get tested for STDs, HIV, and/or AIDS.



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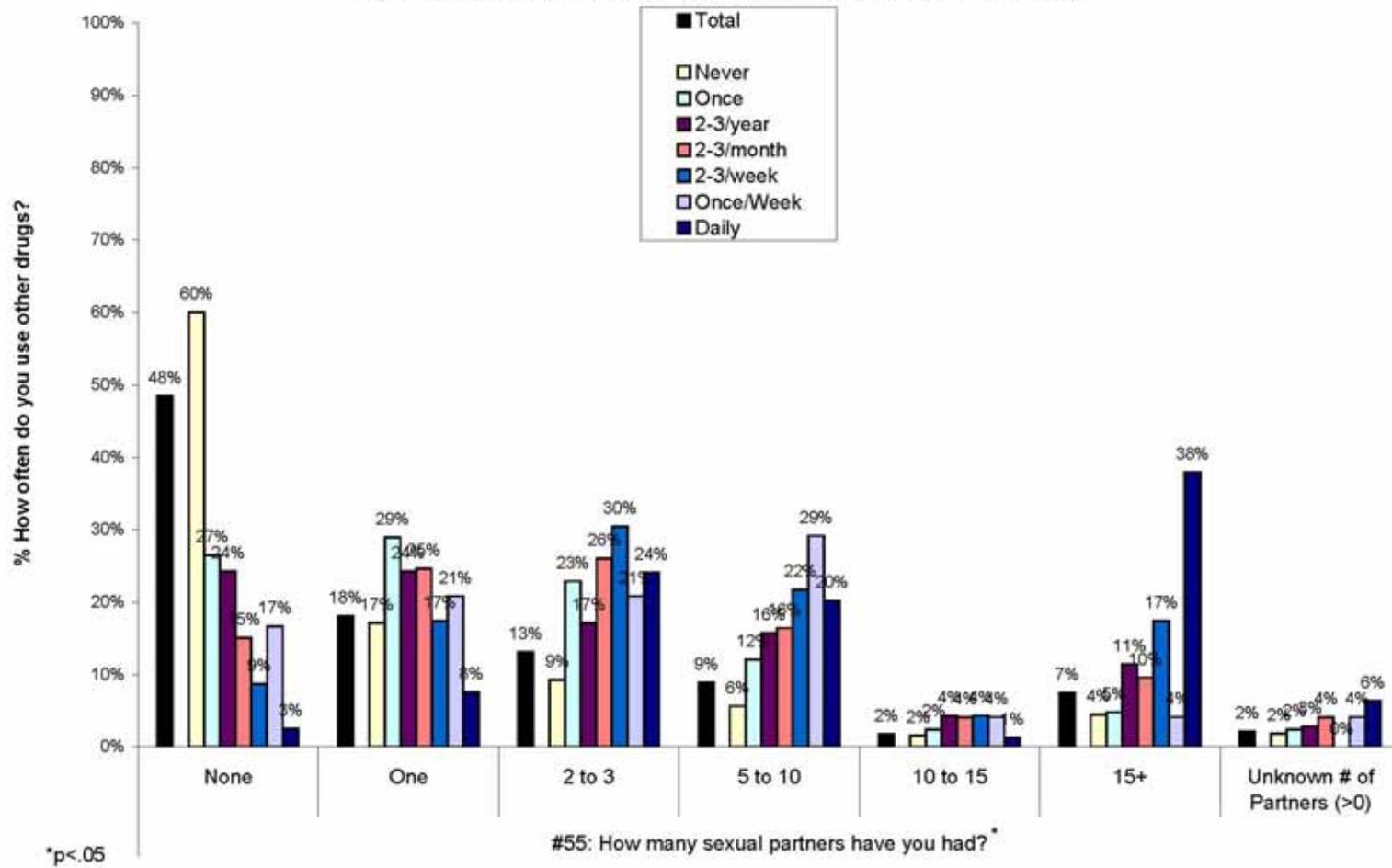
**#69: I am making informed personal decisions about sex and sexuality**

Hypothesis 3: Youth who receive sex ed are more likely to make informed decisions (about sex) than those without sex ed.



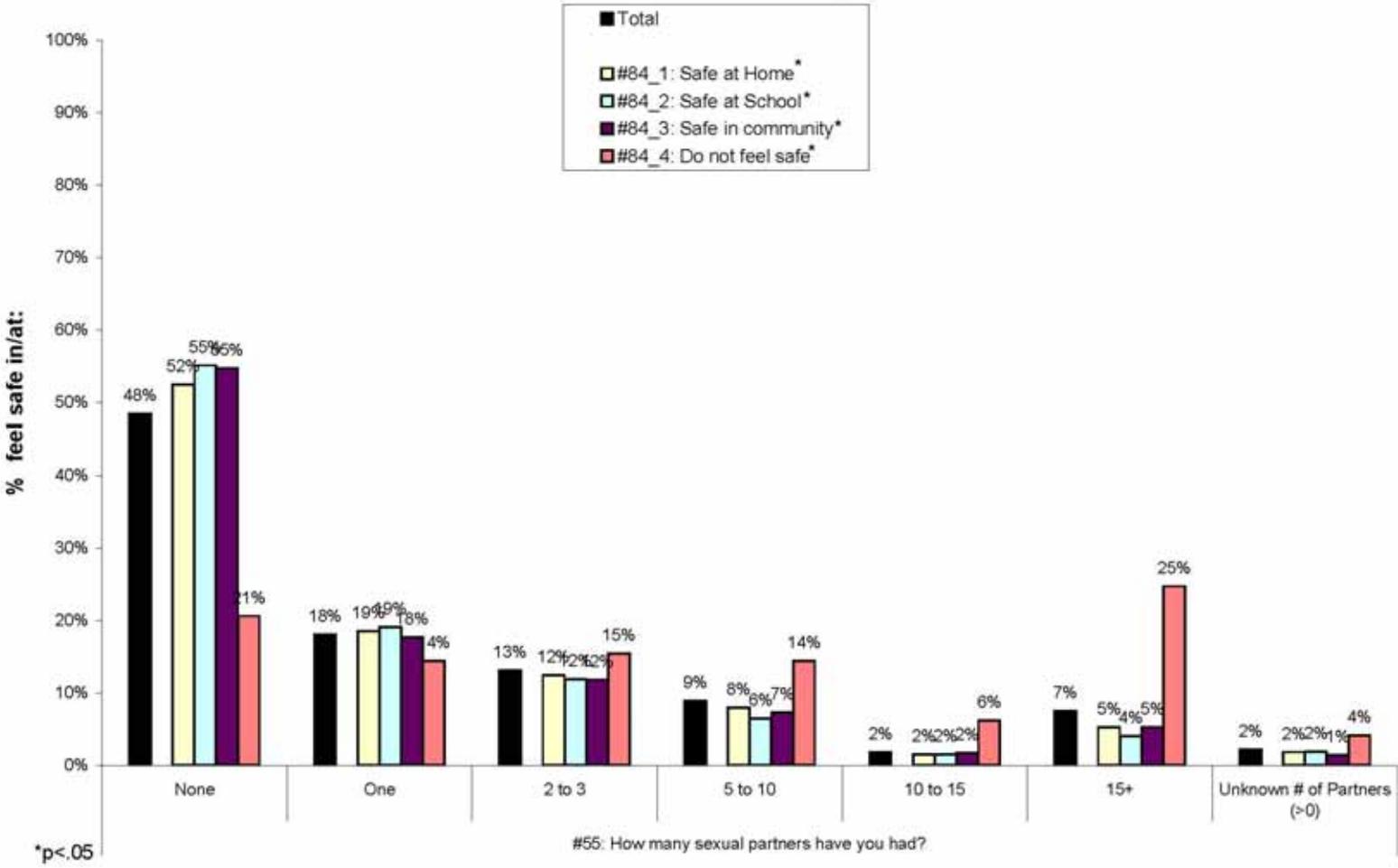
### #55: How many partners have you had?

Hypothesis 7: Drug abusers are more likely to have sex than youth who do not use drugs.



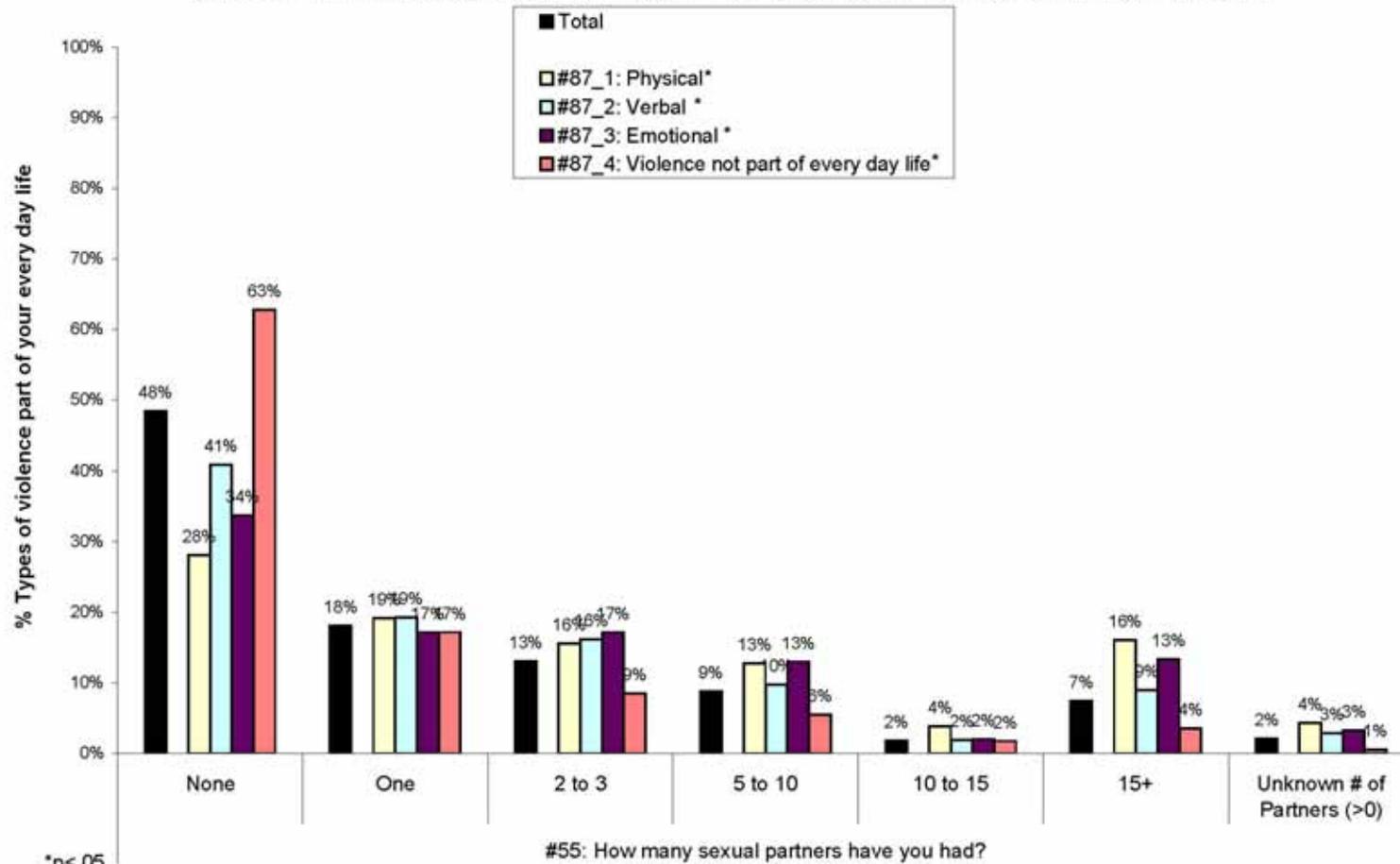
**# 55: How many partners have you had?**

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.



### # 55: How many partners have you had?

Hypothesis 8: Youth who have experienced and/or inflicted violence are more likely to be sexually active than those who have not.



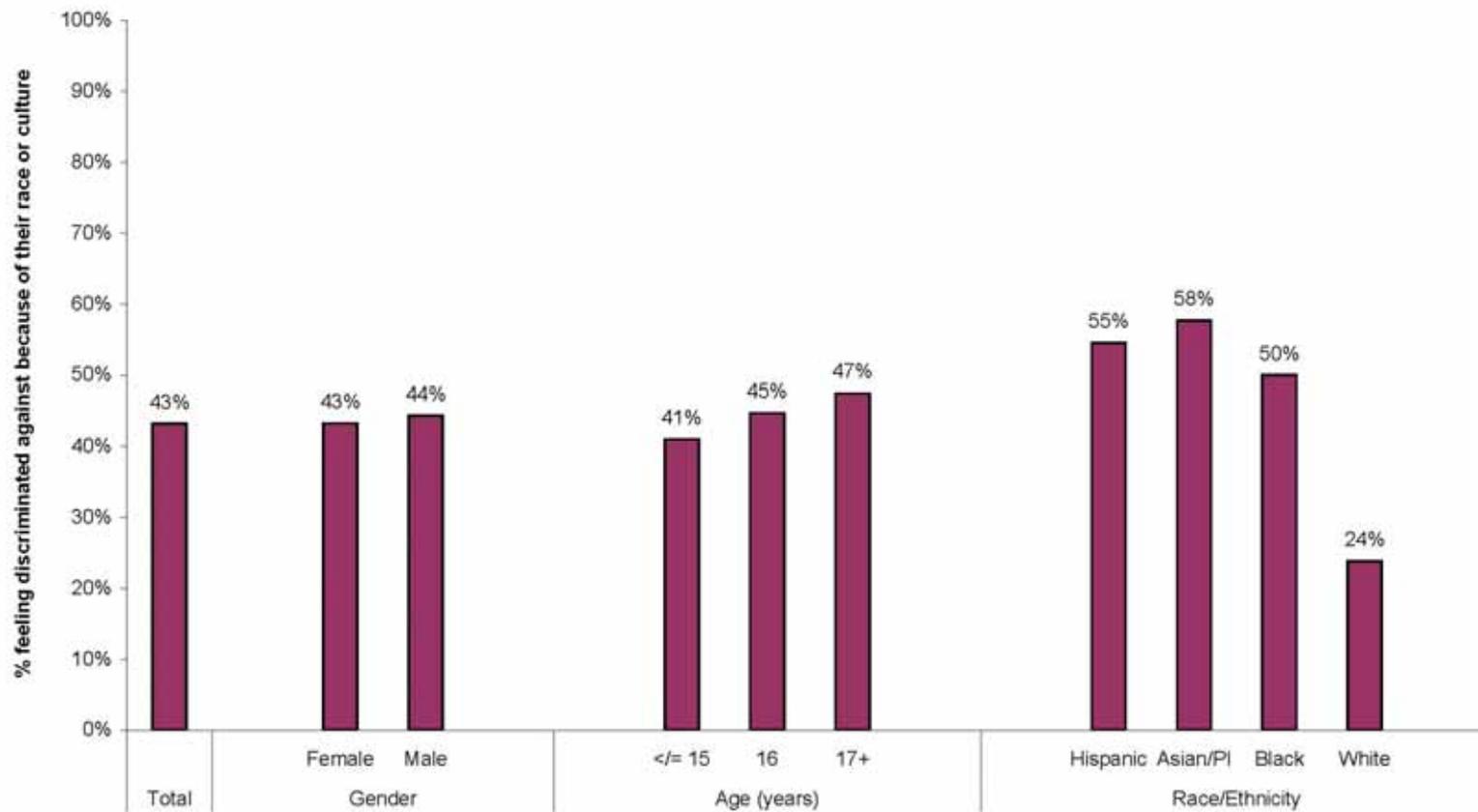
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# Discrimination

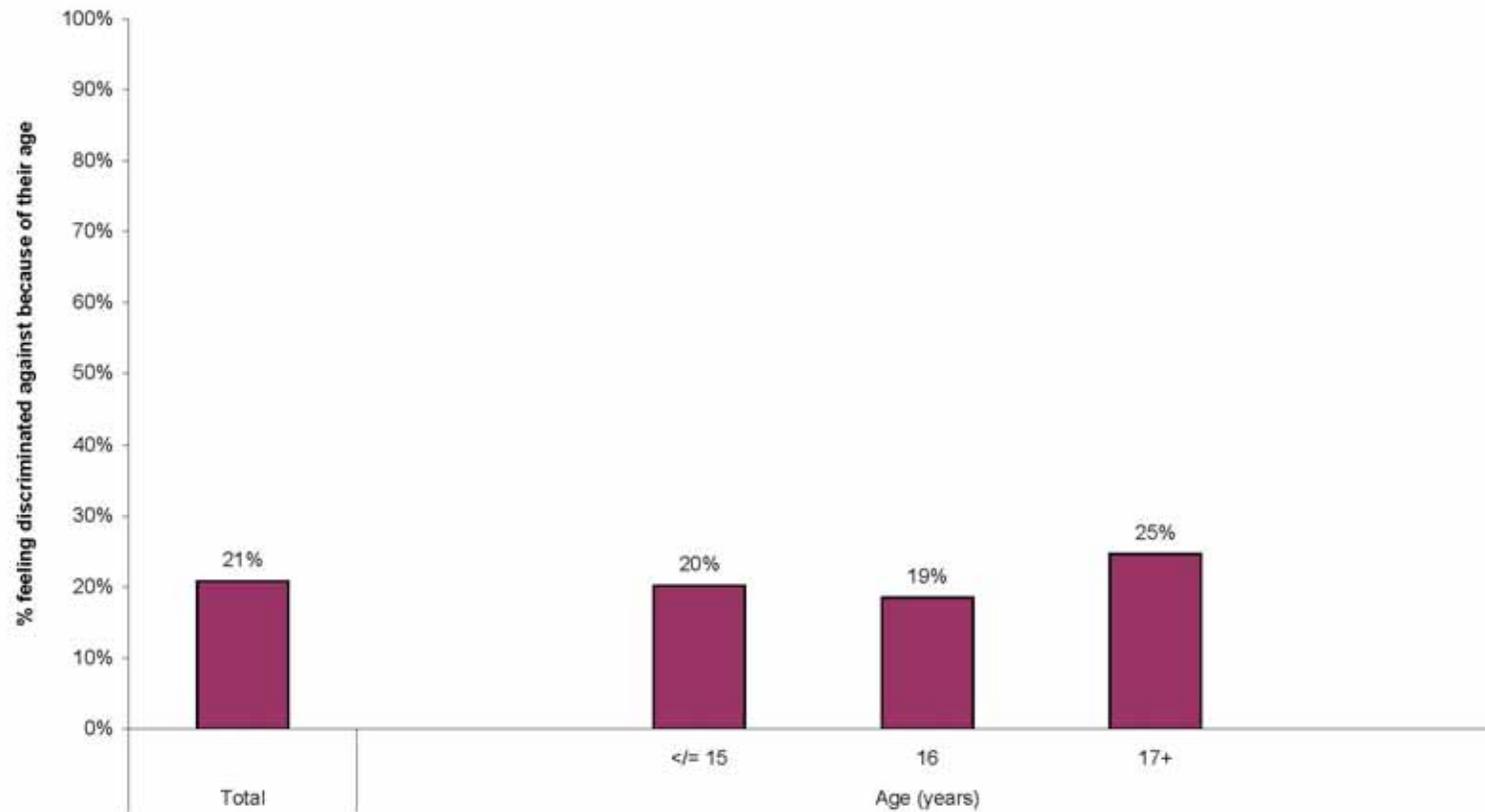
Questions 74 through 82

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**#78\_1: Feel discriminated against because of my: Race or culture**

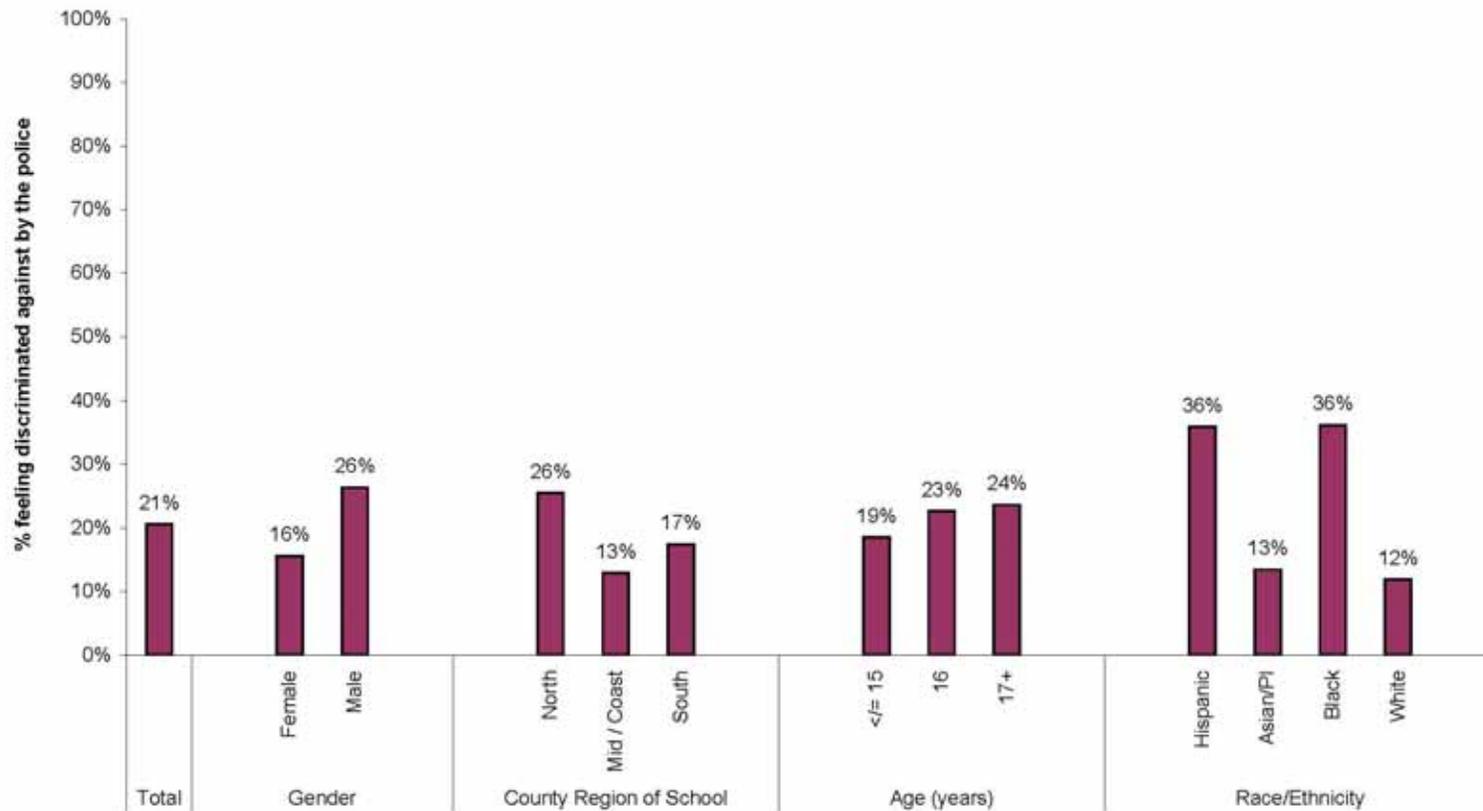


### #78\_7: Feel discriminated against because of my: Age



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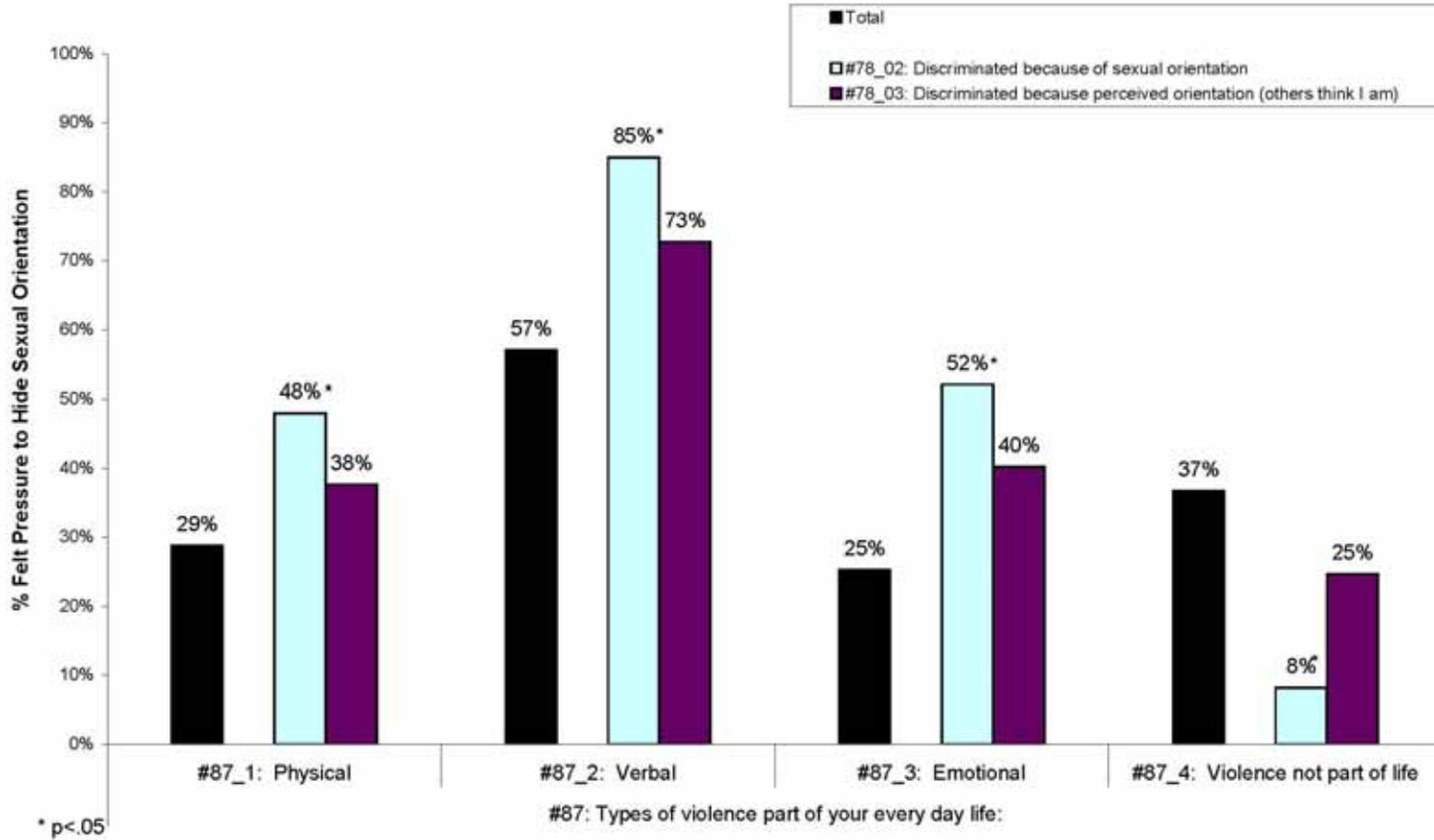
**#80\_4: Who do you feel discriminates against you: Police**



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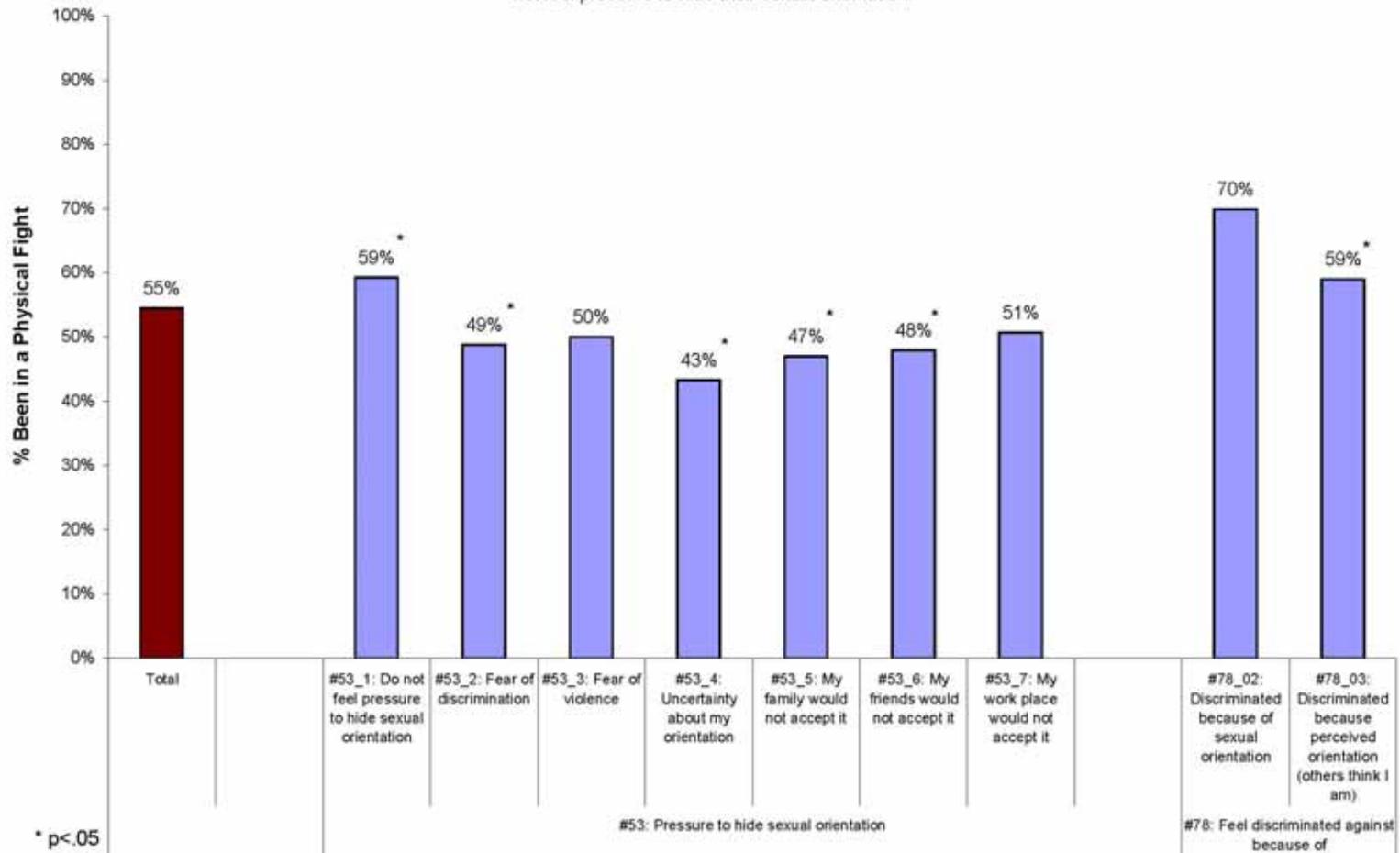
**#87: Types of violence part of your everyday life:**

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.



### #89: Have you been in physical fight?

Hypothesis 4: Youth who feel pressure to hide their sexual orientation are less likely to effectively deal with conflicts than those who do not feel pressure to hide their sexual orientation.



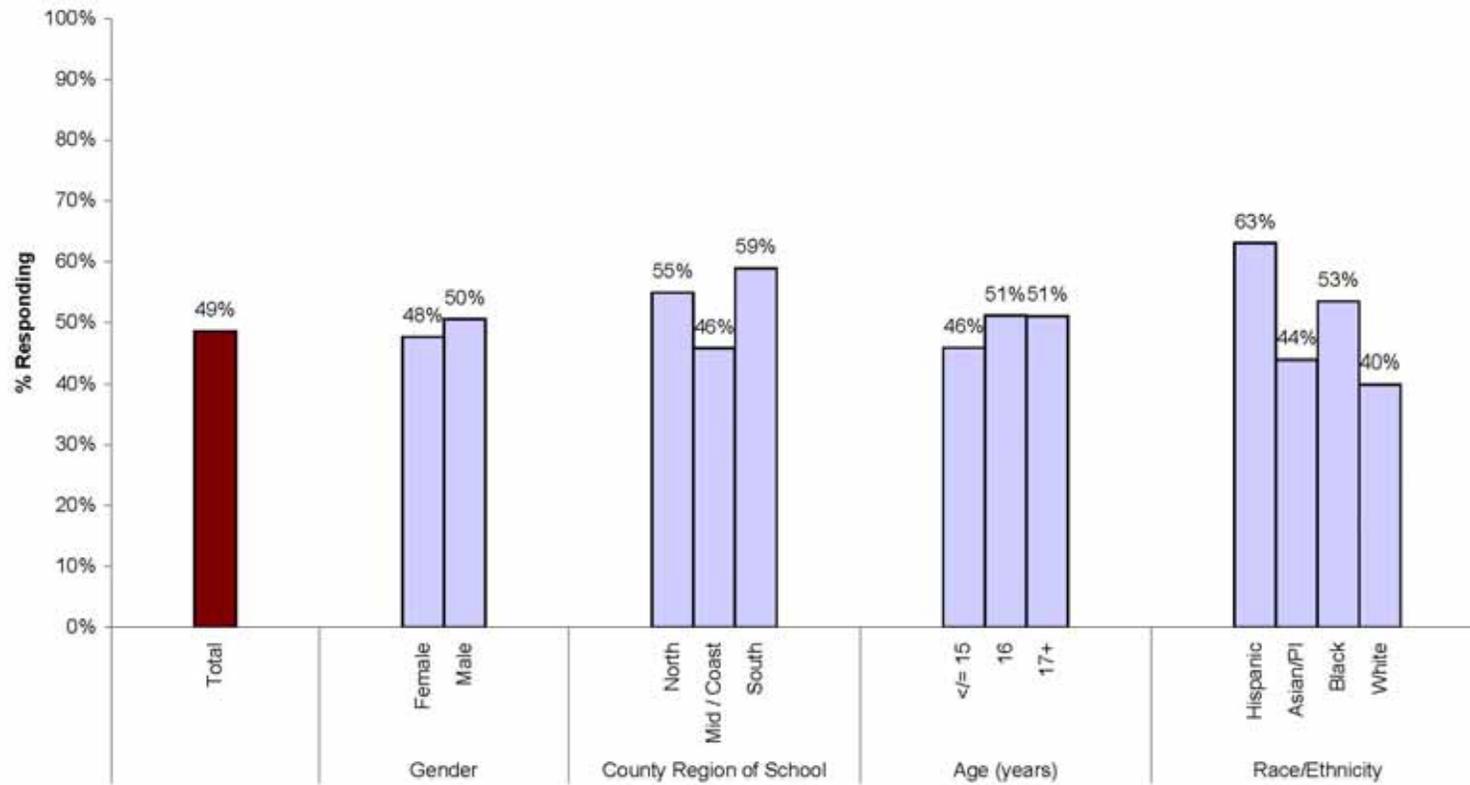
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# Violence

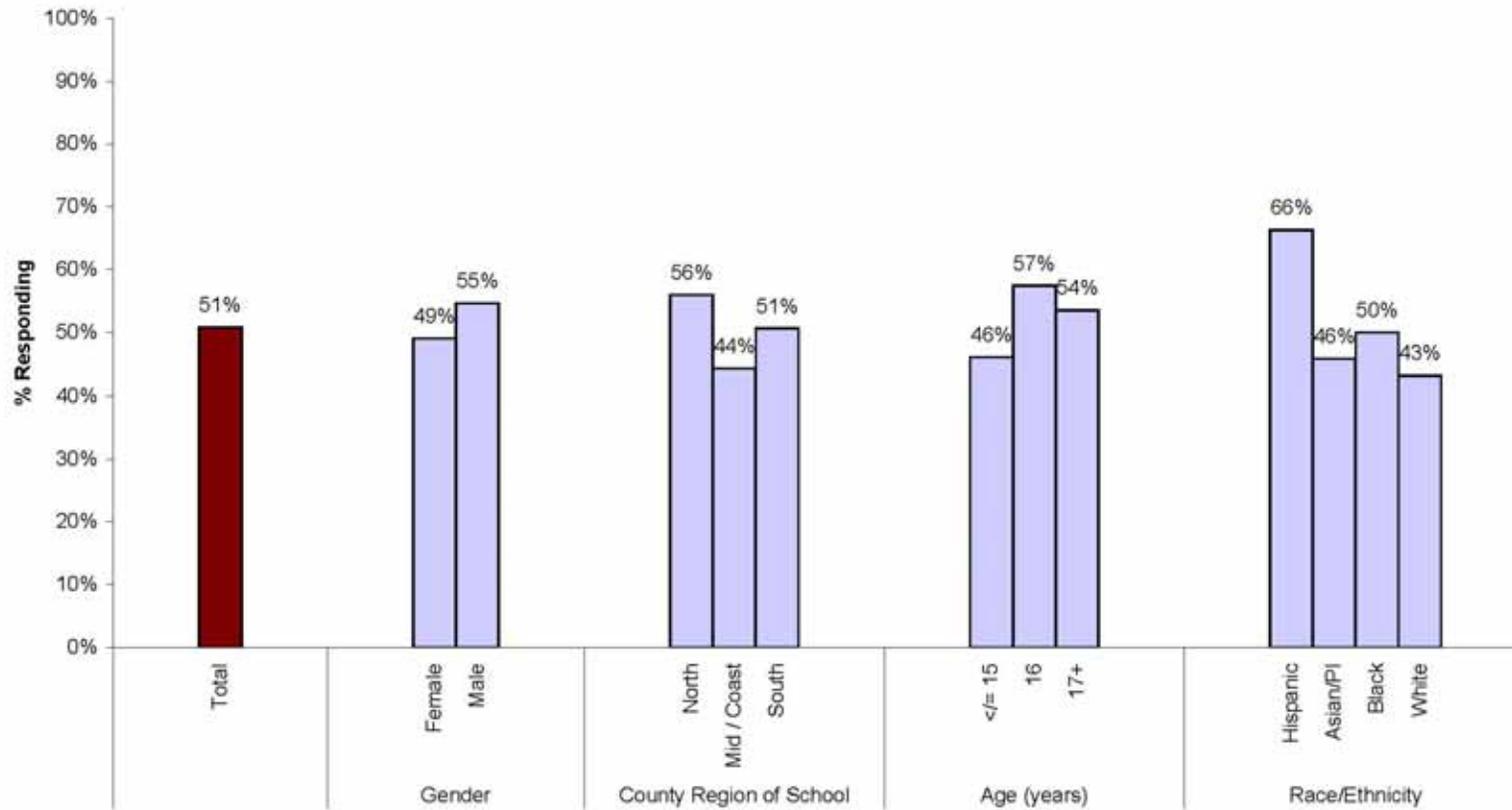
Questions 83 through 108

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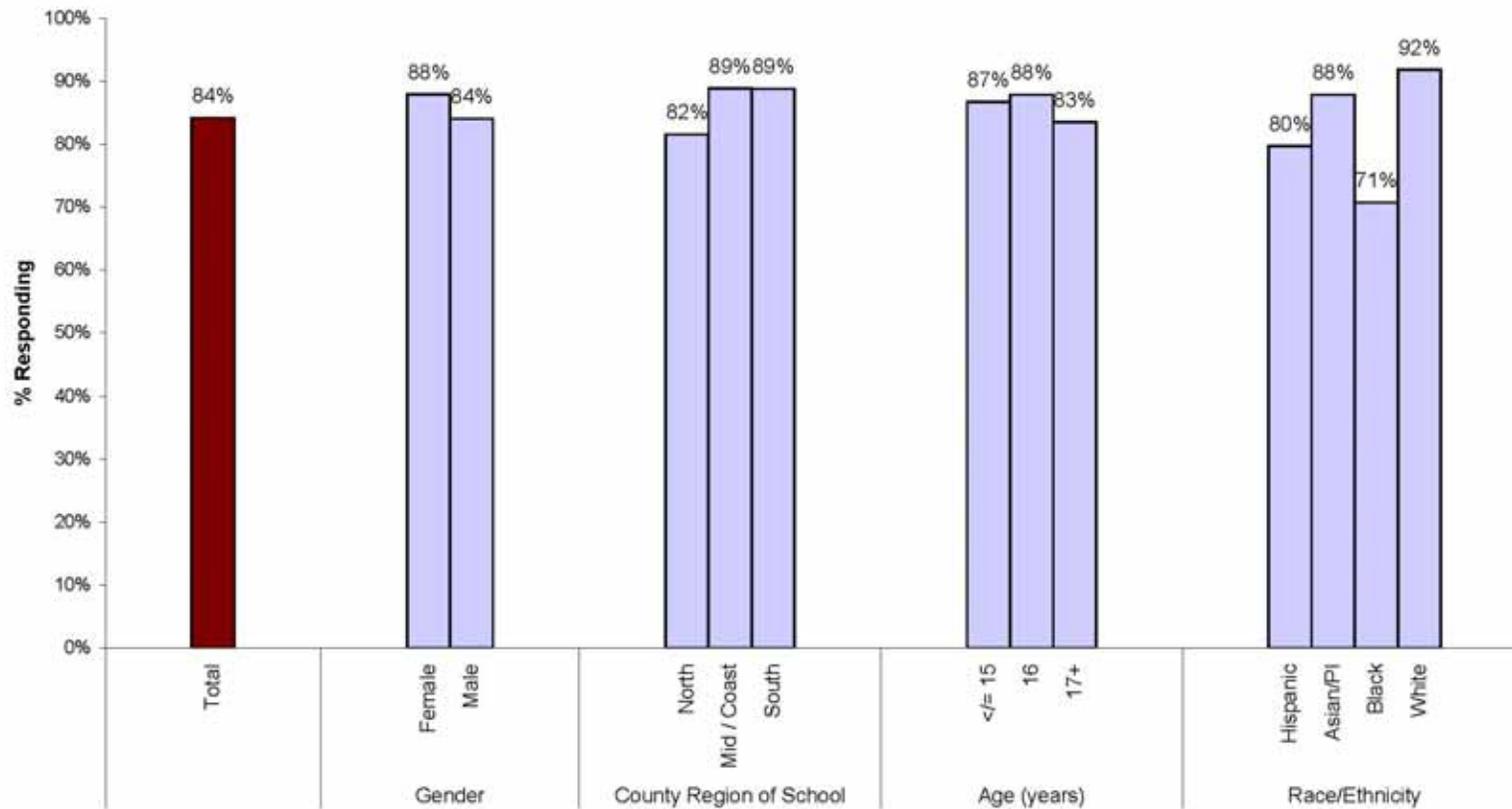
**#83: There is violence in/at:  
My school**



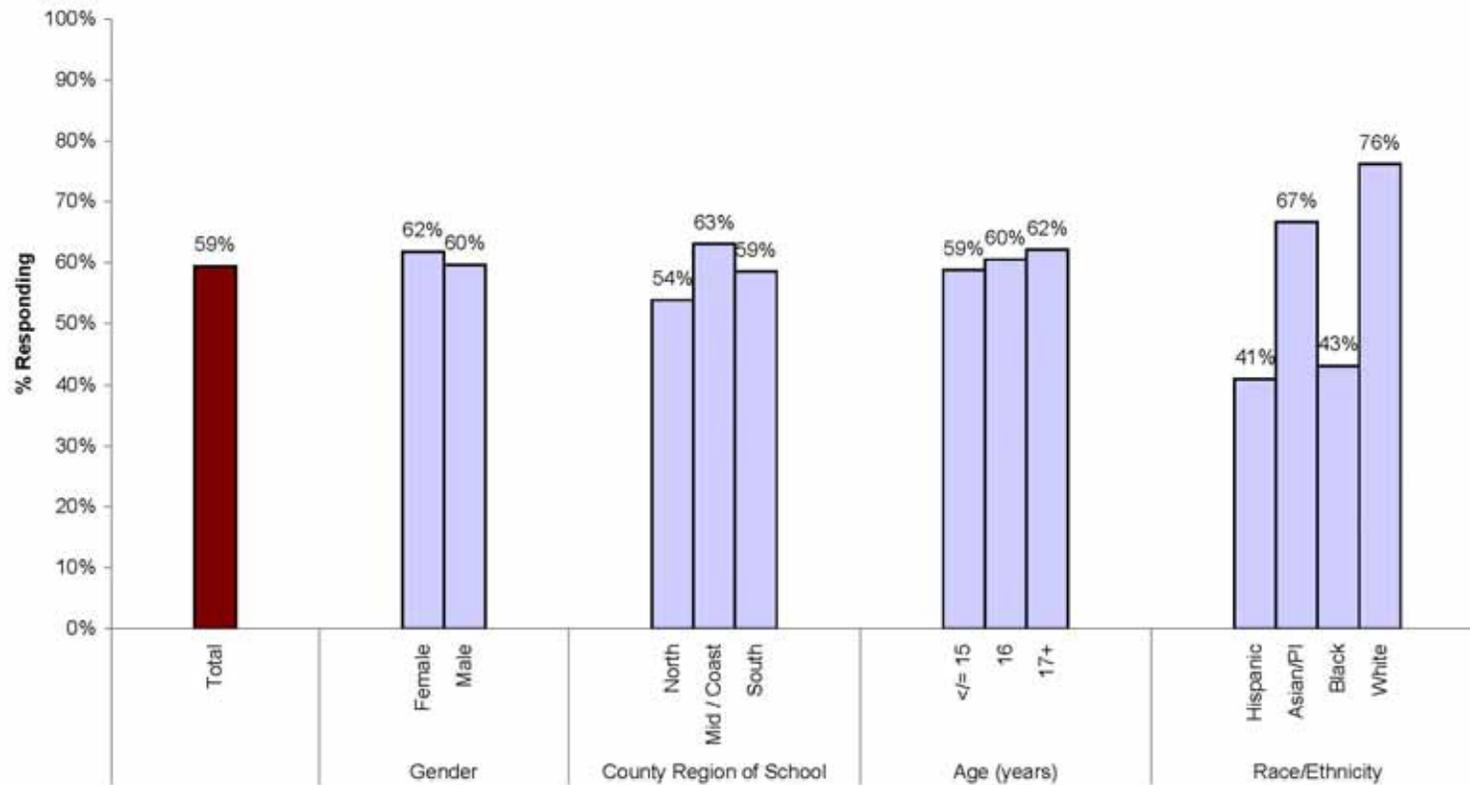
**#83\_2: There is violence in/at:  
My community**



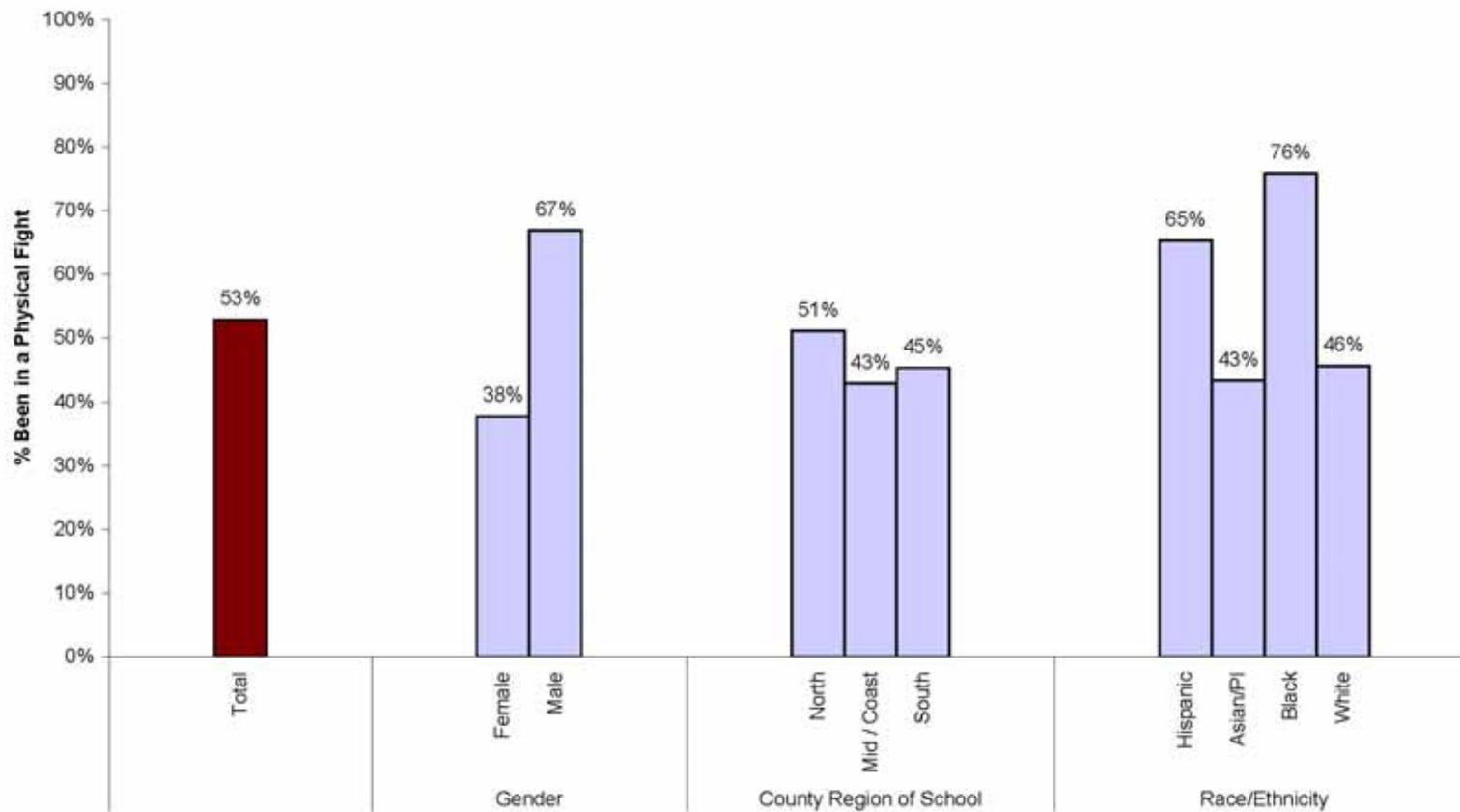
**#84\_1: I feel safe in/at:  
Home**



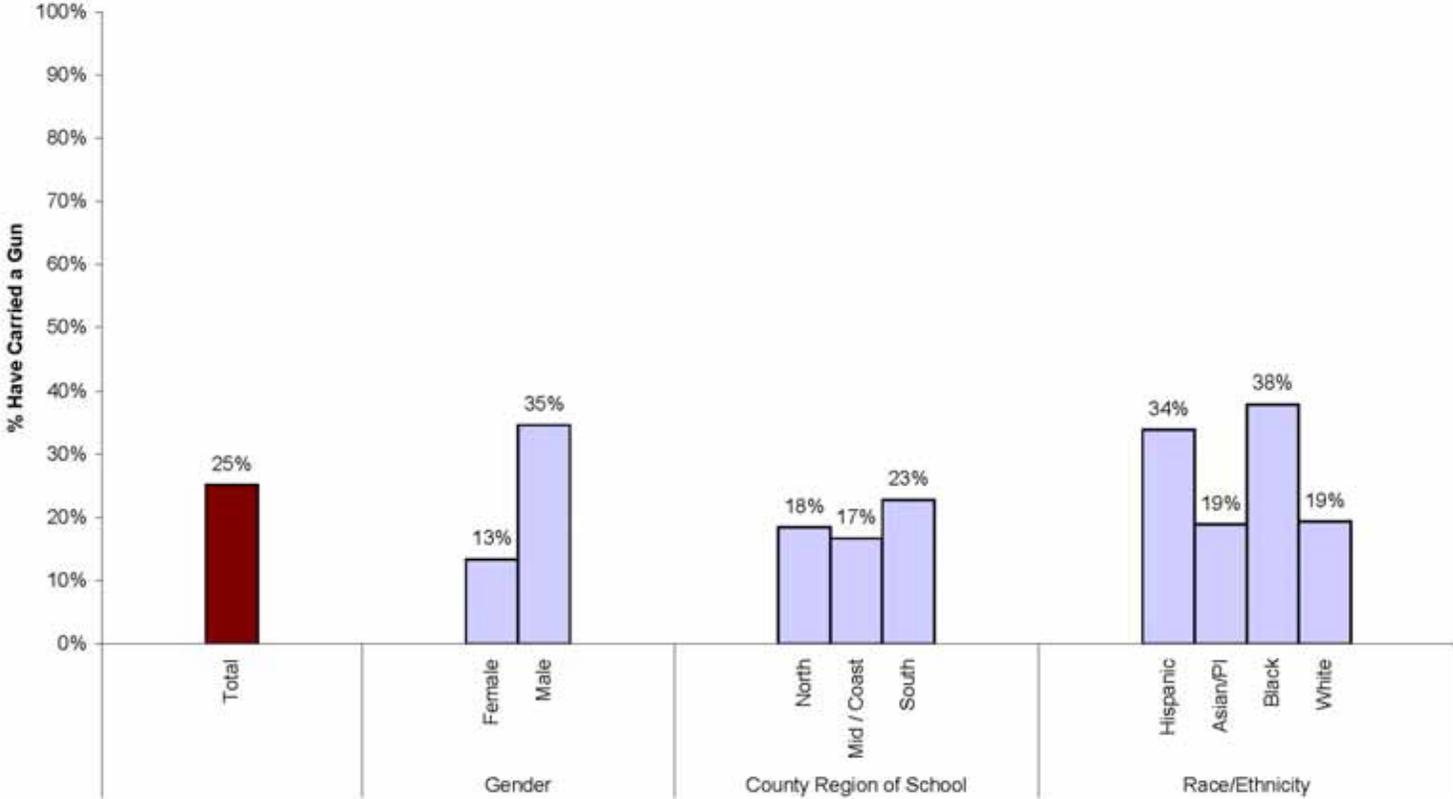
**#84\_2: I feel safe in/at:  
School**



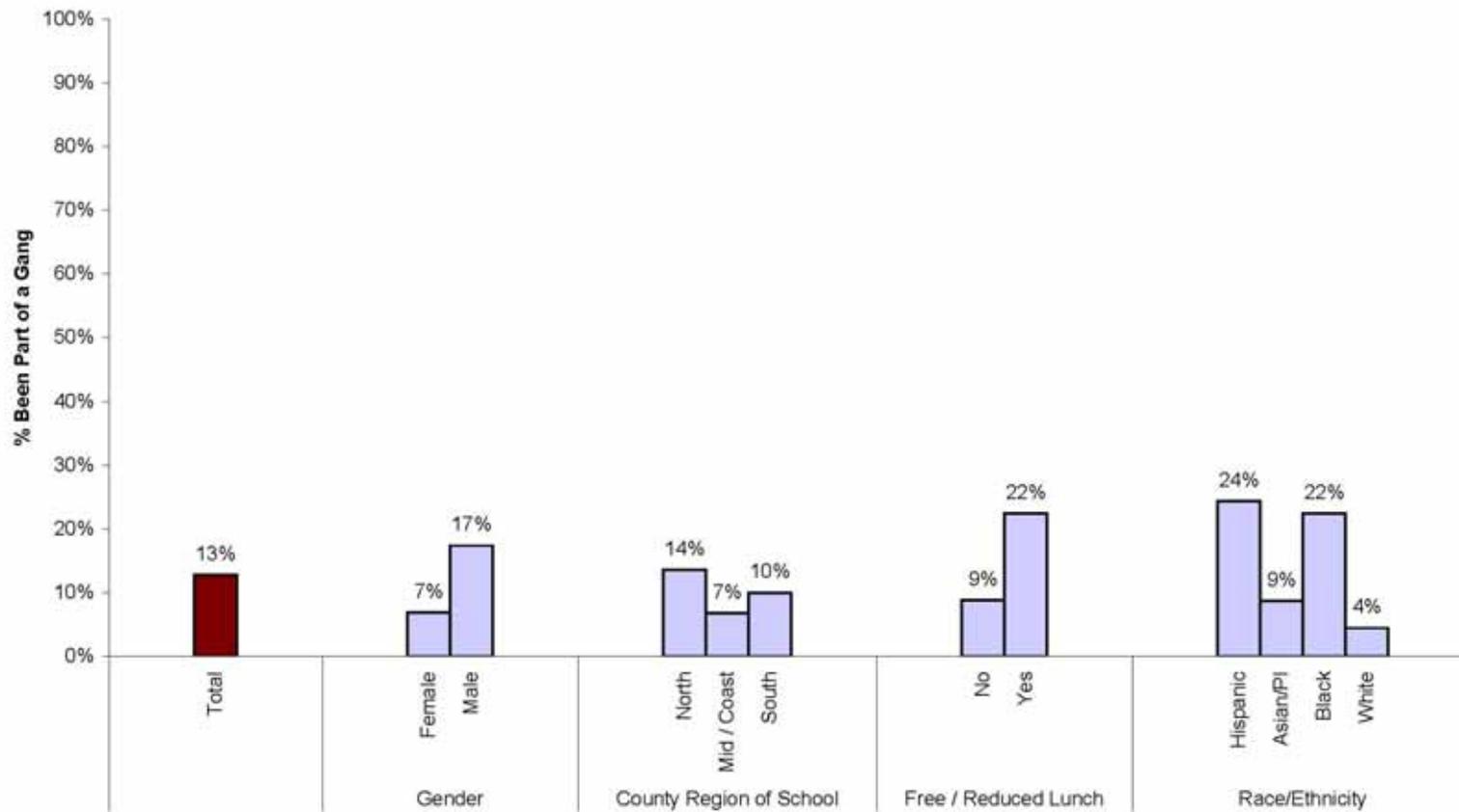
**#89: Have you ever been in a physical fight?**



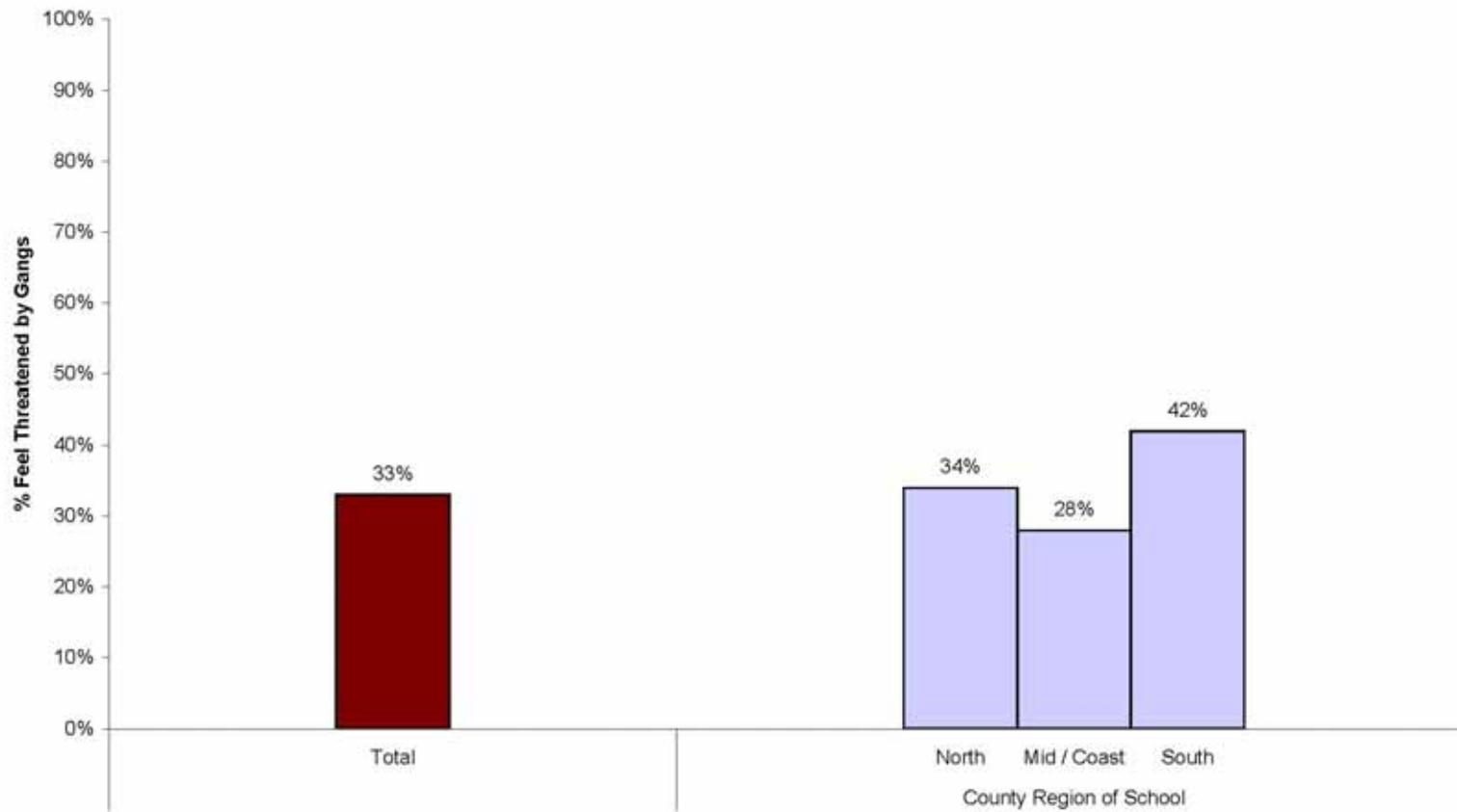
#91: Have you ever carried a gun?



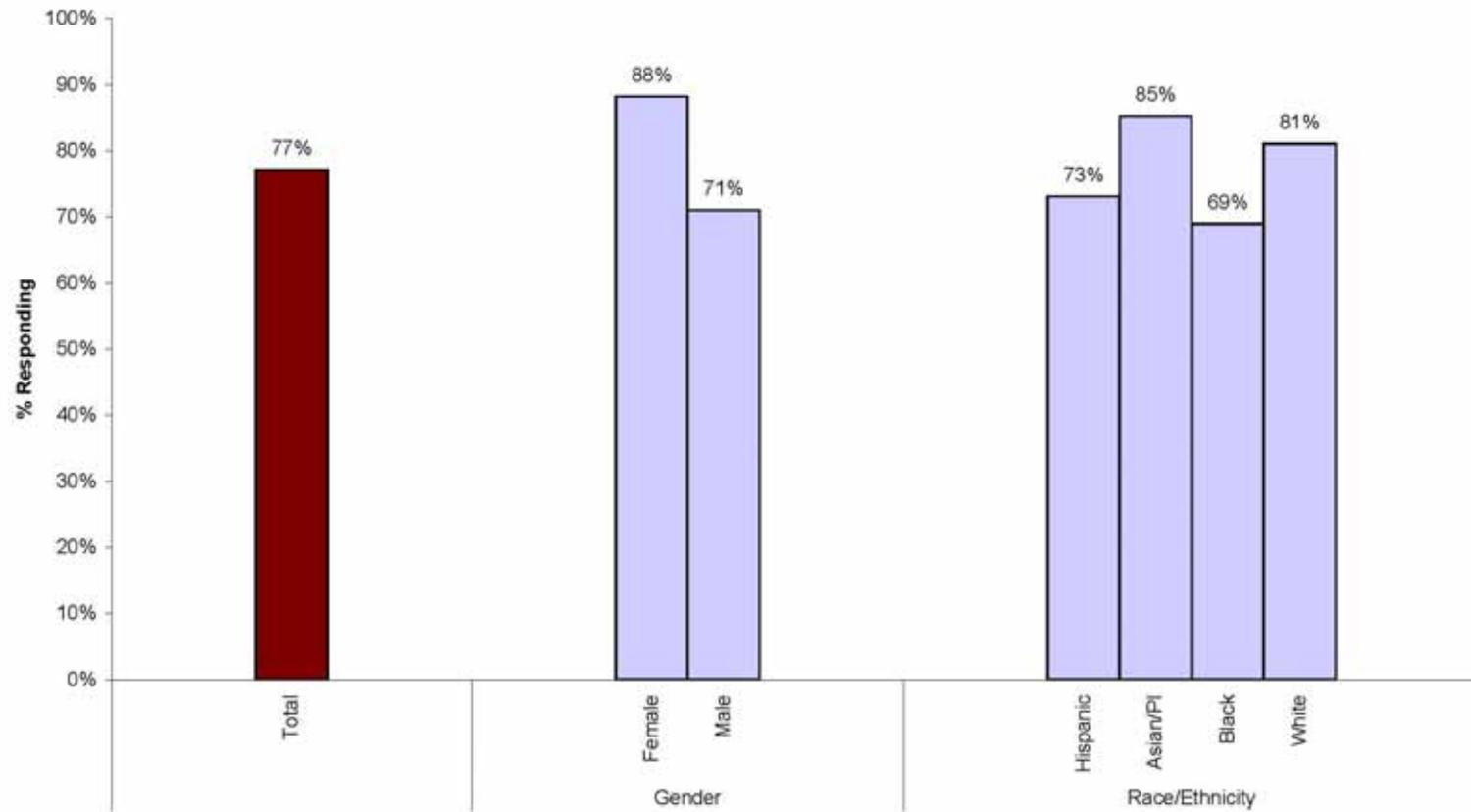
#93: Have you ever been part of a gang?



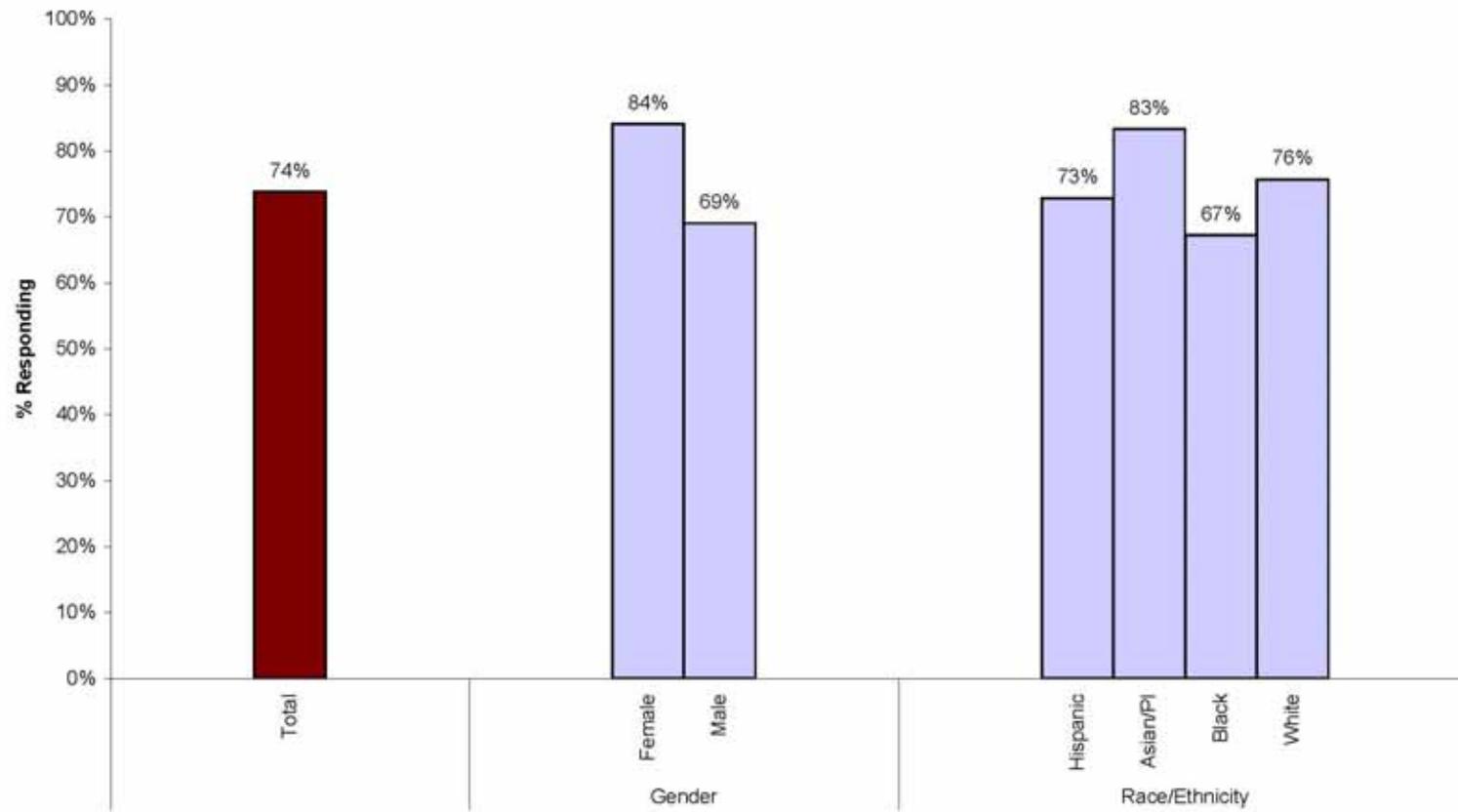
**#96: Do gangs in your community make you feel threatened?**



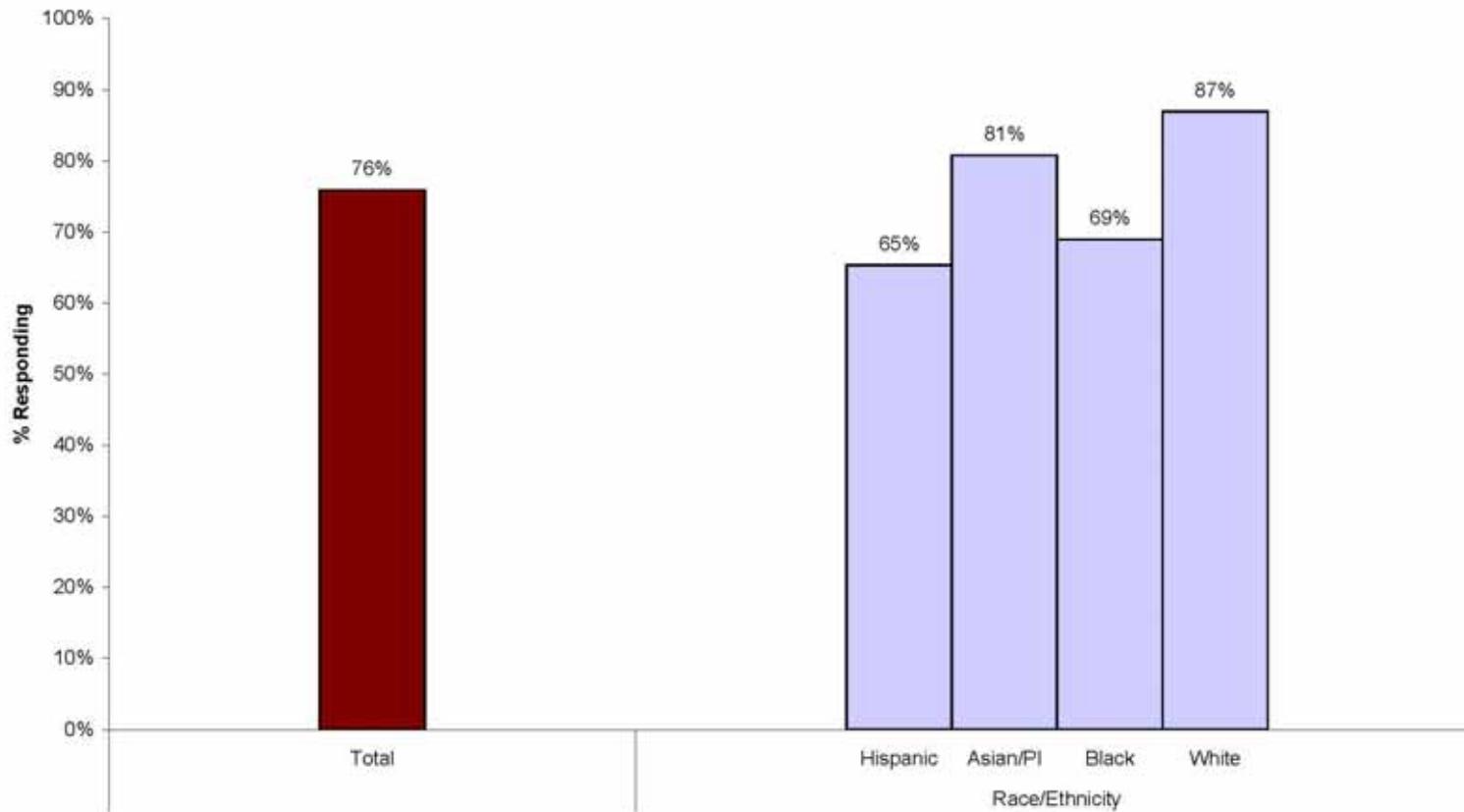
**#97: Youth need education about violence prevention.**



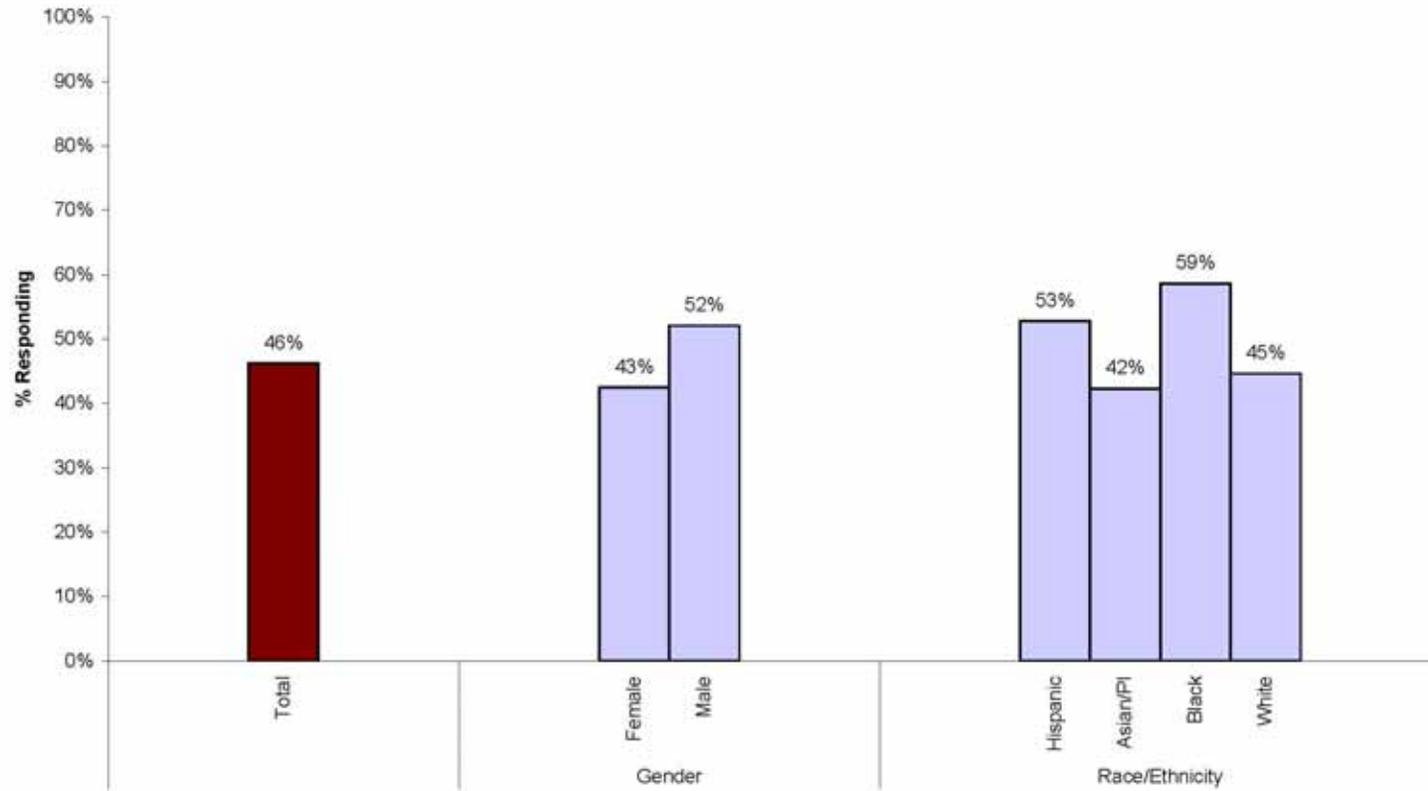
**#98: Youth need more gang prevention programs.**



**#100: I know non-violent ways to deal with conflict.**

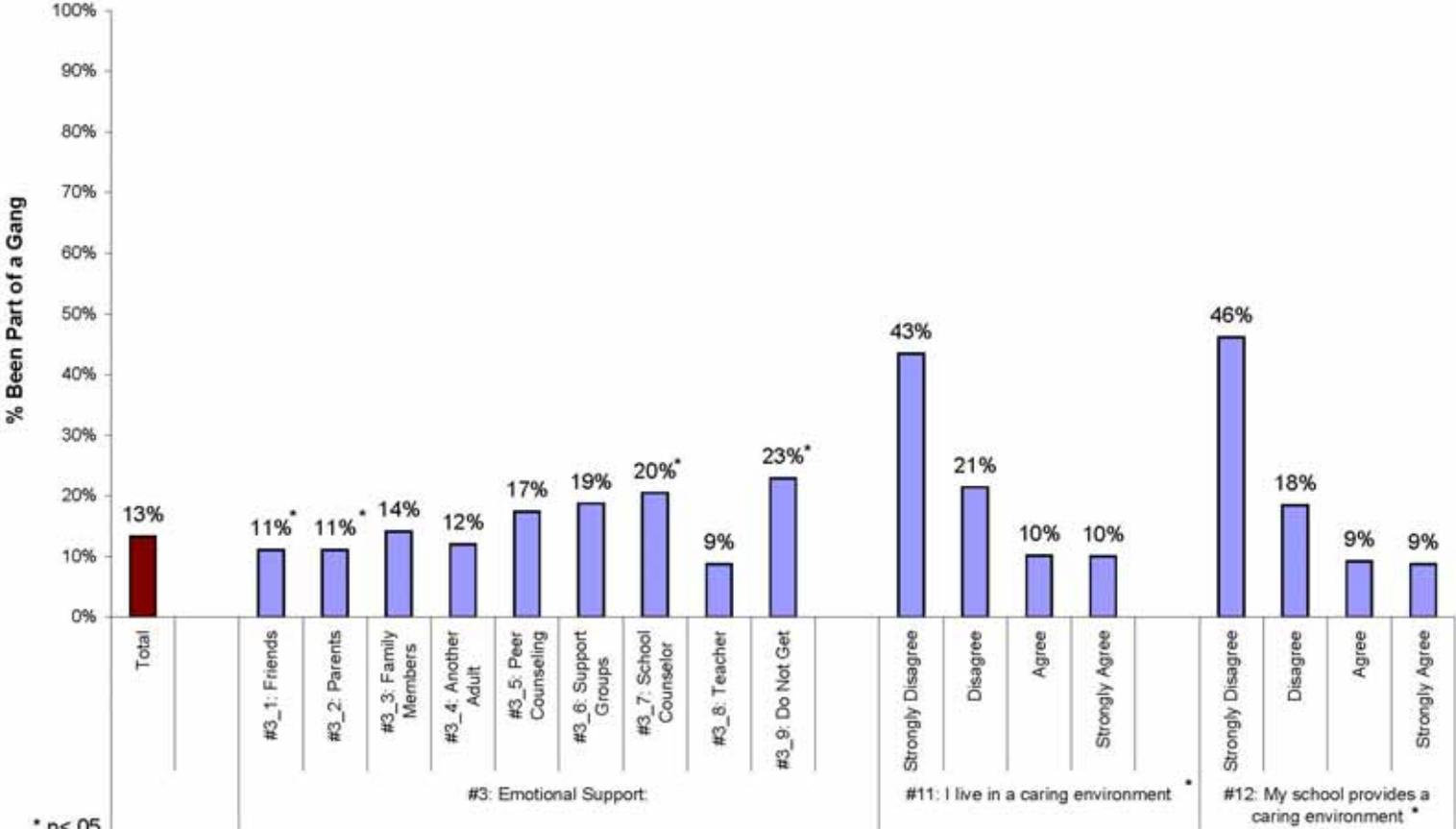


**#102: My peers accept violent behavior.**



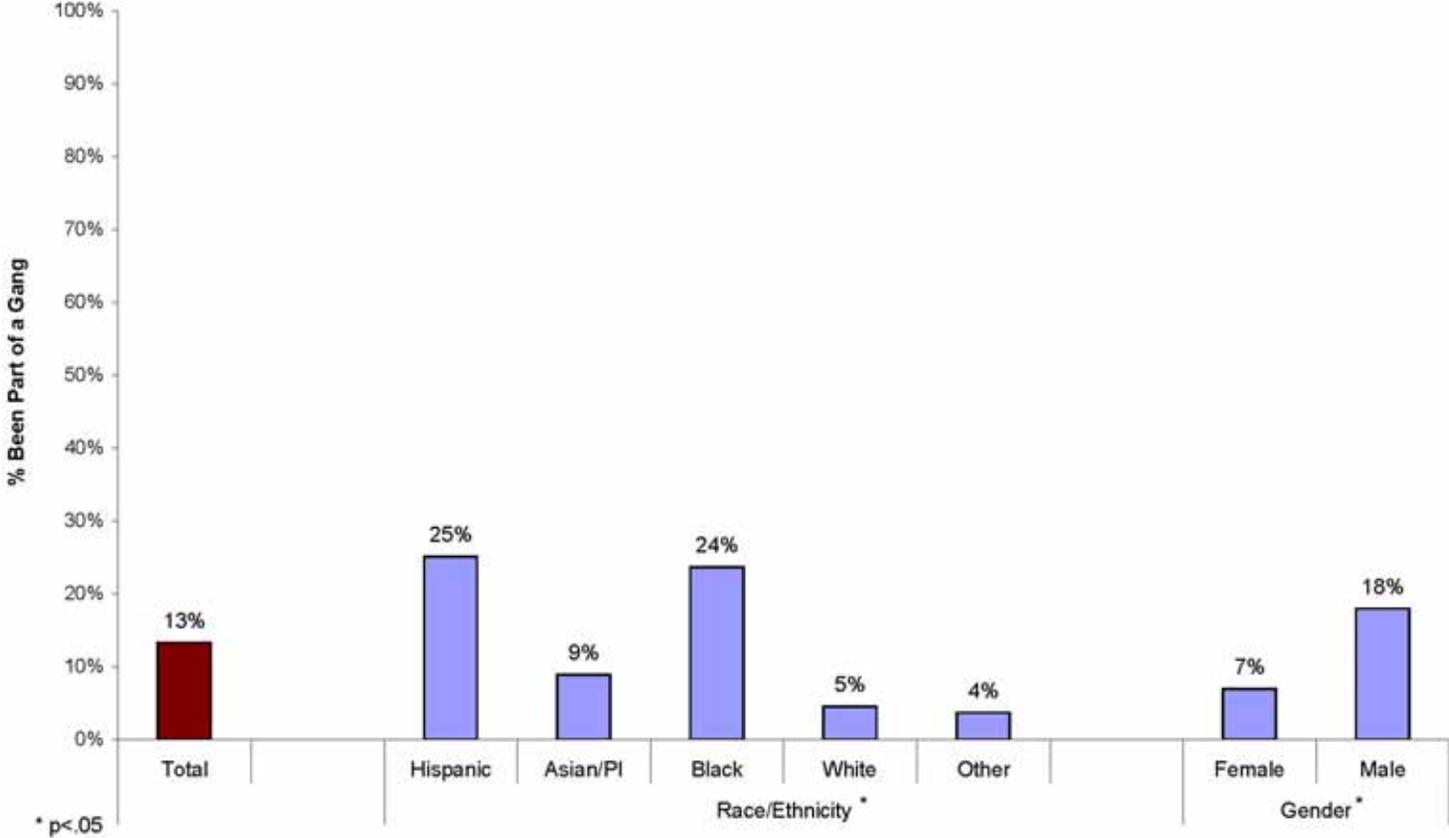
**#93: Have you been part of a gang?**

Hypothesis 2: Youth who do not get emotional support are more likely to join gangs than those with emotional support.



**#93: Have you been part of a gang?**

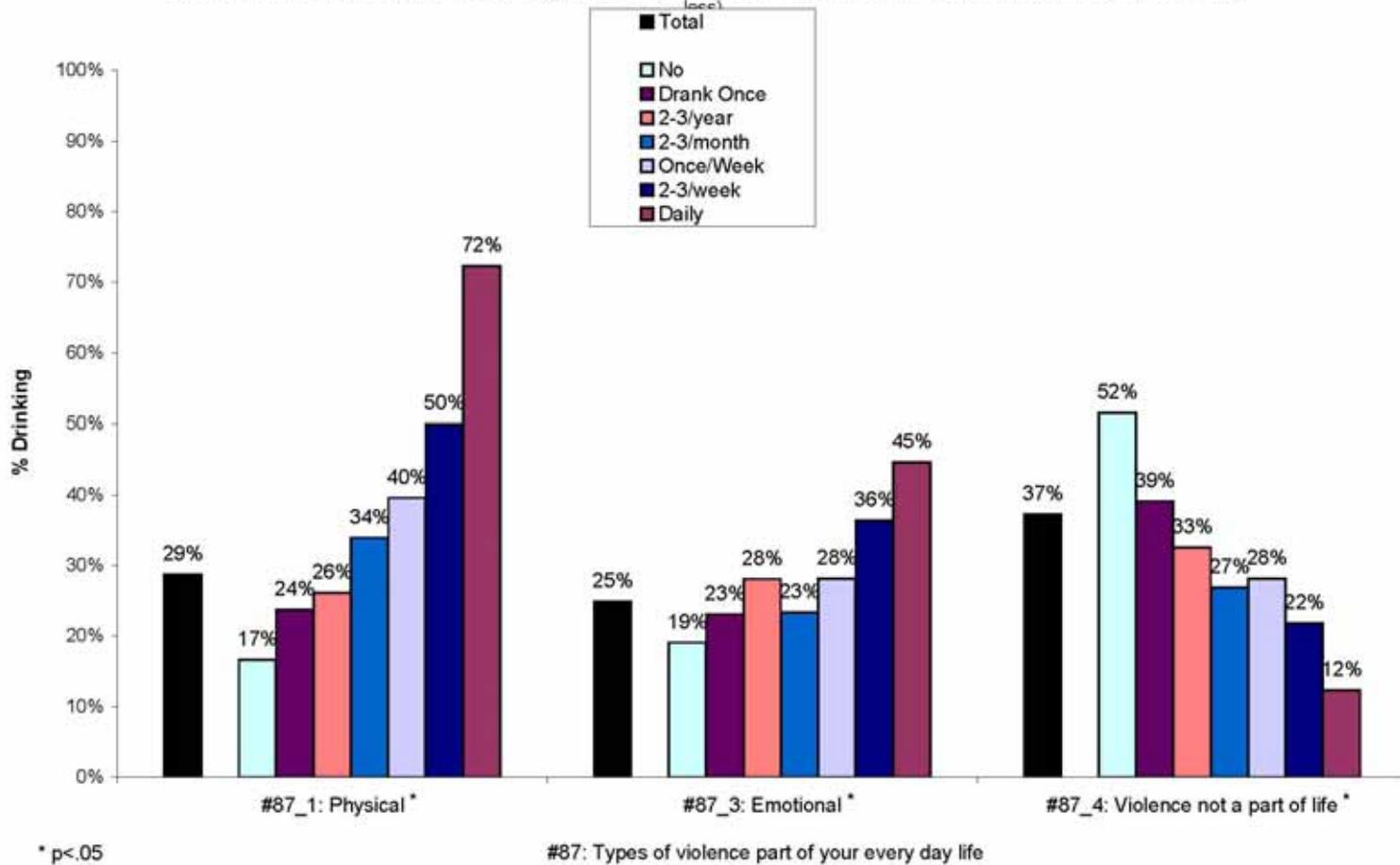
Hypothesis 4: Boys and nonwhites are more likely to be gang members than whites and girls.



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**#87: Types of violence part of every day life**

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink



**#89: Have you ever been in a physical fight?**

Hypothesis 7: Youth who drink (especially binge) or abuse drugs are more prone to violence than those who do not drink (or drink less).

