



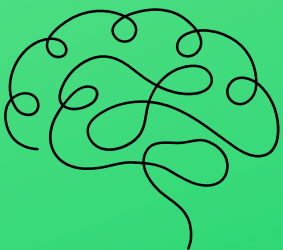
SAN MATEO COUNTY HEALTH  
**BEHAVIORAL HEALTH  
& RECOVERY SERVICES**



# Heal Through Connection

**#SMCAgainstLoneliness  
#MayMentalHealthMonth**

Learn more at [SMCHealth.org/MHM](https://SMCHealth.org/MHM)





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# Sanar a Través de la Conexión

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